


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> CARMEL VILLAGE A GENERATIONS COMMUNITY</div>	9:30am Exercise 1 10:00am Snack w/ Friends 10:30am Trivia 11:00am Hallmark Hour 2:00pm Bingo 3:00pm Flower Arranging 4:00pm Big World Little Word	10:00am Noodle Exercise 2 10:30am Carmel Village Stroll 11:00am Winter Greenery Wreath 2:00pm Cinema Hour 2:00pm – 4:00pm Pretty Nails	9:30am Get Fit Stay Fit 3 10:00am Snacks with Friends 10:30am Big Word Little Word 11:00am Bingo 2:00pm Music w/ Mathew Malcom 3:00pm Happy Hour 4:00pm Lotion Therapy	10:00am Drum Circle 4 10:30am Stretch it Out 11:00am Flower Arrangements 2:00pm Pin Wheels 3:00pm Board Game Hour 4:00pm Daily Chronical	10:00am Donut & Coffee Social 5 10:30am Daily Chronical 11:00am Bingo 2:00pm Music w/ Al Turner 3:00pm Fri-yay Happy Hour 3:30pm Balloon Volley 4:00pm Tv Sitcom	10:00am Stretch and Flex 6 10:30am Carmel Village Stroll 11:00am Board Game Hour 2:00pm Tea Time 3:00pm Cinema Hour
10:00am Scenic Drive ~ Fig Garden Loop Area 7 11:00am Worship Music 2:00pm Armchair Travels to Paris 3:00pm Carmel Village Stroll	9:30am Exercise 8 10:00am Snack w/ Friends 10:30am Trivia 11:00am Hallmark Hour 2:00pm Bingo 3:00pm Flower Arranging 4:00pm Big World Little Word	10:00am Noodle Exercise 9 10:30am Carmel Village Stroll 11:00am Waterless Snow globes 2:00pm Cinema Hour 2:00pm – 4:00pm Pretty Nails	9:30am Get Fit Stay Fit 10 10:00am Snacks with Friends 10:30am Big Word Little Word 11:00am Bingo 2:00pm Black Jack 2:30pm Lotion Therapy (Room Visits) 3:00pm Karaoke W/ Denise	Casino Night 11 10:00am Drum Circle 10:30am Stretch it Out 11:00am Flower Arrangements 2:00pm Cinema Hour ~ Grown Ups 3:00PM – 5:00PM Casino Night in AL ~ L	10:00am Get Fit Sit Fit 12 10:30am Morning Social 11:00am Bingo 2:00pm Music w/ Paul Gaines 3:00pm Fri-yay Happy Hour 3:30pm Balloon Volley 4:00pm Tv Sitcom	10:00am Stretch and Flex 13 10:30am Carmel Village Stroll 11:00am Brain Games 2:00pm Crafty Crew ~ String Art Hearts 3:00pm Cinema Hour
10:00am Scenic Drive ~ Mountain Drive 14 11:00am Worship Music 2:00pm Bible Study w/ Nick 3:00pm Armchair Travels to Bahamas	Marshmallow Monday 15 9:30am Exercise 10:00am Snack w/ Friends 10:30am Trivia 11:00am Martin Luther King Video 2:00pm Rice Krispies Treats 3:00pm Flower Arranging 4:00pm Big World Little Word Martin Luther King Jr. Day	10:00am Noodle Exercise 16 10:30am Carmel Village Stroll 11:00am Thank you Cards for Vitality w/ Denise 2:00pm Cinema Hour 2:00pm – 4:00pm Pretty Nails	9:30am Get Fit Stay Fit 17 10:00am Snacks with Friends 10:30am Big Word Little Word 11:00am Bingo 2:00pm Black Jack 2:30pm Lotion Therapy (Room Visits) 3:00pm Sing Along w/ Myrna	10:00am Drum Circle 18 10:30am Stretch it Out 11:00am Flower Arrangements 2:00pm – 4:00pm Winter Spa Day	10:00am Get Fit Sit Fit 19 10:30am Morning Social 11:00am Bingo 2:00pm Resident to Resident Social 3:00pm Elvis Concert Hawaii	10:00am Stretch and Flex 20 10:30am Carmel Village Stroll 11:00am Board Game Hour 2:00pm Hot Chocolate Social 3:00pm Cinema Hour
Activity Professionals Week Begins Crazy Hat/Hair Day 21 10:00am Scenic Drive ~ Fashion Fair 11:00am Worship Music 2:00pm Armchair Travels to New Zealand 3:00pm Carmel Village Stroll	Space Day Dress Like an Alien 22 9:30am Exercise 10:00am Snack w/ Friends 10:30am Trivia 11:00am Hallmark Hour 2:00pm Bingo 3:00pm Flower Arranging 4:00pm Big World Little Word	Heros vs. Villians 23 10:00am Pastries with Activity Staff ~ Al AR 10:30am Carmel Village Stroll 2:00pm Cinema Hour 2:00pm – 4:00pm Pretty Nails 4:00pm Trivia	Barbie and Ken Day 24 9:30am Get Fit Stay Fit 10:00am Snacks with Friends 10:30am Big Word Little Word 11:00am Bingo 2:00pm Music with Randy & Dave 3:00pm Resident Birthday Celebration	Sports Day 25 10:00am Drum Circle 10:30am Stretch it Out 11:00am Flower Arrangements 2:00pm Football Throwdown 3:00pm Remember the Titans ~ Cinema Act	Dress as the First Letter of your name 26 10:00am Bagel Social 10:30am Conversations 11:00am Bingo 2:00pm Resident Choice 3:00pm Karaoke W/ Denise	Workout Gear 27 10:00am Stretch and Flex 10:30am Carmel Village Stroll 11:00am Brain Games 2:00pm Crafty Crew ~ Floating Roses Centerpieces
10:00am Scenic Drive ~ Chukchansi Casino 28 11:00am Worship Music 2:00pm Seven Wonders of the world. 3:00pm Carmel Village Stroll	9:30am Exercise 29 10:00am Snack w/ Friends 10:30am Trivia 11:00am Hallmark Hour 2:00pm Bingo 3:00pm Flower Arranging 4:00pm Big World Little Word	10:00am Noodle Exercise 30 10:30am Carmel Village Stroll 11:00am Valentines Puzzle Wreath 2:00pm Cinema Hour 2:00pm – 4:00pm Pretty Nails	9:30am Get Fit Stay Fit 31 10:00am Snacks with Friends 10:30am Big Word Little Word 11:00am Bingo 2:00pm Namaste Hour 3:00pm Carmel Village Stroll 3:30pm Suzy Q Sing Along	<div>January 2024</div> <div>Memory Care Calendar</div> <div>Culture of the Month: Wellbeing Check-up</div>		