


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May 2025 Cherrywood Village Independent Living</p> <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p>CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY</p> </div> <div style="text-align: center;"> <p>Location Key: AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, GR3-Greens 3rd Floor, CH- Chapel, RA-Royal Anne Dining Room RED-OFF Campus BLUE-Vitality Staff Led Events</p> </div> </div>						
				<p>10:00 Aqua Fitness (Pool) 1 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion Group (CR) 1:30 CWV Writer's Group (AS) 2:00 Sight Loss Support Group (Vault) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>2 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (GR & WYN) 10:00 Golf w/ Friends (VC) 10:00 Tai Chi (CR) 10:30 Prayer Service (CH) 11:00 Standing Balance Class (CR) 2:30 Performance: Music We Remember (RA)</p>	<p>3 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>4 11:00 Church Service (CH) 2:30 Sunday Matinee: Brain On Fire (MT) Vitality Center Open 9AM-3PM</p>	<p>5 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 1:00 OregonWest Excursion Presentation (CR) 2:30 Performance: Portland Dance Ensemble (RA) 6:30 Mahjong (GR2) Building Meetings w/ Elizabeth</p>	<p>6 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>7 Excursion: 10AM, Bauman's Farm 11:00 Docuseries: Diagnosis From New York Times, Ep. 1 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>8 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 10:30 Lutheran Worship Service (CH) 11:00 Low Impact Cardio (CR) 1:00 Exotic Butterfly & Moth Presentation w/ Dr. Roy Torley (BR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>9 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 11:00 Sound Meditation (CR) 12:00 Catholic Mass (CH) 2:30 Performance: Oregon Old Time Fiddlers (RA)</p>	<p>10 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>11 11:00 Church Service (CH) 2:30 Sunday Matinee: Mother of the Bride (MT) Vitality Center Open 9AM-3PM</p>	<p>12 10:00 Walking Club w/ Matt & Nadya 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 2:00 Classical Music Club (CR) 2:15 Performance: Rose City Singers (RA) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>13 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>14 Excursion: 8:45 AM, Men's Breakfast: Original Pancake House 11:00 Docuseries: Diagnosis From New York Times, Ep. 2 (MT) 1:00 Trip to Dairy Queen 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service</p>	<p>15 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:30 Parkinson's Support Group (CR) 1:30 Women's Discussion (CR) 2:30 Town Hall (VSG) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>16 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 9:30 Mystery Trip w/ Matt & Nadya 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 10-1 Mother's Day Tea Party (CR/BR) 2:30 Performance: Ava Wynne (RA) 3:00 Diversity Group (CR)</p>	<p>17 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>18 11:00 Church Service (CH) 2:30 Sunday Matinee: Matilda (MT) Vitality Center Open 9AM-3PM</p>	<p>19 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 1:00 Nutrition Presentation w/ Paul Damazo (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>20 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic w/ AgeRight (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>21 Excursion: 11AM, Ladies' Lunch: Chang's Mongolian Grill 10:00 Tai Chi (CR) 11:00 Docuseries: Diagnosis From New York Times, Ep. 3 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" (CH) 3:30 Social Hour (IL) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>22 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>23 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 9:30 Mystery Trip w/ Matt & Nadya 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:00 Tech Support w/ Oliver (AS) 1:30 Book Club (BR) 2:30 Performance: Molli Paige (RA)</p>	<p>24 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>25 11:00 Church Service (CH) 2:30 Sunday Matinee: Stutz (MT) Vitality Center Open 9AM-3PM</p>	<p>26 10:00 Walking Club w/ Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages 2:00 Greens, Wynridge 3:00 Orchards 11:00 Reader's Theater (MT) 1:00 History of Rodger's & Hammerstein(CR) 2:00 Classical Music Club (BR) 2:30 Memorial Day Program (RA) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>27 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 Wii Bowling (BR)</p>	<p>28 Excursion: 12:30PM, Crystal Springs Rhododendron Garden 11:00 Docuseries: Diagnosis From New York Times, Ep. 4 (MT) 12:30 Knitting & Crochet Group (CR) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>29 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 3:30 Community Choir (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>30 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:30 Prayer Service (CH) 2:30 Performance: Popcorn on the Go!(RA)</p>	<p>31 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.