Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2023 Cherrywood Village Independent Living 1417 SE 107th Ave Portland, OR 97216 CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY				10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR)	9:00 Grocery Shopping: Winco, 2 Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 11:00 Cornhole (CR) 2:30 Performance: Stan Lasley (RA) 3:30 Coffee Social Hour (CR)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 4 2:30 Sunday Matinee: The Dig (MT) Vitality Center Open 9AM- 3PM	9:00 Grocery Shopping: Trader 5 Joe's (Limited Seating, Sign Up Required) 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR)	10:00 Excursion: Ilani Casino (Sign 7 up required) 11:00 Our Planet: One Planet (MT) 12:30 Knitting & Crochet Group (CR) 2:00 Painting w/ Brian (CR) 2:00 CWV Writers Group (AS) 3:30 Bananagrams (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Sunnyside Church Prayer Meeting (CH)	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 10:30 Lutheran Worship Service (CH) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 2:00 Women's Discussion Gr (CR) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi- Mart, Target (Greens, Wynridge) 10:15 Performance: Happy Valley 6th Grade Orchestra (RA) 11:00 Lunch outing: Red Lobster (sign up required) 12:00 Catholic Mass (CH) 2:30 Performance: Oregon Old Time Fiddlers (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 11 2:30 Sunday Matinee: Casablanca (MT) Vitality Center Open 9AM- 3PM	10:00 Walk Group w/ Jen (VC) 2:00 Classical Club (CR) 2:00 Community Project w/Jen (AS) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2) Building Meetings w/ Elizabeth	10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Handwriting Analysis Class w/ Joyce Brizendine (BR) 1:00 Ladies Bible Study (CR) 2:00 Craft with Jen (AS) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	11:00 Excursion: Washington Park Rose Garden (Sign up required) 11:00 Our Planet: Frozen Worlds (MT) 2:00 Painting with Brian (CR) 2:00 Technology Class w/ Oliver (BR) 3:30 Scrabble (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Sunnyside Prayer Group (CH)	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:30 Parkinson's Support Group (BR) 12:30 Pinochle (GR 2) 1:30 Women's Discussion Gr (CR) 2:30 Town Hall (VSG) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, 6 Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 1:00 Diversity Group (BR) 2:30 Performance: MC Shoehorn (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 18 2:30 Sunday Matinee: League Of Their Own (MT) Vitality Center Open 9AM- 3PM	9:00 Grocery Shopping: Trader Joe's (Limited Seating, Sign Up Required) 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 1:00 Presentation with the Oregon Historical Society (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 20 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (C) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	Original Pancake House (Sign up required) 11:00 Sight Loss Discussion Group w/ Mary Lee Turner (CR) 12:30 Knitting & Crochet Group (CR) 2:00 Painting w/ Brian (CR) 3:30 Social Hour (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Sunnyside Church Prayer Meeting (CH)	10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:00 Judaism Discussion w/ Rabbi Barry (CH) 2:00 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi- Mart, Target (Greens, Wynridge) 12:00 Catholic Communion Service (CH) 1:30 Book Club (BR) 2:30 Performance: John Gilmore (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 25 2:30 Sunday Matinee: Hachi: A Dog's Tale (MT) Vitality Center Open 9AM- 3PM	10:00 Walking Group (VC) 2:00 Classical Club (BR) 2:00 Gym Orientation w/ Jen (VC) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 27 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	12:00 Excursion: Ladies Lunch: Olive Garden (Sign Up Required) 11:00 Our Planet: Jungles 2:00 Painting w/ Brian (CR) 3:30 Bananagrams (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Sunnyside Church Prayer Meeting (CH)	10:00 Aqua Fitness (Pool) 29 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 2:00 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco 30 Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 11:00 Cherrywood Village Field Day (VC) 2:30 Performance: John Van Beek (RA)	Location Key: AS-Art Studio, BR-Board Room, CR-Community Room MT-Movie Theater, VC-Vitality Center, GR2-Greens 2nd Floor, CH- Chapel RA-Royal Anne Dining Room RED=Off Campus Events BLUE=Vitality Team Led Events