

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Word Game 1:30 Afternoon Stretch 2:30 Crafting and Creating 5:30 Card Games	2 9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:30 Trivia 1:30 Afternoon Cardio 2:30 Safeway Outing 3:00 Resident Council Meeting	9:00 Catholic Services 3 9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:30 Word Games 1:30 Afternoon Strength 2:00 Menu Chat with Pat 2:30 Cooking Club 5:30 Board Games	4 9:30 Aromatherapy and Current Events 10:00 Activity Committee 10:30 Workin' Weights 11:30 Brain Game 2:00 Library-On-Wheels 2:30 Luau	5 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Trivia 1:30 Afternoon Cardio 2:30 Happy Hour with Terry 5:30 Puzzle Solvers	6 9:30 Aromatherapy and Current Events 10:30 Weekend Warriors 11:30 Word Games 1:30 Afternoon Strength 2:30 Bingo 3:30 Baking 5:30 Movie Night
7 9:30 Aromatherapy and Current Events 10:30 Strength Training 11:30 Spiritual Sundays 1:30 Patio Stretches 3:00 Bowling	8 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Word Game 1:30 Afternoon Stretch 2:30 Crafting and Creating 5:30 Card Games	9 9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:30 Trivia 1:30 Live music with Jeff Dallet 2:30 Walmart Outing	10 9:00 - Catholic Services 9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:30 Word Games 1:30 Afternoon Strength 2:30 Cooking Club 5:30 Board Games	11 9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:30 Brain Game 1:30 Sunshine Stretches 3:30 Snack and Chat	12 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Trivia 1:30 Afternoon Cardio 2:30 Happy Hour with Steve 5:30 Puzzle Solvers	13 9:30 Aromatherapy and Current Events 10:30 Weekend Warriors 11:30 Word Games 1:30 Afternoon Strength 2:30 Bingo 3:30 Baking 5:30 Movie Night
14 9:30 Aromatherapy and Current Events 10:30 Strength Training 11:30 Spiritual Sundays 1:30 Patio Stretches 3:00 Bowling	15 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Word Game 1:30 Afternoon Stretch 2:30 Crafting and Creating 5:30 Card Games	16 9:00 Aromatherapy and Current Events 9:30 Denver Zoo Outing 1:30 Stretch It Out 2:30 Trivia 3:30 Sunshine Therapy	9:00 Catholic Services 17 9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:00 Live Music with Terry Nerona 12:00 Lunch-In 1:30 Afternoon Strength 2:30 Cooking Club 5:30 Board Game	18 9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:30 Brain Game 1:30 Sunshine Stretches 2:00 Library-On-Wheels 3:00 Water Palooza	19 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Trivia 1:30 Afternoon Cardio 2:30 Happy Hour with Gary 5:30 Puzzle Solvers	20 9:30 Aromatherapy and Current Events 10:30 Weekend Warriors 11:30 Word Games 1:30 Afternoon Strength 2:30 Bingo 3:30 Baking 5:30 Movie Night
21 9:30 Aromatherapy and Current Events 10:30 Strength Training 11:30 Spiritual Sundays 1:30 Patio Stretches 3:00 Bowling	22 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Word Game 1:30 Afternoon Stretch 2:30 Crafting and Creating 5:30 Card Games	23 9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:00 Live Music with Scott Hack 1:30 Denver Botanical Gardens Outing 3:30 Sunshine Therapy	9:00 Catholic Services 24 9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:30 Word Games 1:30 Afternoon Strength 2:30 Cooking Club 5:30 Board Games	25 9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:30 Brain Game 1:30 Sunshine Stretches 2:30 Bingo 3:30 Snack and Chat	26 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Trivia 1:30 Afternoon Cardio 2:30 Happy Hour with Tanya 5:30 Puzzle Solvers	27 9:30 Aromatherapy and Current Events 10:30 Weekend Warriors 11:30 Word Games 1:30 Afternoon Strength 2:30 Bingo 3:30 Baking 5:30 Movie Night
28 9:30 Aromatherapy and Current Events 10:30 Strength Training 11:30 Spiritual Sundays 1:30 Patio Stretches 3:00 Bowling	29 9:30 Aromatherapy and Current Events 10:30 Volleyball 11:30 Word Game 1:30 Afternoon Stretch 2:30 Crafting and Creating 5:30 Card Games	30 9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:30 Trivia 11:30 Lunch Outing 3:30 Sunshine Therapy	31 9:00 Catholic Services 9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:30 Word Games 1:30 Afternoon Strength 2:30 August Birthday Party 5:30 Board Games			

