

# August

- CR =
- LH =

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Balance Exercise - 1st Floor Hallway 10:30am Word Game-1st Floor Hallway 2:00pm World News w/ Rick - CR 3:15pm Bingo -CR 6:00pm Movie Night-Lounge 4th	<b>2</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Body Strength Movement-2nd Floor Hallway 11:00am August Tidbits-2nd Fl 2:00pm Rummikub - CR 2:00pm Scenic Drive: Point Loma 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th	All Day 1:1 In-room Program <b>3</b> All Day Activity Rounds 10:30am Cardio Drumming-CR 11:00am Trivia Challenge-CR 2:00pm Active Seniors/Glee Club-CR 2:00pm Popcorn at the Cafe 3:00pm Welcoming Committee Meeting-CR 6:00pm Movie Night-Lounge 4th Floor 6:00pm Scenic Drive: La Jolla Cove	All Day 1:1 In-room Program <b>4</b> All Day Activity Rounds 10:00am Shopping: CVS/Trader Joe/ Sprouts/ TJ Max 10:30am Ceramic Art - CR 1:00pm Learning Scrabble - Cafe 2:00pm Gentle Stretch - CR 2:45pm Meet & Greet Newcomers-CR 6:00pm Movie Night-Lounge 4th Floor <del>6:00pm Movie Night-Lounge 4th Floor</del>	All Day 1:1 In-room Program <b>5</b> All Day Activity Rounds 10:30am Minnie-Crystal Entertains-Lobby 1:00pm SCRABBLE- Cafe 2:00pm Exercise w/ Ease - CR 2:30pm Pretty Nails - CR 2:45pm Meet & Greet Newcomers-CR 6:00pm Movie Night-Lounge 4th Floor 6:00pm Movie Night-Lounge 4th Floor	All Day 1:1 In-room Program <b>6</b> All Day Activity Rounds 9:00am Adventist Service-Lounge 4th Floor 10:30am Balloon Tennis-CR 11:00am Hymns Sing-along-CR 1:00pm Jewish Service-Lounge 4th Floor 2:00pm Bingo -CR 6:00pm Movie Night-Lounge 4th Floor
<b>7</b> All Day 1:1 In-room Program All Day Activity Rounds 9:30am Eastlake Church Service-LH 10:30am Cath. Mass- HC 10:30am Noodle Hit & Miss-lobby 11:00am News & Views- Lobby 11:15am Catholic Mass-LH 12:00pm Anglican Service-He 2:00pm Arts & Craft-CR 3:30pm Flower Arrangement- CR 6:00pm Movie Night-Lounge 4th Fl	<b>8</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Balance Exercise - 1st Floor Hallway 10:30am Word Game - 2nd Fl. 2:00pm Travelogue w/ Donna: "Kenya" Part 1-CR 3:15pm Bingo w/ Barbara- CR 6:00pm Movie Night-Lounge 4th	<b>9</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Body Strength Movement-2nd Floor Hallway 11:00am Health Tips - 2nd Floor Hallway 2:00pm Rummikub - CR 2:00pm Walking Club: Glorietta Park 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th Floor	All Day 1:1 In-room Program <b>10</b> All Day Activity Rounds 10:30am Cardio Drumming-CR 11:00am Trivia Challenge-CR 2:00pm Calendar Planning - CR 2:00pm Popcorn at the Cafe 3:00pm RESIDENT COUNCIL-CR 6:00pm Movie Night-Lounge 4th Floor 6:00pm Scenic Drive: Harbor Avenue	<b>11</b> All Day 1:1 In-room Program All Day Activity Rounds 10:00am Shopping: Terra Nova 10:30am Gentle Stretch - CR 11:00am Lunch Bunch: Filipe Italian Rest. 1:00pm Learning Scrabble - Cafe 2:00pm Create your Scents - CR 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th Floor	<b>12</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Exercise with Ease 11:00am "Don't You know?"-CR 1:00pm SCRABBLE- Cafe 2:00pm Pretty Nails - CR 6:00pm Movie Night-Lounge 4th Floor 6:30pm Jewish Shabbat Service - HC	<b>13</b> All Day 1:1 In-room Program All Day Activity Rounds 9:00am Adventist Service-Lounge 4th Floor 10:30am Balloon Tennis-CR 11:00am Hymns Sing-along-CR 1:00pm Jewish Service-Lounge 4th Floor 2:00pm Bingo -CR <del>6:00pm Movie Night-Lounge 4th Floor</del>
