

Vitality Quote:

“An optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves.”
—William E. Vaughan

Birthdays!

Marilyn Homes 1st
Bill Eacret 2nd
Toshiko Schuster 3rd
Mary Barga 4th
Sandy Grams 9th

Bill Gass 9th
Gary Telfer 16th
Beth Anderson 20th
Lee Anne Lamadrid 22nd
Edlith Telfer 24th






Don Jordan 25th
Betty Hair 27th
Bonnie Stephens 29th
Jim Williams 29th

Location Guide

W - West Entrance	BS-Beauty Salon
CH - Chapel	2E-2nd Floor East Wing
R - Restaurant	COM -Community Room
VC - Vitality Center	RR - Red Rooster
GC - Golf Course	GAM -Game Room
E - East Entrance	TH -Movie Theater
BC -Business Center	CON -Conference Room
LIB -Library	P-Patio/Pool
2L -2nd Floor Lobby	TBD-To Be Determined

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) <i>*Resident Lead Activities maybe cancelled due to holiday. Please communicate with your group.*</i> New Year's Day	8:00 Rose Parade (TH) 8:30 Coffee & Donuts (COM) 9:00 Water Aerobics (P) 9:00 Walmart / Andy's (W) 11:15 Balance & Strength (VC) 1:00 Bible Class (CH) 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:30 Two Bit Bingo 5:00 Rose Bowl (TH)	10:00 Skip-Bo (GAM) 11:15 Balance & Strength (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 2:00 Domino Games (GAM)	8:30 Senior Living Outing (W) Roger's Bakery 9:00 Water Aerobics (P) 11:15 Balance & Strength (VC) 1:00 Hand & Foot (GAM) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 3:30 Candy BINGO (COM)	10:00 Skip-Bo (GAM) 11:15 Balance & Strength (VC) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 6:00 Rummikub (3L)	9:00 Super 1 / Grocery Outlet 9:00 Water Aerobics (P) 9:30-11:00 Sound Audiology (GAM) 11:15 Balance & Strength (VC) 1:30 Bridge (GAM) 1:30 Meditation & Sound Bath (VC) 3:30 Two Bit Bingo (CON) 6:30 Vespers (CH)	11:00 Village Church (TH) 1:30 UNO (Gam) 2:00 Domino Games (GAM) 6:00 Table Games (3L)
8	9	10	11	12	13	14
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 1:00 Hand & Foot (GAM) 3:30 Two Bit Bingo (CON) 6:00 Rummikub (3L)	8:30 Coffee & Donuts (COM) 9:00 Water Aerobics (P) 9:00 Walmart / Andy's (W) 11:15 Balance & Strength (VC) 1:00 Bible Class (CH) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:30 Two Bit Bingo	10:00 Skip-Bo (GAM) 11:15 Balance & Strength (VC) 12:15 Watercolor (COM) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Pinochle (GAM) 2:00 Domino Games (GAM)	8:30 Senior Living Outing (W) Hot Mama's 9:00 Water Aerobics (P) 11:15 Balance & Strength (VC) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Hand & Foot (GAM) 3:00 Resident Council Meeting	10:00 Skip-Bo (GAM) 10:00 Presbyterian Worship (CH) 11:15 Balance & Strength (VC) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 6:00 Rummikub (3L)	9:00 Water Aerobics (P) 9:00 Bi-Mart / Safeway 11:15 Balance & Strength (VC) 11:45 Lunch Bunch: (W) Dibs on Main 1:30 Bridge (GAM) 1:30 Meditation & Sound Bath (VC) 3:30 Two Bit Bingo (CON) 4:00 Sip & Paint with Jess (VC) 6:30 Vespers (CH)	11:00 Village Church (TH) 1:30 UNO (Gam) 2:00 Domino Games (GAM) 6:00 Table Games (3L)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15	16	17	18	19	20	21
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up	8:30 Coffee & Donuts (COM) 9:00 Water Aerobics (P)	10:00 Skip-Bo (GAM) 11:15 Balance & Strength (VC)	8:30 Senior Living Outing (W) Maple Counter	10:00 Skip-Bo (GAM) 11:00 Episcopal Service (CH)	8:00 Men's Breakfast (CON)** 9:00 Super 1 / Grocery Outlet	11:00 Village Church (TH) 1:30 UNO (Gam)

