

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022 Memory Care



## MONTAGE HILLS

### A GENERATIONS COMMUNITY

<div data-bbox="40 120 615 328" data-label="Section-Header"> <h1>October 2022 Memory Care</h1> </div> <div data-bbox="1261 106 1398 258" data-label="Image"> </div> <div data-bbox="994 276 1668 340" data-label="Section-Header"> <h2>MONTAGE HILLS</h2> </div> <div data-bbox="1003 366 1659 403" data-label="Section-Header"> <h3>A GENERATIONS COMMUNITY</h3> </div>							<p>07:30 - Morning Brew 09:00 - Slow Yoga 11:00 - Bingo 01:30 - Snacks and Movie 02:30 - Daily Chronicle 03:30 - Moving &amp; Grooving</p> <p style="text-align: right;"><b>1</b></p>
<p>10:00 - Balloon Swat 11:00 - Current Events 01:30 - Beauty Spa 02:30 - Game Show and Snacks 03:30 - Colorful Creations 06:00 - Movie Night</p> <p style="text-align: right;"><b>2</b></p>	<p>10:00 - Chair Yoga 10:45 - Bingo 01:30 - Daily Chronicle and Snacks 02:30 - Walking Club 03:30 - Short Stories 06:00 - Movie Night</p> <p style="text-align: right;"><b>3</b></p>	<p>09:00 - Balloon Swat 10:00 - Sit and Be Fit 10:45 - Focus on the Positives with Art 01:30 - Bowling 02:30 - Making Cookies 03:30 - Trivia</p> <p style="text-align: center;">Yom Kippur Begins</p> <p style="text-align: right;"><b>4</b></p>	<p>09:00 - Hot Cocoa and Chronicle 10:00 - Exercise w/Music 10:45 - Daily Chronicle <b>01:00 - Music with Terry</b> 02:30 - Table Games 03:30 - Balance Exercises</p> <p style="text-align: right;"><b>5</b></p>	<p>09:30 - Music Sing-along 10:00 - Stretch It Out 10:30 Daily Chronicle 11:00 Moving Art 01:30 - Gardening Club 02:30 - Pretty Nails Spa 03:30 - Bingo 06:00 - Relax to Music</p> <p style="text-align: right;"><b>6</b></p>	<p>09:00 - Daily Chronicle 10:00 - Sit and Be Fit 10:30 - Tea Time 11:00 - Focus on the Positives with Art 01:00 - Bean Bag Toss 02:30 - Ice Cream Social <b>02:30 - Happy Hour with Joe</b></p> <p style="text-align: right;"><b>7</b></p>	<p>07:30 - Morning Brew 09:00 - Slow Yoga 11:00 - Bingo 01:30 - Snacks and Movie 02:30 - Daily Chronicle 03:30 - Moving &amp; Grooving</p> <p style="text-align: right;"><b>8</b></p>	
<p>10:00 - Balloon Swat 11:00 - Current Events 01:30 - Beauty Spa 02:30 - Game Show and Snacks 03:30 - Colorful Creations 06:00 - Movie Night</p> <p style="text-align: center;">Sukkot Begins</p> <p style="text-align: right;"><b>9</b></p>	<p>10:00 - Chair Yoga 10:45 - Focus on the Positives 01:30 - Daily Chronicle and Snacks 02:30 - Walking Club 03:30 - Jokes and Riddles 06:00 - Our Planet</p> <p style="text-align: right;"><b>10</b></p>	<p>09:00 - Balloon Swat 10:00 - Sit and Be Fit 10:45 - Focus on the Positives with Art 01:30 - Bowling 02:30 - Storyboards 03:30 - Trivia</p> <p style="text-align: right;"><b>11</b></p>	<p>09:00 - Hot Cocoa and Chronicle 10:00 - Exercise w/Music 10:45 - Daily Chronicle 01:00 - Pictionary 02:30 - Table Games 03:30 - Balance Exercises</p> <p style="text-align: right;"><b>12</b></p>	<p>09:30 - Music Sing-along 10:00 - Stretch It Out 10:30 Daily Chronicle 11:00 Moving Art 01:30 - Gardening Club 02:30 - Pretty Nails Spa 03:30 - Bingo 06:00 - Relax to Music</p> <p style="text-align: right;"><b>13</b></p>	<p>09:00 - Daily Chronicle 10:00 - Sit and Be Fit 10:30 - Tea Time 11:00 - Focus on the Positives with Art 01:00 - Bean Bag Toss 02:30 - Ice Cream Social <b>02:30 - Happy Hour with Terry</b></p> <p style="text-align: right;"><b>14</b></p>	<p>07:30 - Morning Brew 09:00 - Slow Yoga 11:00 - Bingo 01:30 - Snacks and Movie 02:30 - Daily Chronicle 03:30 - Moving &amp; Grooving</p> <p style="text-align: right;"><b>15</b></p>	