<b>14</b> All Day 1:1 In-room Program All Day Activity Rounds 9:30am Eastlake Church Service-LH 10:30am Cath. Confession- HC 10:30am Noodle Hit & Miss-lobby 11:00am News & Views- Lobby 11:15am Catholic Mass-LH 12:00pm Anglican Service-He 2:00pm Arts & Craft-CR 3:30pm Flower Arrangement- CR 6:00pm Movie Night-Lounge 4th Fl	<b>15</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Balance Exercise - 1st Floor Hallway 10:30am Word Game-1st Floor Hallway 2:00pm Travel Log w/ Hernan - CR 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th	<b>16</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Body Strength Movement-2nd Fl 11:00am Finish The Line-2nd Fl. 2:00pm Shopping at Terra Nova 2:00pm UNO-CR 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th	<b>17</b> All Day 1:1 In-room Program All Day Activity Rounds 10:00am Shopping: Outlet 10:30am Cardio Drumming-CR 11:00am Trivia Challenge-CR 2:00pm Entertainment w/ Rick Spencer -Lob 2:00pm Popcorn at the Cafe 3:15pm Bible Study w/ Carl-CR 6:00pm Movie Night-Lounge 4th Floor	<b>18</b> All Day 1:1 In-room Program All Day Activity Rounds 10:00am Shopping: NC Walmart 10:30am Gentle Stretch - CR 1:00pm Learning Scrabble - Cafe 2:00pm Active Seniors/Glee Club-CR 3:15pm Bingo - CR 6:00pm Movie Night-Lounge 4th	<b>19</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Exercise with Ease 11:00am "Who am I?"-CR 1:00pm SCRABBLE- Cafe 2:00pm Pretty Nails - CR 6:00pm Movie Night-Lounge 4th	<b>20</b> All Day 1:1 In-room Program All Day Activity Rounds 9:00am Adventist Service-Lounge 4th Floor 10:30am Balloon Tennis-CR 11:00am Hymns Sing-along - CR 1:00pm Jewish Service-Lounge 4th Floor 2:00pm Bingo -CR 6:00pm Movie Night-Lounge 4th Floor
<b>21</b> All Day 1:1 In-room Program All Day Activity Rounds 9:30am Eastlake Church Service-LH 10:15am Communion (in-room) 10:30am Noodle Hit & Miss - Lobby 11:00am News & Views - Lobby 11:15am Catholic Mass-LH 2:00pm Arts & Craft-CR 3:30pm Flower Arrangement-CR 6:00pm Movie Night-Lounge 4th Floor	<b>22</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Balance Exercise - 1st Floor Hallway 10:30am Word Game- 2nd Fl. 2:00pm Travelogue w/ Donna: "Kenya" Part 2 - CR 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th	<b>23</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Body Strength Move. -2nd F. 11:00am Thesaurus Challenge-2nd Fl. 2:00pm Rummikub-CR 2:00pm Shopping: 99 Cents Store 3:15pm Bingo w/ Barbara 6:00pm Movie Night-Lounge 4th	All Day 1:1 In-room Program <b>24</b> All Day Activity Rounds 10:00am Walking Club: Mission Bay Park - Outdoor 10:30am Cardio Drumming-CR 11:00am Trivia Challenge-CR 2:00pm Birthday Bash w/ Raymond-Lobby 2:00pm Popcorn at the Cafe 3:15pm Bible Study w/ Carl-CR 6:00pm Movie Night-Lounge 4th Floor	<b>25</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Gentle Stretch - CR 11:00am Finish the saying ... CR 1:00pm Learning Scrabble - Cafe 2:00pm Active Seniors/Glee Club-CR 6:00pm Movie Night-Lounge 4th Floor 6:30pm Twilight in The Park	<b>26</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Exercise with Ease 11:00am "What Am I?"-CR 1:00pm SCRABBLE- Cafe 2:00pm Pretty Nails - CR 6:00pm Movie Night-Lounge 4th	<b>27</b> All Day 1:1 In-room Program All Day Activity Rounds 9:00am Adventist Service-Lounge 4th Floor 10:30am Balloon Tennis-CR 11:00am Hymns Sing-along - CR 1:00pm Jewish Service-Lounge 4th Floor 2:00pm Bingo -CR 6:00pm Movie Night-Lounge 4th Floor
<b>28</b> All Day 1:1 In-room Program All Day Activity Rounds 9:30am Eastlake Church Service-LH 10:30am Cath. Mass- HC 10:30am Noodle Hit & Miss-lobby 11:00am News & Views- Lobby 11:15am Catholic Mass-LH 12:00pm Anglican Service-He 2:00pm Arts & Craft-CR 3:30pm Flower Arrangement- CR 6:00pm Movie Night-Lounge 4th Fl	<b>29</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Balance Exercise - 1st Floor Hallway 11:00am Word Game-1st F. Hallway 2:00pm Active Seniors/ Glee Club -CR 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th	<b>30</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Body Strength Movement-2nd Floor 11:00am The Other Word Game - 2nd Floor Hallway 2:00pm BINGO Bazaar - CR 3:15pm Bingo w/ Barbara - CR 6:00pm Movie Night-Lounge 4th Floor	<b>31</b> All Day 1:1 In-room Program All Day Activity Rounds 10:30am Cardio Drumming-CR 11:00am Trivia Challenge-CR 2:00pm Drum Circle w/ Minnie - Club Paradise Plaza 2:00pm Popcorn at the Cafe 2:00pm UNO - CR 6:00pm Movie Night-Lounge 4th Floor			

