Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025 Independent Living  CHERRYWOOD  VILLAGE  A GENERATIONS COMMUNITY		10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 8:00 AM: Seaside 11:00 Docuseries: Ancient Apocalypse Ep.1 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion Group (CR) 1:30 CWV Writer's Group (AS) 2:00 Sight Loss Support Group (Vault) 3:00 Garden Club (Cancelled for July) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, Fred Meyer, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Fred Meyer, Target (GR & WYN) 10:00 Golf w/ Friends (VC) 10:00 Tai Chi (CR) 10:30 Prayer Service (CH) 11:00 Standing Balance Class (CR) 2:30 Performance: Music We Remember (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR)  Vitality Center Open 9AM-3PM
10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Tall Girl 1(MT)  Vitality Center Open 9AM-3PM	9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 6:30 Mahjong (GR2)  Building Meetings w/ Elizabeth	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 9:00 AM: Peninsula Garden + Lunch at McMenamins 11:00 Docuseries: Ancient Apocalypse Ep.2 (MT) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 10:30 Lutheran Worship Service (CH) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) 7:30 Performance: CWV Community Choir (RA)	9:00 Grocery Shopping: Winco, Fred Meyer Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Fred Meyer, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 2:30 Performance: Ava Wynne (RA) 3:30 Patio Social Hour (CY)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
13 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Tall Girl 2 (MT)  Vitality Center Open 9AM-3PM	9:00 Walking Club 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 1:00 AgeStrong Presentation (BR) 2:00 Classical Music Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic w/ AgeRight (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 8:45 AM: Men's Breakfast, Harny Street Cafe 11:00 Docuseries: Ancient Apocalypse Ep.3 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Pickleball w/ Friends (VC)	9:00 Grocery Shopping: Winco, Fred Meyer, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Fred Meyer, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 1:00 Diversity Group (CR) 2:30 Performance: Louis Pain & Dan Balmer (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR)  Vitality Center Open 9AM-3PM
20 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Murder Mystery 1 (MT)  Vitality Center Open 9AM-3PM	9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 11:00 AM: Ladie's Lunch, 23 Chart House 10:00 Tai Chi (CR) 11:00 Docuseries: Ancient Apocalypse Ep.4 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Ice Cream Social Hour (CY) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	Fred Meyer, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Fred Meyer, Target (Greens, Wynridge) 10:30-Noon CWV "Kids w/ Kids" Goat Party (CY) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:00 Tech Support w/ Oliver (AS) 1:30 Book Club (BR) 2:30 Performance: Molli Paige (RA) 3:30 Patio Social Hour (CY)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR)  Vitality Center Open 9AM-3PM
10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: Murder Mystery 2 (MT)  Vitality Center Open 9AM-3PM	9:00 Walking Club Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages 2:00 Greens, Wynridge 3:00 Orchards 11:00 Reader's Theater (BR) 1:00 History of John Philip Sousa w/ Gordon Herman (CR) 2:00 Classical Music Club (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 9:00 AM: Mystery Trip 11:00 Docuseries: Ancient Apocalypse Ep.5 (MT) 12:30 Knitting & Crochet Group (CR) 1:00 Oceans Presentation w/ Roy Torley (BR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 2:30 Performance: Little Band w/ Dezirae & Michael (RA) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	Cherrywood Village Independent Living  Location Key:  AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, GR3-Greens 3rd Floor, CH- Chapel, CY-Courtyard ,RA-Royal Anne Dining Room RED-OFF Campus BLUE-Vitality Staff Led Events	