

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026 Independent Living Location Key: AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, WYN2-Wynridge 2nd Floor, GR3-Greens 3rd Floor, FR-Fireplace CH- Chapel, RA-Royal Anne Dining Room, CY-Courtyard RED-OFF Campus BLUE-Vitality Staff Led Events			1 Excursion: 9:00 AM, Mitchell Point Tunnel + Lunch at Riverside 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 4:00 Past, Present & Future Lions Club (GR2) 6:15 Monte Carlo Bingo (CR)	2 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion Group (CR) 1:30 CWV Writers Group (AS) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	3 Shopping Cancelled 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 11:00 StrongerU Circuit (CR) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Music We Remember (RA)	4 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 2:30 CWV Sing - Along (RA) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
5 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: National Treasure (MT) Vitality Center Open 9AM-3PM	6 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	7 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	8 Excursion: 7:45 AM, Manzanita 12:30 Knitting & Crochet Group (CR) 1:00 Presentation Lewis & Clark Expo w/ Darrell Jabin (BR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	9 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	10 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Kim & Terry (RA) 3:30 Patio Social Hour (CY)	11 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
12 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: National Treasure 2 (MT) Vitality Center Open 9AM-3PM	13 10:00 Walking Club: Mt. Tabor 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 2:00 Classical Music Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	14 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	15 Excursion: 8:45 AM, Men's Breakfast, Tollgate Inn 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Sip & Paint Social Hour (CY) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	16 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion (CR) 2:30 Town Hall (VSG) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	17 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 11:00 Atlantic Slave Trade & Slavery in the Americas Study Group (AS) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Ava Wynne (RA)	18 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
19 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: A Man Called Otto (MT) 6:30 Threshold Singers (FR) Vitality Center Open 9AM-3PM	20 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	21 9:00-12:00: AgeStrong Health Fair (BR) 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	22 Excursion: 11:00 AM, Ladies Lunch, Chart House 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	23 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	24 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:00 Tech Support w/ Oliver (AS) 1:30 Book Club (BR) 2:00 American Mah Jongg (WYN2) 2:30 Mystery Matinee (MT) 3:30 Patio Social Hour (CY)	25 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
26 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee: The Roaring Twenties (MT) Vitality Center Open 9AM-3PM	27 10:00 Walking Club: Blue Lake 10:00 Tai Chi (CR) 11:00 Reader's Theater (BR) 11:00 Sight Loss Support Group (GR2) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 1:00 Presentation: History of Fats Waller w/Gordon Herman (CR) 2:00 Classical Music Club (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	28 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	29 Excursion: 8:30 AM, Picnic at Timothy Lake 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	30 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) 7:30 Performance: CWV Community Choir (RA)	31 9:00 Grocery Shopping: Winco & Target(GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target(GR & WYN) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 11:00-12:30: Kids with Kids Goat Party (CY) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Popcorn on the Go (RA)	 CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.