

Independent Living

August

- CR = Community Room
- BR =
- GR 2 =

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:00 Bridge (GR2) Grocery Shopping Fred Meyer 1:00 Gardens / Cottages /Wynridge 2:00 Greens / Wynridge 3:00 Orchards 2:00 Classical Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2) Exercise Classes:TouchTown	2 10:00 Aqua Zumba (Pool) 11:30 Balance Class (CR) 1:00 Ladies Bible Study (BR) 3:00 10,000 Dice Game (GR2) 5:00 Wii Bowling (BR) 6:30 Chess (CR) Exercise Classes: TouchTown	9:00 Wednesday Excursion *Advance sign up required 10:00 - 3:00 pm Antique Bike Show (Community Room) 2:00 Painting With Brian (CR) 5:00 Wii Bowling (BR) 6:00 Monte Carlo Bingo (CR)	10:00 Aqua Fitness (Pool) 10:00 SYSYGY (GR2) 12:30 Pinochle (GR2) 2:30 Concert: Stan Lasley (Royal Anne Dining Room) 2:30 Knitting and Crocheting (GR3) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping Winco, Bi-Mart, Target Gardens / Orchards / Cottages (Sign Up. Limited space) 10:00 Grocery Shopping Winco, Bi- Mart, Target Greens / Wynridge 10:00 Golf With Friends 3:30 Crafts with Gabby! (CR) 7:00 Song & Praise (CH)	9:00 Coffee Hour (CR) 9:00 Walk w/ Jen - Faster Paced 10:00 Walk w/ Jen - Slower Paced 11:00 Church Service (CH) 11:30 Balance Class (CR) 6:30 Hand to Foot Card Game (CR) 6:30 Chaplain's Choice (CH)
7 11:00 Church Service (CH) 1:30 Sunday Movie (MH) Seamstress available by appointment every other Sunday 503-674-5262 (Iris Werth)	Grocery Shopping Fred Meyer 1:00 Gardens / Cottages /Wynridge 2:00 Greens / Wynridge	9 10:00 Aqua Zumba (Pool) 11:30 Balance Class (CR) 1:00 Ladies Bible Study (BR) 3:00 10,000 Dice Game (GR2) 5:00 Wii Bowling (BR) 6:30 Chess (CR) Exercise Classes: TouchTown	9:00 Monte Carlo Bingo (CR) 10 9:00 Wednesday Excursion *Advance sign up required Show (Community Room) 2:00 Painting With Brian (CR) 5:00 Wii Bowling (BR) 6:00 Monte Carlo Bingo (CR)	10:00 Aqua Fitness (Pool) 10:00 SYSYGY (GR2) 12:30 Pinochle (GR2) 2:00 Cornhole (Tents) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping Winco, Bi-Mart, Target Gardens / Orchards / Cottages (Sign Up. Limited space) 10:00 Grocery Shopping Winco, Bi- Mart, Target Greens / Wynridge 10:00 Golf With Friends 3:30 Crafts with Gabby! (CR) 7:00 Song & Praise (CH)	9:00 Coffee Hour (CR) 9:00 Walk w/ Jen - Faster Paced 10:00 Walk w/ Jen - Slower Paced 11:00 Church Service (CH) 11:30 Balance Class (CR) 6:30 Hand to Foot Card Game (CR) 6:30 Chaplain's Choice (CH)
14 11:00 Church Service (CH) 1:30 Sunday Movie (MH) 2:30 Concert: Albert Leong Seamstress available by appointment every other Sunday 503-674-5262 (Iris Werth)	2:00 Greens / Wynridge 3:00 Orchards	16 10:00 Aqua Zumba (Pool) 11:30 Balance Class (CR) 1:00 Ladies Bible Study (BR) 3:00 10,000 Dice Game (GR2) 5:00 Wii Bowling (BR) 6:30 Chess (CR) Exercise Classes: TouchTown	9:00 Wednesday Excursion *Advance sign up required 2:00 - 4:00 Fun-R-nival (Tents) Show (Community Room) 2:00 Painting With Brian (CR) 5:00 Wii Bowling (BR) 6:00 Monte Carlo Bingo (CR)	18 10:00 Aqua Fitness (Pool) 10:00 SYSYGY (GR2) 12:30 Pinochle (GR2) 2:00 - 4:00 Golf Tournament (Greens) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping Winco, 19 Bi-Mart, Target Gardens / Orchards / Cottages (Sign Up. Limited space) 10:00 Grocery Shopping Winco, Bi- Mart, Target Greens / Wynridge 10:00 Golf With Friends 3:30 Crafts with Gabby! (CR) 7:00 Song & Praise (CH)	9:00 Coffee Hour (CR) 209:00 Walk w/ Jen - Faster Paced 10:00 Walk w/ Jen - Slower Paced 11:00 Church Service (CH) 11:30 Balance Class (CR) 6:30 Hand to Foot Card Game (CR) 6:30 Chaplain's Choice (CH)
21 11:00 Church Service (CH) 1:30 Sunday Movie (MH) Seamstress available by appointment every other Sunday 503-674-5262 (Iris Werth)	1:00 Bridge (GR2) Grocery Shopping Fred Meyer 1:00 Gardens / Cottages /Wynridge 2:00 Greens / Wynridge	23 10:00 Aqua Zumba (Pool) 11:30 Balance Class (CR) 1:00 Ladies Bible Study (BR) 3:00 10,000 Dice Game (GR2) 5:00 Wii Bowling (BR) 6:30 Chess (CR) Exercise Classes: TouchTown	9:00 Wednesday Excursion *Advance sign up required (Community Room) 2:00 Painting With Brian (CR) 5:00 Wii Bowling (BR) 6:00 Monte Carlo Bingo (CR)	25 10:00 Aqua Fitness (Pool) 10:00 SYSYGY (GR2) 12:30 Pinochle (GR2) 2:30 Concert: Ted Horwitz (Royal Anne Dining Room) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping Winco, 26 Bi-Mart, Target Gardens / Orchards / Cottages (Sign Up. Limited space) 10:00 Grocery Shopping Winco, Bi- Mart, Target Greens / Wynridge 10:00 Golf With Friends 3:30 Crafts with Gabby! (CR) 7:00 Song & Praise (CH)	9:00 Coffee Hour (CR) 27 9:00 Walk w/ Jen - Faster Paced 10:00 Walk w/ Jen - Slower Paced 11:00 Church Service (CH) 11:30 Balance Class (CR) 6:30 Hand to Foot Card Game (CR) 6:30 Chaplain's Choice (CH)
28 11:00 Church Service (CH 1:30 Sunday Movie (MH) Seamstress available by appointment every other Sunday	1:00 Bridge (GR2) 29 Grocery Shopping Fred Meyer 1:00 Gardens / Cottages /Wynridge 2:00 Greens / Wynridge	30 10:00 Aqua Zumba (Pool) 11:30 Balance Class (CR) 1:00 Ladies Bible Study (BR) 3:00 10,000 Dice Game (GR2)	9:00 Wednesday Excursion *Advance sign up required 2:00 Painting With Brian (CR) 5:00 Wii Bowling (BR)			

6:00 Monte Carlo Bingo (CR)



appointment every other Sunday: 503-674-5262 (Iris Werth)



5:00 Wii Bowling (BR)

Exercise Classes: TouchTown

6:30 Chess (CR)