10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 1:00 Hand & Foot (GAM) 3:30 Two Bit Bingo (CON) 6:00 Rummikub (3L)	9:00 Walmart / Andy's (W) 11:15 Balance & Strength (VC) 1:00 Bible Class (CH) 1:00-3:00 Craft & Chat (COM) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:30 Bridge (GAM) 3:30 Two Bit Bingo Martin Luther King Jr. Day	12:15 Watercolor (COM) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Pinochle (GAM) 2:00 Domino Games (GAM)	9:00 Water Aerobics (P) 10:30 Floral Arranging (CON) 11:00 Glasses Cleaning 11:15 Balance & Strength (VC) 1:00 Hand & Foot (GAM) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 3:30 Candy BINGO (COM)	11:15 Balance & Strength (VC) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 6:00 Rummikub (3L)	9:00 Water Aerobics (P) 9:30-11:00 WW Audiology (GAM) 11:15 Balance & Strength (VC) 1:30 Bridge (GAM) 1:30 Meditation & Sound Bath (VC) 2:30 Veterans Social (CON)** 3:30 Two Bit Bingo (CON) 6:30 Vespers (CH)	2:00 Domino Games (GAM) 6:00 Table Games (3L)
22	23	24	25	26	27	28
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 1:00 Hand & Foot (GAM) 3:30 Two Bit Bingo (CON) 6:00 Rummikub (3L)	8:30 Coffee & Donuts (COM) 9:00 Water Aerobics (P) 9:00 Walmart / Andy's (W) 11:15 Balance & Strength (VC) 1:00 Bible Class (CH) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00-3:00 Craft & Chat (COM) 2:30 Remembrance Service (CH) 3:30 Two Bit Bingo	10:00 Skip-Bo (GAM) 11:15 Balance & Strength (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 2:00 Domino Games (GAM) 3:00 Tom's Town Hall	8:30 Senior Living Outing (W) Mama Monicelli's 9:00 Water Aerobics (P) 11:15 Balance & Strength (VC) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00 Hand & Foot (GAM) 2:30 New Resident Social (RR)** 3:30 Candy BINGO (COM) 6:00 Dinner Dash: The Marc	10:00 Skip-Bo (GAM) 11:15 Balance & Strength (VC) 1:00 Pinochle (GAM) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 2:00 Domino Games (GAM) 6:00 Rummikub (3L)	8:00-12:00 Love it or Leave it 9:00 Water Aerobics (P) 9:00 Bi-Mart / Safeway 9:30 WW Clinic Audio. (GAM) 11:15 Balance & Strength (VC) 1:30 Bridge (GAM) 1:30 Meditation & Sound Bath (VC) 2:30 Birthday Party (CON)** 3:30 Two Bit Bingo (CON) 6:30 Vespers (CH)	11:00 Village Church (TH) 1:30 UNO (Gam) 2:00 Domino Games (GAM) 6:00 Table Games (3L)
29	30	31		COVID Guidelines		
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 1:00 Hand & Foot (GAM) 3:30 Two Bit Bingo (CON) 6:00 Rummikub (3L) National Puzzle Day Start of Wheatland's Puzzle Week!	8:30 Coffee & Donuts (COM) 9:00 Water Aerobics (P) 9:00 Walmart / Andy's (W) 11:15 Balance & Strength (VC) 1:00 Bible Class (CH) 1-3:00 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:30 Two Bit Bingo	10:00 Skip-Bo (GAM) 10:30 Book Club (COM) 11:15 Balance & Strength (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 12-1:30 Open Gym with Sarah (VC) <i>Schedule a one-on-one</i> 2:00 Domino Games (GAM)	Physical Social Spiritual Intellectual Environmental	***  CENTERS FOR DISEASE CONTROL AND PREVENTION ALL ACTIVITIES ARE SUBJECT TO CHANGE PER CDC AND DSHS GUIDELINES 	Medical Transport Mondays 1:00 PM-5:00PM Tuesdays 8:00 AM-5:00PM Thursdays 8:00 AM-5:00PM Shopping Mondays 9:00 Walmart & Andy's Fridays 9:00 Bi-Mart & Safeway Super 1 & Grocery Outlet	 1500 Catherine Street Walla Walla, WA 99362 LIC# 1640