


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Location Chart: L-Lobby P-Patio G-Garden O-Outing AR- Activity Room VC-Vitality Center DR-Dining Room TR-Theater Room LL-Library Lounge CR-Club Room BOLD-NEW ACTIVITY BOLD RED-RESIDENT LEAD ACTIVITY IL Activities ~ Baby Blue	Welcome to 2024!!! 9:00am IL Exercise Class 10:00~VC Sittersize 1:30~AR Word Search The Big Apple 2:00~AR Bingo! 3:30~L Afternoon Snack 5:20~TR Monday Movie Night Showing Royal New Years Eve	10:00~ VC Tone and Shape 10:30 Walk to Walgreens 1:30~AR Chalk Pastel Northern Lights 3:00~CR Grief Counseling w/David 5:30~L Word Finds	9:00am IL Exercise Class 10:30am IL Holiday Brunch Social – AR 2:00~AR BINGO!!! 3:00~ L Music w/ Matthew Malcom 4:00~CR Happy Hour 5:00-5:30 Hot Chocolate in the Lobby	Football Jersey/Shirt Day! 10:00~ VC Jazzercise 1:00~AR Let’s Talk Activities 1:30~AR Carmel Village Bingo Store 3:00~ IL SOCIAL IN THE THEATRE ROOM 5:30~TR Special Movie Resident Choice	9:00am IL Exercise Class 10:30~O Walmart 1:00~AR Manicures 3:00~L Music w/Al Turner 4:00~Happy Hour Cocktails 5:20 Night at the Movies: Oklahoma!	10:00~VC Sit and Get Fit 10:30~AR Hot Chocolate and Pastries 1:30~AR Word Find Wheel of Fortune 2:00~AR BINGO!! 3:00~AR Weekend Snack Brookies 5:20~TR Special Saturday Movie: La La Land
10:00~ VC Sunday Morning Stretch 10:30~ L Coffee Chat 1:30~AR Beaded Snowflakes 2:00~ TR Non- Denominational Church 3:00~AR 1960s Shows 5:00~CR Golden Globe Awards	9:00am IL Exercise Class 10:00~VC Tone and Shape 1:30~AR Fish! 2:00~AR BINGO!! 3:00~AR Flower Arrangement 3:30~L Afternoon Snack 4:00~CR Mocktail Mondays 5:40~L Crosswords	10:00~ VC Jazzercise 10:30~ Resident Counsel IL~ AR 1:30~AR Winter Snowflake Word Find 3:30~AR Slow Cooker Creamy Hot Chocolate 5:30~L Resident Choice	9:00am IL Exercise Class 10:00~O Table Mountain 1:30~CR Cranium Crunchers 2:00~AR Bingo 3:00~L Music w/ Jess Montelongo 4:00~CR Happy Hour w/Hot Toddy 5:00-5:30 Apple Cider in the Lobby	Casino Night 3:00pm to 5:00pm Assisted Living Lobby 10:00~ VC Tone and Shape 1:30~AR Movie Matinee: Vegas Vacation 3:00~ IL SOCIAL IN THE THEATRE ROOM 3:00-5:00-L Resident Casino Night	9:00am IL Exercise Class 10:00~ VC Fitness Friday 11:00~O 99 Cent Store 1:30~AR Manicures 3:00~ CR Music w/Ron Rogers 5:20~TR Night at the Movies: My Big Fat Greek Wedding 2	10:00~ VC Sit and Get Fit 1:30~AR Hidden Picture 2:00~AR BINGO!! 3:00~AR Weekend Snack Brownie Bombs 5:20~ Special Saturday Movie: Walk. Ride. Rodeo
