

Vitality Theme: Mental Health Awareness

“Your worst enemy cannot harm you as much as your own unguarded thoughts.”
— Buddha

Birthdays

Fran Hendricks 2nd
Phyllis Wade 2nd
Jerry Mosgrove 5th
Pat Benton 5th
Barbara Danforth 6th

Jan Thornton 8th
Verna Davis 10th
Ernie Baker 12th
Pat Cooper 15th
Dolores Peery 16th




Martie Schilling 17th
Ardys Kelly 20th
Dianne Mosher 20th
Esther Castle 22nd
Art Barnaby 27th

Location Guide

W - West Entrance
CH - Chapel
R - Restaurant
VC - Vitality Center
GC - Golf Course
E - East Entrance
BC -Business Center
LIB -Library
2L -2nd Floor Lobby

BS-Beauty Salon
2E-2nd Floor East Wing
COM -Community Room
RR - Red Rooster
GAM -Game Room
TH -Movie Theater
CON -Conference Room
P-Patio/Pool
TBD-To Be Determined

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
 1500 Catherine Street Walla Walla, WA 99362 LIC# 1640	8:30 Coffee & Donuts 2L 9:00 Walmart / Andy's W 10:00 Exercise 10:30 Candy Bingo (CON) 11:00 Mending (COM) 1:00 Bible Class CH 2:00-4:00 Fancy Fingers Nail Care Hand & foot Massages	10:00 Exercise 10:30 Candy Bingo (CON) 1:30 Wii Bowling 3:00 Kitchen Counter: M&M Sweet Bread 6:45 Walla Walla Symphony Transportation	10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:00 Scenic Outing W La Patisserie 1:30 Afternoon Room Visits 3:00 Creative Streak: May Baskets	10:00 Exercise 10:30 Candy Bingo (CON) 1:30 Gardening Planting Flower Seedlings 3:00 Poker 6:00 Rummikub (3L)	9:00 Super 1/Grocery Outlet (W) 9:30 Sound Audiology GAM 10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:00 Taco Bar Lunch (R) 1:30 Sound Bath (VC) 2:30 Birthday Party 6:30 Vespers (CH)	10:00 Exercise 10:30 Bingo 11:00 Village Church (TH) 1:30 Afternoon Room Visits 2:30 Kentucky Derby Party Oeuvres & Mocktails <i>Kentucky Derby</i>
7	8	9	10	11	12	13
10:00 Exercise with Grace (2L) 10:30 Catholic Service (CH) 10:30 Candy Bingo (CON) 1:30 Afternoon Room Visits 3:00 Crafty Crafters: 6:00 Rummikub (3L)	8:30 Coffee & Donuts 2L 9:00 Walmart / Andy's W 10:00 Exercise 10:30 Candy Bingo (CON) 11:00 Crochet Class (COM) 1:00 Bible Class CH 2:00-4:00 Fancy Fingers Nail Care Hand & foot Massages	10:00 Exercise 10:30 Candy Bingo (CON) 1:30 Wii Bowling 3:00 Kitchen Counter: Tortillas	10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:00 Scenic Drive W Weston, OR 1:30 Afternoon Room Visits 3:00 Creative Streak: Succulent Pinch Pots	7:00-10:00 Kauai Coffee & Drink Specials at the Cracker Barrel 10:00 Exercise 10:00 Presbyterian Services 10:30 Candy Bingo (CON) 1:30 Gardening Planting Vegetable Seedlings 3:00 Poker 6:00 Rummikub (3L)	8:00 Men's Breakfast 9:00 Safeway/ BiMart (W) 10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 1:30 Sound Bath (VC) 2:00 WW Spring Fling Transportation 4:00 Sip & Paint (VC) 6:30 Vespers (CH)	10:00 Exercise 10:30 Bingo 11:00 Village Church (TH) 1:30 Afternoon Room Visits 2:00 Radio Mystery Theater <i>The Golem</i> & Card Games 5:00 After Dinner Dominos

