


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>August 2024</b> <b>Cherrywood Village Independent Living</b>  <b>CHERRYWOOD VILLAGE</b> <b>A GENERATIONS COMMUNITY</b>				<b>Location Key:</b> AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, GR3-Greens 3rd Floor, CH- Chapel, RA-Royal Anne Dining Room <b>RED-OFF Campus</b> <b>BLUE-Vitality Staff Led Events</b>		<b>1</b> 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR2) 1:30 Women's Discussion Group (CR) 3:00 Educator's Discussion Group (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	<b>2</b> 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (GR & WYN) 10:30 Prayer Service (CH) 11:00 Standing Balance Class (CR) 11-2 Luau Lunch Buffet 1:00 Mocktail Tiki Bar (RA Patio) 2:30 Performance: Dom Franco (RA)	<b>3</b> 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
<b>4</b> 11:00 Church Service (CH) 2:30 Sunday Matinee: A Man Called Otto (MT) Vitality Center Open 9AM-3PM	<b>5</b> 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2) Building Meetings with Elizabeth	<b>6</b> 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	<b>7</b> Excursion: 9AM Dahlia Festival 11:00 Docuseries: Meltdown: Three Mile Island Ep. 1(MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	<b>8</b> 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 10:30 Lutheran Worship Service (CH) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:30 Women's Discussion Gr (CR) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	<b>9</b> 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 2:30 Performance: Ava Wynne (RA)	<b>10</b> 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM		
<b>11</b> 11:00 Church Service (CH) 2:30 Sunday Matinee: The Guernsey Literary Potato Peel Pie Society (MT) Vitality Center Open 9AM-3PM	<b>12</b> 10:00 Walking Group (VSG) 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 1:00 AgeStrong Presentation (BR) 2:00 Classical Music Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	<b>13</b> 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 1:00 Presentation: Alzheimer's Association Presentation (BR) 3:00 Chess (CR) 3:00 10K Dice Game (GR) 4:00 Wii Bowling (BR)	<b>14</b> Excursion: 8:45 Men's Breakfast: Original Pancake House 11:00 Docuseries: Meltdown: Three Mile Island Ep. 2 (MT) 12:30 Knitting and Crochet Group (CR) 1:00 Technology w/ Oliver (BR) 1:30 CWV Writers Group (AS) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting with Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	<b>15</b> 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:30 Women's Discussion (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	<b>16</b> 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 2:30 Performance: Music We Remember (RA)	<b>17</b> 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM		
<b>18</b> 11:00 Church Service (CH) 2:30 Sunday Matinee: On The Basis Of Sex (MT) Vitality Center Open 9AM-3PM	<b>19</b> 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 1:00 Presentation: Listening to the Rocks w/ Sheila Alfsen (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	<b>20</b> 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (C) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	<b>21</b> Excursion: 11 Ladies' Lunch: Olive Garden 10:30 Sight Loss Group (AS) 11:00 Docuseries :Meltdown: Three Mile Island Ep. 3 (MT) 12:30 Knitting & Crochet Group (CR) 1:00 Shopping: New Seasons 1:30 Midweek "Pick me Up" (CH) 2:00 Painting w/ Brian (CR) 3:30 Social Hour (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	<b>22</b> 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:30 Women's Discussion Gr (CR) 2:30 Town Hall (VSG) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	<b>23</b> 9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:30 Book Club (BR) 2:30 Performance: John Gilmore (RA)	<b>24</b> 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM		
<b>25</b> 11:00 Church Service (CH) 2:30 Sunday Matinee: Murder Mystery (MT) Vitality Center Open 9AM-3PM	<b>26</b> 10:00 Walking Group (VSG) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages 2:00 Greens, Wynridge 3:00 Orchards 1:00 Presentation: History of Chuck Berry w/ Gordon Herman (BR) 2:00 Classical Music Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	<b>27</b> 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	<b>28</b> Excursion: 8:30 Seaside Trip 11:00 Docuseries :Meltdown: Three Mile Island Ep. 4 (MT) 1:00 Technology w/ Oliver (BR) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	<b>29</b> 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:00 Ocean's Presentaton w/ Roy Torley (BR) 1:30 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	<b>30</b> 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 2:30 Performance: Molli Paige (RA)	<b>31</b> 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM		

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.