

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023



L-Lobby P- Patio G-Garden O-Outing AR-Activity Room VC Vitality Center DR-Dining Room  
TR- Theater Room LL- Library Lounge **BOLD- New Activity**  
**BOLD RED- Resident Lead Activity**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>9:30~ VC IL Exercise Class</b> 10:00~VC Chair Yoga <b>11:30~O Japanese Kitchen</b> 1:00~AR Word Finds 2:00~AR BINGO!!!! 3:30~ L Music w/ Prince 4:00~CR Happy Hour</p>	<p><b>9:30~VC IL Chair Yoga</b> 10:00~ VC Tone and Shape <b>10:30~L Walking Club</b> <b>1:00~CR Bridge Group</b> 2:00~AR Bible Study w/Ashley 3:00~AR Carmel Village Bingo Store 3:30~ AR Flower Arrangements 5:00~CR Action News</p>	<p>9:00~O Bank of Choice 10:00~ CR Fitness Friday <b>11:00~O Walmart</b> 1:30~AR Nails w/Ashley 3:00~ L Live! JT and Sarah 4:00~CR Happy Hour</p>	<p>10:00~ VC Sit and Stretch <b>10:30~P Saturday Coffee Chat</b> 10:30~ Room Visits 12:00~TR Comedy Movie Matinee: RV Featuring Robin Williams 2:00~AR BINGO! 3:00~ AR Cinnamon Rolls <b>5:00~ CR Scrabble</b></p>
<p><b>10:00~ VC Sunday Morning Stretch</b> <b>10:30~ G Gardening Club</b> <b>1:00~P Chair Tennis</b> <b>1:00~CR Bridge Group</b> 2:00~TR Non- Denominational Church <b>3:00~ Room Visits</b> <b>5:00~CR Checkers</b></p>	<p>10:00~ VC Tone and Shape 10:30~VC Balance Class 1:00~AR UNO 2:00~AR BINGO!! <b>3:30~P Snack and Chat w/ Oreo Ice Cream</b> 4:30~CR Evening News</p>	<p><b>9:30~VC IL Tone up Tuesday</b> 10:00~ VC Tone Up Tuesday <b>1:00~AR Word Finds</b> <b>2:00~AR Resident Council</b> <b>3:30~CR Pancake Bites Snack</b> 4:00~CR Wine Is Fine Tuesday</p>	<p><b>9:30~VC IL Move to the Music</b> 10:00~VC Move to the Music <b>11:00~O Blossom Trail Drive and Café Lunch</b> 1:00~AR Kings Corner Card Game 2:00~AR BINGO!! <b>3:00~L Music w/Randy</b> 4:00~CR Happy Hour</p>	<p><b>9:30~VC IL Jazzercise</b> 10:00~ VC Jazzercise <b>10:30~L Walking Club</b> <b>1:00~AR Flowerpot Craft</b> 3:30~AR Flower Arrangements 4:30~D Resident Birthday Celebration <b>5:00~TR Night at the Movies</b></p>	<p>10:00~VC Fitness Friday 10:30~AR I Love Lucy Show <b>10:30~O Sierra Vista Mall and Lunch</b> <b>1:30~L Word Search</b> 3:00~L Music w/ Rich Jackson 4:00~CR Happy Hour</p>	<p>10:00~ VC Sit and Get Fit <b>10:30~ P Saturday Coffee Chat</b> 10:30~ Room Visits <b>1:00~AR Hidden Picture</b> 2:00~AR BINGO!! <b>3:00~AR Shamrock Shakes</b> <b>5:00~CR Mancala</b></p>
<p><b>Daylight Savings Spring Forward</b> 10:00~ VC Sunday Morning Stretch <b>10:30~ G Gardening Club</b> <b>1:00~P Horseshoes</b> <b>1:00~CR Bridge Group</b> 2:00~TR Non- Denominational Church <b>3:00~ Room Visits</b> <b>5:00~CR 2023 Oscars</b></p>	<p>10:00~ VC Stretch Band Exercise 10:30~VC Balance Class <b>1:00~AR Kings in the Corner Cards</b> 2:00~AR BINGO!! <b>3:30~ P Patio Snack</b> <b>5:00~LL Introducing Book Club</b></p>	<p><b>9:30~VC IL Tone and Shape</b> 10:00~ VC Tone and Shape <b>10:30~ Walk to Walgreens w/Ashley</b> <b>1:00~AR Pot of Gold Pots</b> <b>2:00~AR National Pi Day Celebration w/ Assorted Pies</b> <b>3:00~TR Bible Study Review</b> 4:00~ CR Wine is Fine Tuesday</p>	<p><b>9:30~VC IL Sittersize</b> 10:00~ VC Sittersize 10:30~CR Current News <b>11:00~O The Craft House</b> <b>1:00~AR Word Search</b> 2:00~AR BINGO!! 