PARADISE VILLAGE
A GENERATIONS COMMUNITY

September 2023

Cedars Assisted Living Vitality Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Activity Programs are subject to change.	**This month's Focus: Exploring Lifelong Purpose** "The purpose of life is to discover your gift. The work of life tis to develop it. The meaning of life is to give your gift away." David Viscott	 Sept. 4 2023	 	We are encouraged to pause for a moment and reflect. We are incredibly grateful to the families and health care professionals who dedicate their lives to caring for others and are honored to be a part of this extraordinary week."	1 10:30 Stronger-U Movement w/ Mayra-CR 1:00 SCRABBLE- Cafe 2:00 Fun in the Sun Social - Patio 2:30 Bocce Ball/ Corn Hole Game - Patio 6:00 Movie: "RV" (Comedy/Family)	2 9:00 Adventist Service-Lounge 10:30 Balloon Tennis-CR 1:00 Jewish Service-Lounge 2:00 Bingo Mania - CR 2:00 BRIDGE Club - Cafe 6:00 Movie: "That's Entertainment"- Lounge
3 9:30 Eastlake Church Service - LH 11:15 Catholic Mass-LH 2:00 Matinee Show: South Pacific-CR 3:00 Flower Arrangement-Café 5:30 UNO/ SKIP - BO w/ Claudia - CR	4 10:30 Stronger-U: Balance - 1st Fl. 11:00 Resident Council CHAT - Lob. 11:00 Word Game - 1st Fl. 2:00 Bingo w/ Barbara - CR 3:00 Documentary:15 Weirdest Places Where People Live -CR No evening program.	5 10:00 Shopping: N. Island-Coronado 10:30 Stronger-U Strength -CR 2:00 BRIDGE Club - Cafe 2:00 UNO/ SKIP BO -CR 3:00 Exploring Lifelong Purpose w/ Minnie -CR 6:00 Movie: "I Will Fight, No more Forever" (Western) - Lounge	6 10:00 Shopping: CVS/Trader Joe/Sprouts/TJ Max 10:30 Balloon Tennis -CR 11:00 Trivia Challenge-CR 2:00 Ambassador's Meeting 3:00 Calendar Planning-CR 5:30 BINGO Night w/ Mayra- CR	7 10:00 Scenic Drive: Coronado Island 10:30 Art for All Ages-CR 1:00 Learning Scrabble - Cafe 2:00 BRIDGE Club - Cafe 2:00 Stronger-U Stretch -CR 2:30 Season of Reflection- CR 5:30 Left-Center-Right Game -CR	8 10:30 Stronger-U Movement w/ Mayra-CR 1:00 SCRABBLE- Cafe 2:00 Fun in the Sun Social - Patio 2:30 Ring Toss/Shooting Ball - Patio 3:15 PET Visit- Patio 6:00 Movie: "It's Complicated"	9 9:00 Adventist Service-Lounge 10:30 Balloon Tennis-CR 1:00 Jewish Service-Lounge 2:00 Bingo Mania - CR 2:00 BRIDGE Club - Cafe 6:00 Movie: "Seven Brides for Seven Brothers"- Lounge
10 9:30 Eastlake Church Service - LH 11:15 Catholic Mass-LH 12:00 Anglican Service-HC 2:00 DANCE & SING Karaoke w/ Minnie- Lobby 3:30 Flower Arrangement-Café 5:30 UNO/ SKIP-BO w/ Claudia - CR	11 10:30 Stronger-U: Balance - 1st Fl. 10:30 SUNFLOWER MAKING w/ Miracle Moments-Patio 11:00 Word Game - 1st Fl. 2:00 ARTS & CRAFTS Showcase-Lob. 3:15 Bingo w/ Barbara - CR 5:30 Rummikub/Dominoes w/ Loretta-CR	12 7:00 HEROES Breakfast - Patio 10:00 Travelogue: "GERMANY" - CR 10:30 Stronger-U Strength -CR 11:30 $-Lunch Bunch: Anthony's 2:00 BRIDGE Club - Cafe 2:00 Community Connection Fair- Patio 6:00 Movie: "RUDY" (Sport) - L	13 10:00 Annual PICNIC w/ ADGSD-RB Park 10:00 Travelogue : "MEXICO" - CR 10:30 Balloon Tennis -CR 2:00 All Staff Meeting - LH 3:15 Sharing Moments-CR 5:30 BINGO Night w/ Mayra- CR	14 10:00 Scenic Drive: Ocean Beach 10:00 Travelogue: "ITALY" - CR 10:30 Stronger-U