<p>10:00 - Balloon Swat 11:00 - Current Events 01:30 - Beauty Spa 02:30 - Game Show and Snacks 03:30 - Colorful Creations 06:00 - Movie Night</p> <p style="text-align: right;"><b>16</b></p>	<p>10:00 - Chair Yoga 10:45 - Bingo 01:30 - Daily Chronicle and Snacks 02:30 - Walking Club 03:30 - Jokes and Riddles 06:00 - National Parks</p> <p style="text-align: right;"><b>17</b></p>	<p>09:00 - Balloon Swat 10:00 - Sit and Be Fit 10:45 - Focus on the Positives with Art 01:30 - Bowling <b>02:30 - Football Craft</b> 03:30 - Trivia</p> <p style="text-align: right;"><b>18</b></p>	<p>09:00 - Hot Cocoa and Chronicle 10:00 - Exercise w/Music 10:45 - Daily Chronicle <b>01:00 - Music with Terry</b> 02:30 - Table Games 03:30 - Balance Exercises</p> <p style="text-align: right;"><b>19</b></p>	<p>09:30 - Music Sing-along 10:00 - Stretch It Out 10:30 Daily Chronicle 11:00 Moving Art 01:30 - Gardening Club 02:30 - Pretty Nails Spa 03:30 - Bingo 06:00 - Relax to Music</p> <p style="text-align: right;"><b>20</b></p>	<p>09:00 - Daily Chronicle 10:00 - Sit and Be Fit 10:30 - Tea Time 11:00 - Focus on the Positives with Art 01:00 - Bean Bag Toss 02:30 - Ice Cream Social <b>02:30 - Happy Hour with Scott</b></p> <p style="text-align: right;"><b>21</b></p>	<p>07:30 - Morning Brew 09:00 - Slow Yoga 11:00 - Bingo 01:30 - Snacks and Movie 02:30 - Daily Chronicle 03:30 - Moving &amp; Grooving</p> <p style="text-align: right;"><b>22</b></p>	
<p>10:00 - Balloon Swat 11:00 - Current Events 01:30 - Beauty Spa 02:30 - Game Show and Snacks 03:30 - Colorful Creations 06:00 - Movie Night</p> <p style="text-align: right;"><b>23</b></p>	<p>10:00 - Chair Yoga 10:45 - Focus on the Positives 01:30 - Daily Chronicle and Snacks 02:30 - Walking Club 03:30 - Jokes and Riddles 06:00 - Our Planet</p> <p style="text-align: center;">Hat Day</p> <p style="text-align: right;"><b>24</b></p>	<p>09:00 - Balloon Swat 10:00 - Sit and Be Fit 10:45 - Focus on the Positives with Art 01:30 - Bowling <b>02:30 - Painting Pumpkins</b> 03:30 - Trivia</p> <p style="text-align: center;">Sports Team Day</p> <p style="text-align: right;"><b>25</b></p>	<p>09:00 - Hot Cocoa and Chronicle 10:00 - Exercise w/Music 10:45 - Daily Chronicle 01:00 - Pictionary 02:30 - Table Games 03:30 - Balance Exercises</p> <p style="text-align: center;">Sock Day</p> <p style="text-align: right;"><b>26</b></p>	<p>09:30 - Music Sing-along 10:00 - Stretch It Out 10:30 Daily Chronicle 11:00 Moving Art 01:30 - Gardening Club <b>02:30 - October Birthday Party</b> 03:30 - Bingo 06:00 - Relax to Music Flannel Day</p> <p style="text-align: right;"><b>27</b></p>	<p>09:00 - Daily Chronicle 10:00 - Sit and Be Fit 10:30 - Tea Time 11:00 - Focus on the Positives with Art 01:00 - Bean Bag Toss 02:30 - Ice Cream Social <b>02:30 - Happy Hour w/ Christine</b> Costume Day</p> <p style="text-align: right;"><b>28</b></p>	<p>07:30 - Morning Brew 09:00 - Slow Yoga 11:00 - Bingo 01:30 - Snacks and Movie 02:30 - Daily Chronicle 03:30 - Moving &amp; Grooving</p> <p style="text-align: right;"><b>29</b></p>	
<p>10:00 - Balloon Swat 11:00 - Current Events 01:30 - Beauty Spa 02:30 - Game Show and Snacks 03:30 - Colorful Creations 06:00 - Movie Night</p> <p style="text-align: right;"><b>30</b></p>	<p>10:00 - Chair Yoga 10:45 - Bingo 01:30 - Daily Chronicle and Snacks 02:30 - Walking Club <b>03:30 - Halloween Craft!</b> 06:00 - Movie Night</p> <p style="text-align: center;">Halloween</p> <p style="text-align: right;"><b>31</b></p>	<p><b>2500 S Roslyn St. Denver, CO 80231 303-671-2500</b></p>					