

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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February 2026

Independent Living



Location Key:
 AS-Art Studio, BR-Board Room, CR-Community Room,
 MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, WYN2-Wynridge 2nd Floor
 GR3-Greens 3rd Floor, CH- Chapel,
 RA-Royal Anne Dining Room, CY-Courtyard
RED-OFF Campus
BLUE-Vitality Staff Led Events

<p>1</p> <p>10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Forest Gump (MT)</p> <p>Vitality Center Open 9AM-3PM</p>	<p>2</p> <p>9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p> <p>Building Meetings w/ Elizabeth</p>	<p>3</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>4</p> <p>Excursion: 9:30 AM, Scenic Drive + Seize The Bagel 11:00 Docuseries Live to 100, Ep 1 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>5</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion Group (CR) 1:30 CWV Writers Group (AS) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>6</p> <p>9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Grief Support Group (BR) 10:30 Prayer Service (CH) 11:00 Standing Balance Class (CR) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Music We Remember (RA)</p>	<p>7</p> <p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p>
<p>8</p> <p>10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 3:30 Super Bowl Viewing (MT)</p> <p>Vitality Center Open 9AM-3PM</p>	<p>9</p> <p>10:00 Tai Chi (CR) 11:00 Reader's Theater (BR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 2:00 Classical Music Club (CR) 2:30 Performance: Molli Paige (RA) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>10</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>11</p> <p>Excursion: 11:00 AM, Cheesecake Factory 11:00 Docuseries: Live to 100, Ep 2 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:00 Writing From Prompts (sign up required) (AS) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>12</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Vitality Forum w/Kristy (BR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR)</p>	<p>13</p> <p>9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Grief Support Group (BR) 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 1:00 Origami w/Yuki (AS) 2:00 American Mah Jongg (WYN2) 4-7:30 Valentine's Dinner & Dance (VSG & RA)</p>	<p>14</p> <p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p>
<p>15</p> <p>10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Titanic (MT) 3:30 Threshold Singers (CR)</p> <p>Vitality Center Open 9AM-3PM</p>	<p>16</p> <p>9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 1:00 AgeStrong Presentation: MindStrong (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>17</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Mardi Gras Celebration (RA) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>18</p> <p>Excursion: 8:45 AM Men's Breakfast, Cadillac Cafe 11:00 Docuseries: Live to 100, Ep 3 (MT) 12:30 Knitting & Crochet Group (CR) 1:00 Presentation: Exotic Volcanos of the World w/ Roy Torley (BR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Sip and Paint Social Hour (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>19</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion (CR) 2:30 Town Hall (VSG) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>20</p> <p>9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Grief Support Group (BR) 10:30 Prayer Service (CH) 1:00 Varied Voices (CR) 2:00 American Mah Jongg (WYN2) 2:30 Mystery Matinee (RA)</p>	<p>21</p> <p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p>
<p>22</p> <p>10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Just Go with It (MT)</p> <p>Vitality Center Open 9AM-3PM</p>	<p>23</p> <p>10:00 Tai Chi (CR) 11:00 Reader's Theater (BR) 11:00 Sight Loss Support Group (Vault) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 1:00 Presentation: History of Aretha Franklin w/Gordon Herman (CR) 2:00 Classical Music Club (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>24</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>25</p> <p>Excursion: 10:30 AM Ladies' Lunch, Otto's & Anita's 11:00 Docuseries: Live to 100, Ep 4 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:00 Writing From Prompts (sign up required) (AS) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>26</p> <p>10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>27</p> <p>9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:00 Tech Support w/ Oliver (AS) 1:30 Book Club (BR) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Popcorn on the Go (RA)</p>	<p>28</p> <p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p>

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.