3:00~L Live! Matthew Malcom 4:00~CR Happy Hour</p>	<p><b>9:30 IL Tone and Shape</b> 10:00~ VC Tone and Shape <b>10:30~L Walking Club</b> <b>1:00~CR Bridge Group</b> 2:00~AR Bible Study w/Ashley 3:00~AR Carmel Village Bingo Store 3:30~ AR Flower Arrangements 5:00~CR Action News</p>	<p><b>Happy St. Patrick's Day</b> 9:00~O Bank of Choice 10:00~VC Fitness Friday 10:30~ Current News <b>1:00-2:00~AR Nails w/Ashley</b> <b>3:00~L St Patrick Celebration and Music w/ Rich Jackson</b></p>	<p>10:00~ VC Tone and Shape <b>10:30~P Saturday Coffee Chat</b> 10:30~Room Visits 12:00~TR Comedy Movie Matinee: A Dogs Journey 2:00~ AR BINGO!! 3:00~AR Cheesecake Bites <b>5:00~CR Puzzles</b></p>
<p>10:00~ VC Sunday Morning Stretch <b>10:30~G Gardening Club</b> <b>1:00~P Croquet</b> <b>1:00~CR Bridge Group</b> 2:00~ TR Non- Denominational Church <b>3:00~ Room Visits</b> <b>5:00~CR Crazy 8's Card Games</b></p>	<p><b>First Day of Spring</b> 10:00~ VC Tone and Shape 10:30~VC Balance Class <b>1:00~AR Spring Word Finds</b> 2:00~AR BINGO!! <b>3:30~ P Patio Snack</b> 5:00~CR Evening News</p>	<p><b>9:30~VC IL Chair Yoga</b> 10:00~ VC Chair Yoga 10:30~VC Current News <b>1:00~AR Lucky Charm Bracelets</b> <b>2:30~P Parachute Fun</b> <b>3:00~TR Bible Study Review</b> 4:00 CR Wine is Fine Tuesday</p>	<p><b>9:30~ VC IL Move to the Music</b> 10:00~ CR Move to the Music 10:30~ Current News <b>11:00~O Woodward Park and Picnic Lunch</b> <b>1:00~AR Train Your Brain Trivia</b> 2:00~AR BINGO!!! 3:00~ L Music w/ Randy 4:00~CR Happy Hour</p>	<p><b>9:30~ VC IL Tone and Shape</b> 10:00~ VC Tone and Shape <b>10:30~ L Walking Club</b> <b>1:00~AR Spring Saltshaker Craft</b> <b>2:00~AR Activity Committee</b> 3:30~ AR Flower Arrangements <b>5:00~TR Night at the Movies</b></p>	<p>10:00~ VC Fitness Friday 10:30~ VC Current News <b>11:00~O Vons</b> 1:30~AR Nails w/Ashley 3:00~L Music w/ Nathan &amp; Alpha 4:00~CR Happy Hour</p>	<p>10:00~ VC Sit and Get Fit <b>10:30~P Saturday Coffee Chat</b> 10:30~ Room Visits <b>1:00~AR Trivia</b> 2:00~AR BINGO!! <b>3:00~AR Spring Crinkle Cookies</b> <b>5:00~LL Book Club</b></p>
<p>10:00~ VC Sunday Morning Stretch <b>10:30~ G Gardening Club</b> <b>1:00~P Parachute Fun</b> <b>1:00~Bridge Group</b> 2:00~ TR Non- Denominational Church <b>3:00~ Room Visits</b> <b>5:00~CR Kings Corner Card Game</b></p>	<p>10:00~VC Tone and Shape 10:30~VC Balance Class <b>12:00~ TR Now Showing: Singing in The Rain</b> <b>1:00~AR Kings Corner Card Game</b> 2:00~AR BINGO!! <b>3:30~ P Patio Snack</b> <b>5:00~CR Sorry Board Game</b></p>	<p><b>9:30~ VC IL Chair Yoga</b> 10:00~ VC Chair Yoga 10:30~ Walk to Walgreens w/Ashley <b>1:00~AR Spring Windsocks</b> <b>3:00~P Music on the Patio</b> <b>3:00~TR Bible Study Review</b> 4:00~ CR Wine is Fine Tuesday</p>	<p><b>8:00~O Pismo Beach Trip</b> <b>9:30 ~ VC IL Move to the Music</b> 10:00~ VC Move to the Music 10:30~ Current News <b>1:00~AR Train Your Brain Trivia</b> 2:00~AR BINGO!!! 3:00~ L Music w/ Rich Jackson 4:00~CR Happy Hour</p>	<p><b>9:30~ VC IL Tone and Shape</b> 10:00~ VC Tone and Shape 10:30~AR Chef Talk <b>1:00~AR Bridge Group</b> 2:00~AR Bible Study w/ Ashley 3:30~ AR Flower Arrangements 5:00~CR Action News</p>	<p>10:00~ AR Fitness Friday 10:30~ VC Current News <b>11:00~O 99 Cent Store</b> 1:30~AR Nails w/Ashley <b>3:00~AR Afternoon Movie: King Creole Featuring Elvis</b> 4:00~CR Happy Hour</p>	<p><b>Move More Month</b></p>