Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Church Service (CH) 2:30 Sunday Matinee: Father Figures (MT) Vitality Center Open 9AM- 3PM	9:00 Grocery Shopping: Trader Joe's 1:00 Pickleball Tutorial (VC) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 6:30 Mahjong (GR2) Building Meetings w/ Elizabeth	10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 9:15 AM: Little Animal Farm 11:00 Docuseries: Hidden Life of Pets, Ep.1 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion Group (CR) 1:30 CWV Writer's Group (AS) 2:00 Sight Loss Support Group (Vault) 2:30 Happy Valley MS Orchestra (RA) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) 7:00 "All Things Great and Small" (MT)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (GR & WYN) 10:00 Golf w/ Friends (VC) 10:00 Tai Chi (CR) 10:30 Prayer Service (CH) 11:00 Standing Balance Class (CR) 2:30 Performance: Music We Remember (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: Daddy Day Care (MT) Vitality Center Open 9AM-3PM	10:00 Walking Club w/ Matt & Nadya 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 2:00 Classical Music Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 9:00 AM: Carson Hot Springs + Lunch at the resort 11:00 Docuseries: Hidden Life of Pets, Ep.2 (MT) 1:00 History of Oregon Films (BR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) 7:00 "All Things Great and Small" (MT)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi- Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:00 Donuts for Dads 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 2:30 Performance: Larry Wilder (RA) 3:30 Patio Social Hour (CY)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: Race (MT) Vitality Center Open 9AM- 3PM	9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) 1:00 Pickleball Tutorial (VC) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 1:00 Brain Health Presentation w/ AARP (BR) 2:00 Bob's Brown Bag Bingo EAF Event (VSG) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	17 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic w/ AgeRight (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 8:45 AM: Men's Breakfast,1 8 Sweet Betty's 10:00 Tai Chi (CR) 11:00 Docuseries: Hidden Life of Pets, Ep.3 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 3:30 Social Hour (IL) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion (CR) 2:30 Town Hall (VSG) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) 7:00 "All Things Great and Small" (MT)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 9:30 Mystery Trip w/ Matt & Nadya 10:00 Grocery Shopping: Winco, Bi- Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 1:00 Diversity Group (CR) 2:30 Performance: Kim & Terry Campbell (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: Becoming (MT) Vitality Center Open 9AM- 3PM	10:00 Walking Club w/ Matt & 23 Nadya Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages 2:00 Greens, Wynridge 3:00 Orchards 1:00 History of Stephen Foster w/ Gordon Herman (CR) 2:00 Classical Music Club (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)	Excursion: 8:45 AM: Ladies' Breakfast, Cadillac Cafe 11:00 Docuseries: Hidden Life of Pets, Ep.4 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) 7:00 "All Things Great and Small" (MT)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 9:30 Mystery Trip w/ Matt & Nadya 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:00 Tech Support w/ Oliver (AS) 1:30 Book Club (BR) 2:30 Performance: Ted Horwitz (RA) 3:30 Patio Social Hour (CY)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 2:30 CWV Sing-Along (RA) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 29	Grocery Shopping: Fred Meyer 1:00 Gardens Cottages	June 2025				



Vitality Center Open 9AM-3PM Grocery Shopping: Fred Meyer
1:00 Gardens, Cottages
2:00 Greens, Wynridge
3:00 Orchards
10:00 Chair Yoga w/ Lisa (CR)
11:00 Reader's Theater (MT)
5:00 Wii Bowling (BR)
6:30 Mahjong (GR2)

June 2025 Independent Living



Location Key:
AS-Art Studio, BR-Board Room, CR-Community Room,
MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor,
GR3-Greens 3rd Floor, CH- Chapel,
CY-Courtyard ,RA-Royal Anne Dining Room
RED-OFF Campus
BLUE-Vitality Staff Led Events