

Vitality Theme: Spiritual Wellness

“Remember, we are not human beings having a spiritual experience. We are spiritual beings having a human experience. -Stephen Covey

Birthdays!

Dianne Wales 1st	Sharon Shaw 13th	Donald Hurwitz 20th
Donald Sweeney 4th	Carol Funk 14th	Nora Taylor 25th
Albert Marion 6th	Alyce Bakland 17th	Elma Nordby 28th
Sandra Richardson 9th	Patricia Blumenthal 18th	Richard Anderson 28th
	Uva Berry 20th	



Location Guide

<u>1st Floor</u> W - West Entrance	BS-Beauty Salon
E - East Entrance	2E-2nd Floor East Wing
VC - Vitality Center	CON -Conference Room
R - Restaurant	<u>3rd Floor</u> RR - Red Rooster
GC - Golf Course	GAM -Game Room
Ch-Chapel P-Pool	TH -Movie Theater
2nd Floor BC -Business Center	COM -Community room
LIB -Library	B-Balcony
2L -2nd Floor Lobby	TBD-To Be Determined

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

DECEMBER 31st

10:00 Methodist Church  
Call 525-1870 to Schedule Pick-up  
10:30 Catholic Service (CH)  
10:40 Candy Bingo (CON)  
1:00 Walking group w/Nick (2L)  
2:00 Hot drinks Chat and snack w Nick (2L)  
3:00 Movie (TH)  
3:15 Word Games w/ Nick



9:00 Friday Shopping  
9:30 Sound Audiology (GAM)  
10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
1:00 Walking group w/Peggy  
2:30 Birthday Party (CON)  
3:00 Movie (TH)  
4:00 Tree Lighting Ceremony (R)  
6:30 Vespers (CH)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Village Church (TH)  
1:00 Crosswords w/Nick (2L)  
2:00 Newspaper TidBit Time (2L)  
3:00 Movie (TH)  
3:15 Word Games w/ Nick (2L)  
4:00 WW Band Performance (R)  
6:00 Table Games (3L)

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4

5

6

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8

9

10:00 Methodist Church  
Call 525-1870 to Schedule Pick-up  
10:30 Catholic Service (CH)  
10:40 Candy Bingo (CON)  
1:00 Walking group w/Nick (2L)  
2:00 Hot drinks Chat and snack w Nick (2L)  
3:00 Movie (TH)  
3:15 Word Games w/ Nick (2L)

8:30 Coffee & Donuts (2L)  
9:00 Walmart / Andy's (W)  
10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Mending w/ Akiko (com)  
1:00 Bible Class (CH)  
1:00 Walking group w/Nick  
3:00 Group games w/Nick (2L)


10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
1:00 Chair Yoga w/Savvy (CON)  
1:30 Card making & Decorating  
2:00 Watercolors (2L)  
3:00 Skip-Bo (GAM)  
3:00 Men's Poker (R)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Scenic Drive (W)  
1:30 Pool Walking w/Justin  
1:00 Dominos (2L)  
2:30 X-Mas Box Craft  
3:00 Word Games w/ Nick (2L)  
3:00 Movie (TH)  
6:00 Movie (Th)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
1:00 Chair Yoga w/Savvy (CON)  
2:00 Nails with Peggy (2L)  
3:00 Movie (TH)  
3:15 Christmas bunny craft With Peggy (2L)

8:00 Men's Breakfast  
9:00 Friday Shopping  
10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:30 Lunch Bunch: TBD  
1:00 Walking group w/Peggy  
1:30 Pool Walking w/Justin  
2:30 X-Mas Box Craft  
3:00 Movie (TH)  
6:30 Vespers (CH)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Village Church (TH)  
12:00 Erika Loudermilk Piano Recital (R)  
1:00 Crosswords w/Nick (2L)  
2:00 Newspaper TidBit Time (2L)  
3:00 Movie (TH)  
3:15 Word Games w/ Nick (2L)  
6:00 Table Games (3L)

