

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



MONTAGE HILLS
A GENERATIONS COMMUNITY

| | | | | |
|--|--|--|--|--|
| <p>9:30 Aromatherapy and Current Events 10:30 Strength Training 11:00 Word Game 1:30 Sunshine Stretches 3:00 Resident Council Meeting</p> | <p>9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:00 Game Show 1:30 Afternoon Cardio 2:00 Menu Chat 5:30 Colorful Creations</p> | <p>9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:00 Trivia 1:30 Sunshine Stretches 2:00 Library-On-Wheels 2:30 Cooking Club</p> | <p>9:30 Aromatherapy and Current Events 10:30 Volleyball 11:00 Word Game 1:00 Construction Update 2:30 Happy Hour with Joe 5:30 Movie Night</p> | <p>9:30 Aromatherapy and Current Events 10:30 Morning Cardio 11:00 Brain Games 1:30 Strength Training 2:30 Popcorn and Pop 3:30 Baking</p> |
| <p>9:30 Aromatherapy and Current Events 10:30 Sunday Stretch 11:00 Brain Games 1:30 Bible Study 2:30 Bowling</p> | <p>9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:00 Trivia 1:30 Walking Club 2:30 Snack and Chat 5:30 Card Games</p> | <p>9:30 Aromatherapy and Current Events 10:30 Strength Training 11:00 Word Game 1:30 Walmart Outing!</p> | <p>9:30 Aromatherapy and Current Events 10:30 Activity Committee 11:00 Music with Jeffrey 1:30 Afternoon Cardio 2:30 Bingo 5:30 Colorful Creations</p> | <p>9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:00 Trivia 1:30 Sunshine Stretches 2:30 Cooking Club</p> |
| <p>9:30 Aromatherapy and Current Events 10:30 Sunday Stretch 11:00 Brain Games 11:00 Broncos vs. Titans 1:30 Bible Study 2:30 Bowling</p> | <p>9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:00 Trivia 1:30 Walking Club 2:30 Snack and Chat 5:30 Card Games</p> | <p>9:30 Aromatherapy and Current Events 10:30 Strength Training 11:00 Word Game 1:00 Wings Over the Rockies Museum Outing</p> | <p>9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:00 Game Show 12:00 Lunch-In 1:30 Music with Peggy 2:30 Bingo 5:30 Colorful Creations</p> | <p>9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:00 Trivia 1:30 Sunshine Stretches 2:00 Library-On-Wheels 2:30 Cooking Club</p> |
| <p>9:30 Aromatherapy and Current Events 10:30 Sunday Stretch 11:00 Brain Games 1:30 Bible Study 2:05 Broncos vs. Raiders 2:30 Bowling</p> | <p>9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:00 Trivia 1:30 Hammonds Candy Tour 5:30 Card Games</p> | <p>9:30 Aromatherapy and Current Events 10:30 Strength Training 11:00 Word Game 1:30 Sunshine Stretches 2:00 Friendsgiving Chili Cookoff!</p> | <p>9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:00 Game Show 1:30 Afternoon Cardio 2:30 Bingo 5:30 Colorful Creations</p> | <p>9:30 Aromatherapy and Current Events 10:30 Workin' Weights 11:00 Trivia 1:30 Thanksgiving Day Activity</p> |
| <p>9:30 Aromatherapy and Current Events 10:30 Sunday Stretch 11:00 Brain Games 11:00 Broncos vs. Panthers 1:30 Bible Study 2:30 Bowling</p> | <p>9:30 Aromatherapy and Current Events 10:30 Moving and Grooving 11:00 Music with Gary 1:30 Walking Club 2:30 Snack and Chat 5:30 Card Games</p> | <p>9:30 Aromatherapy and Current Events 10:30 Strength Training 11:00 Word Game 11:30 Lunch Outing! 2:30 Table Games</p> | <p>9:30 Aromatherapy and Current Events 10:30 Stretch It Out 11:00 Game Show 1:30 Afternoon Cardio 2:30 November Birthday Party 5:30 Colorful Creations</p> | <p>November 2022 Post-Acute Care</p> <p>2500 S Roslyn St. Denver, CO 80231 303-671-2500</p> |