10:00~ VC Sunday Morning Stretch 10:30~L Coffee Chat 1:30~AR Teatime w/Abi 2:00~ TR Non- Denominational Church 3:00~AR Random Bingo! 5:30~AR Uno w/Abi	9:00am IL Exercise Class 10:00~VC Tone and Shape 1:30~AR Uno 2:00~AR BINGO!! 3:30~ L Snack in the Lobby Rice Crispy Treats 4:00~CR Mocktail Mondays 5:30~L Word Finds	Martin Luther King Day 10:00~ VC Tone and Shape 10:30~AR I Have a Dream Speech 1:30-3:00~AR Winter Skin Spa Day 3:00~CR Grief Counseling w/ David 5:30~ L Resident Evening Chat	9:00am IL Exercise Class 11:00~O Applebee’s 1:30~AR Betty White Word Search 2:00~AR BINGO! 3:00~AR Music Therapy Hour 4:00~CR Happy Hour 5:00-5:30 Hot Chocolate in the Lobby	Football Jersey/Shirt Day! 10:00~ VC Tone and Shape 1:00~AR Kings in the Corner Card Game w/Ashley 1:30~Carmel Village Bingo Store 3:00~ IL SOCIAL IN THE THEATRE ROOM 5:20~TR Special Movie Night Grease Featuring John Travolta	9:00am IL Exercise Class 11:00~O Big a Lots 1:30~AR Manicures 3:00~L Music w/Jt and Sarah 4:00~CR Happy Hour 5:20~TR Night at the Movies: 9 to 5 Featuring Dolly Parton	10:00~VC Sit and Get Fit 10:30~AR Hot Chocolate and Pastries 1:30~AR Word Finds 2:00~AR Bingo! 3:00~ Weekend Snack Dolly Parton Sothern Style Banana Cake 5:30~L Adult Coloring Pages
Activity Spirt Week: Crazy Hat/Hair Day! 10:00~ VC Sunday Morning Stretch 10:30~L Coffee Chat 1:30~AR Painted Bubble Art 2:00~ TR Non- Denominational Church 3:00~AR Teatime w/ Abi 5:30~AR Uno w/Abi	Activity Spirt Week: Space Day! 9:00am IL Exercise Class 10:00~VC Tone and Shape 1:30~AR Uno 2:00~AR BINGO!! 3:00~AR Flower Arrangement 3:30~ L Snack in the Lobby 4:00~CR Mocktail Mondays 5:30~L Checkers	Activity Spirt Week: Hero vs Villains! 10:00~ VC Jazzercise 10:00~AR Moring Pastries w/ Activity Staff 1:30~AR Painting w/Abi and Ashley 3:00~AR Cooking Demo w/Abi 5:30~L Residents Choice	9:00am IL Exercise Class 11:00~O Mimis Café and Worlds Market! 1:30~AR Word Finds 2:00~AR BINGO! 3:00~L Music w/Randy 4:00~CR Happy Hour 5:00-5:30 Apple Cider in the Lobby	Activity Spirt Week: Sports Day! 10:00~ VC Tone and Shape 10:30~AR Chef Talk 1:30~AR Heart Wreaths w/Denise Senior Vitality Coordinator 3:00~ IL SOCIAL IN THE THEATRE ROOM 5:30~TR Resident Choice Movie	9:00am IL Exercise Class 9:00~O Bank of Choice 11:00~O Home Goods 1:30~AR Manicures 3:00~L Music w/ Alpha and Nathan 4:00~CR Happy Hour 5:20~TR Night at the Movies: Purple	Activity Spirt Week: Work Out Gear! 10:00~VC Sit and Get Fit 1:30~AR Hidden Picture 2:00~AR Bingo! 3:00~AR Weekend Snack Chocolate Cup Cakes 5:30~L Word Finds
10:00~ VC Sunday Morning Stretch 10:30~L Coffee Chat 1:30~AR Paper Lanterns Craft 2:00~ TR Non- Denominational Church 3:00~AR Uno w/ Abi	9:00am IL Exercise Class 10:00~VC Tone and Shape 1:30~AR Uno 2:00~AR BINGO!! 3:30~ L Snack in the Lobby 4:00~CR Mocktail Mondays 5:30~L Sudoku	10:00~ VC Jazzercise 10:30~AR Moring Bagels and Coffee Social 1:30~TR Armchair Travels to the Bahamas 2:30~CR Tropical Social 5:30~TR 50 First Dates Movie Night	9:00am IL Exercise Class 10:00~O In and Out Burger 1:30~AR Hidden Picture 2:00~AR BINGO! 3:00~L Music Hour 4:00~CR Happy Hour 5:00-5:30 Hot Chocolate in the Lobby	<div> <h1>January 2024</h1> <h2>Independent Living</h2> <h3>Culture of the month: Wellbeing Check up</h3>  <p>CARMEL VILLAGE A GENERATIONS COMMUNITY</p> </div>		