Stretch -CR 1:00 Learning Scrabble - Cafe 1:30 Multi-Cultural Event-Patio 2:00 BRIDGE Club - Cafe 3:00 Bible Study w/ Carl - Lounge 5:30 Left-Center-Right Game -CR	15 10:30 Stronger-U Movement w/ Mayra-CR 1:00 SCRABBLE- Cafe 2:00 Fun in the Sun Social - Patio 2:30 UNO/ Mexican Train -Patio 6:00 Movie: "Joyful Noise" (Family/Musical)-Lounge	16 9:00 Adventist Service-Lounge 10:30 Balloon Tennis-CR 1:00 Jewish Service-Lounge 2:00 Bingo Mania - CR 2:00 BRIDGE Club - Cafe 6:00 Movie: "State Fair"- Lounge
17 9:30 Eastlake Church Service - LH 10:15 Eucharistic Communion-In-room 10:50 Catholic Confession -HC 11:15 Catholic Mass-LH 2:00 MATINEE Show: Oklahoma-CR 3:00 Flower Arrangement-Café 5:30 UNO/ SKIP - BO w/ Claudia - CR	18 10:30 Stronger-U: Balance Exercise - 1st Fl. 11:00 Resident Council CHAT- Lobby 11:00 Word Game - 1st Fl. 2:00 Bingo w/ Barbara - CR 3:15 Travel Log w/ Hernan - CR 5:15 Double Take Enter. - Lob.	19 10:00 Shopping: Dollar Store 10:30 Stronger-U Strength -CR 2:00 BRIDGE Club - Cafe 2:00 UNO/ SKIP BO -CR 3:00 Garden Club - Patio 6:00 Movie: "Cast Away" (Adventure/Drama)- Lounge	20 10:00 Walking Club: Mission Bay Park 10:30 Balloon Tennis -CR 11:00 Trivia Challenge-CR 2:00 Meet & Greet - CR 3:00 Resident Council Meeting - CR 5:30 BINGO Night w/ Mayra- CR	21 10:00 Walking Club: Embarcadero N. Park 10:30 Stronger-U Stretch -CR 11:00 Who/What Am I? - CR 1:00 Learning Scrabble - Cafe 2:00 BRIDGE Club - Cafe 2:00 Drum Circle - CR 5:30 Left-Center-Right Game -CR	22 10:30 Stronger-U Movement w/ Mayra-CR 1:00 SCRABBLE- Cafe 2:00 Fun in the Sun Social - Patio 2:30 Residents' Choice Game- Patio 6:00 Movie: "Analyze This" (Comedy)-Lounge	23 9:00 Adventist Service-Lounge 10:30 Balloon Tennis-CR 1:00 International Friendship Concert - Balboa 1:00 Jewish Service-Lounge 2:00 Bingo Mania - CR 2:00 BRIDGE Club - Cafe 6:00 Movie: "Shall We Dance"-
24 9:30 Eastlake Church Service - LH 11:15 Catholic Mass-LH 12:00 Anglican Service-HC 2:00 MATINEE Show: Carousel-CR 3:00 Flower Arrangement-Café 5:30 UNO/ SKIP - BO w/ Claudia - CR	25 10:30 Stronger-U: Balance Exercise - 1st Fl. 11:00 Word Game - 1st Fl. 2:00 Bingo w/ Barbara - CR 3:00 Reminisce & Reflect - CR 5:30 Rummikub / Dominoes w/ Loretta-CR	26 10:00 Lake Murray: Feeding the Ducks 10:30 Stronger-U Strength -CR 2:00 Bingo BAZAAR - CR 2:00 BRIDGE Club - Cafe 3:00 UNO/ SKIP - BO - CR 6:00 Movie: "Bride Wars" (Comedy/Family) - Lounge	27 10:00 Shopping: H. St. Walmart 10:30 Balloon Tennis -CR 2:00 Birthday Bash w/ Raymond- Lobby 2:00 Trivia on the go! 5:30 BINGO Night w/ Mayra- CR	28 10:00 Scenic Drive: Maruta Park 10:30 Stronger-U Stretch -CR 1:00 Learning Scrabble - Cafe 2:00 BRIDGE Club - Cafe 2:00 Drum Circle - Plaza 3:00 Bible Study w/ Carl - Lounge 5:30 Left-Center-Right Game -CR	29 10:30 Stronger-U Movement w/ Mayra-CR 1:00 SCRABBLE- Cafe 2:00 Fun in the Sun Social - Patio 2:30 The Art of Painting w/ Mayra-Patio 6:00 Movie: "Grumpier Old Men" (Comedy)-Lounge	30 9:00 Adventist Service-Lounge 10:30 Balloon Tennis-CR 1:00 Jewish Service-Lounge 2:00 Bingo Mania - CR 2:00 BRIDGE Club - Cafe 6:00 Movie: "The Sound of Music""- Lounge

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