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14	15	16	17	18	19	20
10:00 Exercise with Grace (2L) 10:30 Catholic Service (CH) 10:30 Candy Bingo (CON) 1:30 Afternoon Room Visits 3:00 Crafty Crafters: 6:00 Rummikub (3L)	8:30 Coffee & Donuts 2L 9:00 Walmart / Andy's W 10:00 Exercise 10:30 Candy Bingo (CON) 11:00 Mending (COM) 1:00 Bible Class CH 2:00-4:00 Fancy Fingers Nail Care Hand & foot Massages	10:00 Exercise 10:30 Candy Bingo (CON) 1:30 Wii Bowling 3:00 Kitchen Counter: Lemon Pound Loaf 3:00 Tom's Town Hall	10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:00 Scenic Outing W Pioneer Park 1:30 Afternoon Room Visits 3:00 Creative Streak: Art History-Monet & Water Lilies Recreation	10:00 Exercise with Melissa 10:30 Candy Bingo (CON) 1:30 Gardening Patio Planter Boxes 2:30 Singer Rick Doyle 3:00 Poker 6:00 Rummikub (3L)	9:00 Super 1/Grocery Outlet (W) 10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:45 Lunch Bunch: (W) Grandma's Kitchen 1:30 Sound Bath (VC) 2:30 Veterans Social CON 6:30 Vespers (CH)	10:00 Exercise 10:30 Bingo 11:00 Village Church (TH) 1:30 Afternoon Room Visits 2:00 Radio Mystery Theater <i>No Hiding Place</i> & Card Games 5:00 After Dinner Dominos
21	22	23	24	25	26	27
10:00 Exercise with Grace (2L) 10:30 Catholic Service (CH) 10:30 Candy Bingo (CON) 1:30 Afternoon Room Visits 3:00 Crafty Crafters: 6:00 Rummikub (3L)	8:30 Coffee & Donuts 2L 9:00 Walmart / Andy's W 10:00 Exercise 10:30 Candy Bingo (CON) 1:00 Bible Class CH 2:00-4:00 Fancy Fingers Nail Care Hand & foot Massages	10:00 Exercise 10:30 Candy Bingo (CON) 1:30 Wii Bowling 3:00 Kitchen Counter: Crepes	10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:00 Scenic Drive W Lower Waitsburg Road 1:30 Afternoon Room Visits 2:00 Ice Cream Social 3:00 Creative Streak: Painting Birdhouses	10:00 Exercise with Melissa 10:30 Candy Bingo (CON) 11:00 Resident Council 1:30 Gardening Sunflowers (Growing Contest!) 3:00 Poker 6:00 Rummikub (3L)	Love it or Leave it 9:00 Super 1/Grocery Outlet (W) 10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 1:30 Sound Bath (VC) 6:30 Vespers (CH)	10:00 Exercise 10:30 Bingo 11:00 Village Church (TH) 1:30 Afternoon Room Visits 2:00 Radio Mystery Theater <i>Berenice</i> & Card Games 5:00 After Dinner Dominos
28	29	30	31			
10:00 Exercise with Grace (2L) 10:30 Catholic Service (CH) 10:30 Candy Bingo (CON) 1:30 Afternoon Room Visits 2:45 WW Choral Society Transportation 6:00 Rummikub (3L)	8:30 Coffee & Donuts 2L 9:00 Walmart / Andy's W 10:00 Exercise 10:30 Candy Bingo (CON) 12:00 Pianist Carolyn (R) 1:00 Bible Class CH 2:00-4:00 Fancy Fingers <i>Memorial Day</i>	10:00 Exercise 10:30 Candy Bingo (CON) 1:30 Wii Bowling 3:00 Kitchen Counter: Jalapeno Cheese Bread	10:00 Exercise with Sarah 10:30 Candy Bingo (CON) 11:00 Scenic Outing W Ice Cream at Pine Cone Creamery 1:30 Afternoon Room Visits 3:00 Creative Streak: 4:45 Dinner Dash American 35 in Waitsburg			 1500 Catherine Street Walla Walla, WA 99362 LIC# 1640