<div>  <div> WHEATLAND VILLAGE A GENERATIONS COMMUNITY </div> </div> <div>December 2023</div> <div>Assisted Living</div>						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Walking group w/Nick (2L) 2:00 Hot drinks Chat and snack w Nick (2L) 3:00 Movie (TH) 3:15 Word Games w/ Nick (2L)	8:30 Coffee & Donuts (2L) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Bible Class CH 1:00 Walking group w/Nick 3:00 Group games w/Nick (2L) 5:30 Girl Scout Caroling (R)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Chair Yoga w/Savvy (CON) 1:30 Card making & Decorating 2:00 Watercolors (2L) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:30 Pool Walking w/Justin 1:00 Dominos (2L) 2:30 X-Mas Cookie Decorating 3:00 Word Games w/ Nick (2L) 3:00 Movie (TH)	10:00 Exercise (CON) 10:00 Presbyterian Worship 10:40 Candy Bingo (CON) 1:00 Chair Yoga w/Savvy (CON) 1:30 Nails with Peggy 3:00 Movie (TH) 3:15 Christmas bunny craft With Peggy (2L) 6:00 Resident Holiday Party	9:00 Friday Shopping 9:30 WW Audiology (GAM) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 2:00 Dollar Store & Joann Outing 2:30 Employee appreciation party (R) 3:00 Movie (TH) 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords w/Nick (2L) 2:00 Newspaper TidBit Time (2L) 3:00 Movie (TH) 3:15 Word Games w/ Nick (2L) 6:00 Table Games (3L)
17	18	19	20	21	22	23
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Walking group w/Nick (2L) 2:00 Hot drinks Chat and snack w Nick (2L) 3:00 Movie (TH) 3:15 Word Games w/ Nick (2L)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Mending w/ Akiko (com) 1:00 Bible Class CH 1:00 Walking group w/Nick 3:00 Group games w/Nick (2L)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 12:00 Singing Carols w /Carolyn (R) 1:00 Chair Yoga w/Peggy (CON) 1:30 Card making & Decorating 2:00 Watercolors (2L) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R) 3:00 Tom's Town Hall	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:00 Dominos (2L) 1:30 Pool Walking w/Justin 2:00 New Resident Social (RR) 3:00 Flower Arranging 3:00 Movie (TH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Episcopal Service (CH) 11:30 AL Resident Council 1:00 Chair Yoga w/Savvy (CON) 3:00 Movie (TH) 3:15 Christmas Snowman craft With Peggy (2L)	9:00 Friday Shopping 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Walking group w/Peggy 2:00 Nails with Peggy (2L) 3:00 Movie (TH) 3:15 Group games w/Peggy (2L) 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords w/Nick (2L) 2:00 Newspaper Tidbit Time (2L) 3:00 Movie (TH) 3:15 Word Games w/ Nick (2L) 6:00 Table Games (3L)
24	25	26	27	28	29	30
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Walking group w/Nick (2L) 2:00 Hot drinks Chat and snack w Nick (2L) 3:00 Movie (TH) 3:15 Word Games w/ Nick	9:30 Christmas Day Celebration service (CH) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Walking group w/Nick 3:00 Group games w/Nick (2L) Christmas Day!	8:30 Coffee & Donuts (2L) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Chair Yoga w/Savvy (CON) 1:30 Card making & Decorating 2:00 Watercolors (2L) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive(W) 1:30 Pool Walking w/Justin 1:00 Dominos (2L) 3:00 Movie (TH) 3:00 Word Games w/ Nick (2L) 4:45 Dinner Dash TBD	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Chair Yoga w/Savvy (CON) 2:00 Nails with Peggy (2L) 3:00 Movie (TH) 3:15 Christmas Snowman craft With Peggy (2L)	8-12 Love it or Leave it. (2Hall) 9:00 Friday Shopping 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 2:00 Goodwill & Mall Trip 3:00 Movie (TH) 3:15 Group games w/Peggy (2L) 4:00 Wolf Creek Band 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords w/Nick (2L) 2:00 Newspaper Tidbit Time (2L) 3:00 Movie (TH) 3:15 Word Games w/ Nick 6:00 Table Games (3L)