


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2023 Cherrywood Village Independent Living  CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY			10:00 Excursion: OMSI (Sign Up Required) 11:00 Docuseries: Night On Earth: Moonlit Plains (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 2:00 CWV Writers Group (AS) 3:30 Bananagrams (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR2) 2:00 Women's Discussion Group (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Meeting (CH) 11:00 Strength & Balance Class w/ Nicole (CR) 2:30 Performance: Oregon Old Time Fiddlers (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: Big Eyes (MT) Vitality Center Open 9AM-3PM	9:00 Grocery Shopping: Trader Joe's (Sign Up Required) 10:00 Chair Yoga w/ Lisa (CR) 1:00 Presentation: Japanese American History (CR) Grocery Shopping: Fred Meyer 1:00 Gardens/Cottages 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2) Building Meetings with Elizabeth	10:00 Aqua Zumba (Pool) 10:00 Fitness Class with Jennifer (CR) 1:00 Ladies Bible Study (CR) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	10:00 Excursion: Washington Square (Sign up Required) 11:00 Docuseries: Night On Earth: Frozen Nights (MT) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting with Brian (CR) 7:00 Midweek Devotional Service (CH)	10:00 Fitness Class with Jennifer (CR) 10:30 Lutheran Worship Service (CH) 12:30 Pinochle (GR 2) 2:00 Women's Discussion Gr (CR) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Meeting (CH) 12:00 Catholic Mass (CH) 2:15 Veterans Day Roll Call 2:30 Performance: Reliving the Radio with Dick Karmen (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 2:00 Educator Discussion Group (CR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: The Grizzlies (MT) Vitality Center Open 9AM-3PM	10:00 Walk Group w/ Jen (VC) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 2:00 Classical Club (CR) 2:30 Performance: Rose City Singers (RA) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 10:00 Fitness Class with Jennifer (CR) 1:00 Ladies Bible Study (CH) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	8:45 Excursion: Men's Breakfast: Eastburn (Sign Up Required) 10:30 Sight Loss Discussion Group w/ Mary Lee Turner (CR) 11:00 Docuseries: Night On Earth: Jungle Nights (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Social Hour (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Aqua Fitness (Pool) 10:00 Fitness Class with Jennifer (CR) 11:30 Parkinson's Support Group (BR) 12:30 Pinochle (GR 2) 1:30 Women's Discussion Gr (CR) 2:30 Town Hall (VSG) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Meeting (CH) 11:00 Strength and Balance Class w/Nicole (CR) 1:00 Diversity Group (BR) 2:30 Performance: Ted Horwitz (RA)	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: Concrete Cowboy (MT) Vitality Center Open 9AM-3PM	9:00 Grocery Shopping: Trader Joe's (Limited Seating-Sign Up Required) 10:00 Chair Yoga w/ Lisa (CR) 1:00 Oregon Historical Society Presentation: Missoula Floods (BR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 10:00 Fitness Class with Jennifer (CR) 1:00 Ladies Bible Study (C) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	11:00 Excursion: Ladies' Lunch: Casa Italia (Sign Up Required) 11:00 Docuseries: Night On Earth: Dark Seas (MT) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Scrabble (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	12:30 Pinochle (GR 2) 3:00 Movie Matinee: Catch Me If You Can (MT) 5:00 Wii Bowling (BR) 6:30 Board Games (CR) Thanksgiving Day Vitality Center open 9:00 to 3:00	10:30 Prayer Meeting (CH) 10:30 Tai Chi Class (CR) 12:00 Catholic Communion Service (CH) 1:30 Book Club (BR) 2:30 Performance: Molli Paige (RA) No Grocery Shopping or Concierge Services	9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
11:00 Church Service (CH) 2:30 Sunday Matinee: Hunt For The Wilderpeople (MT) Vitality Center Open 9AM-3PM	10:00 Walking Group (VC) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 2:00 Vitality Center Orientation w/ Jen (VC) 2:00 Classical Club (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	10:00 Aqua Zumba (Pool) 10:00 Fitness Class with Jennifer (CR) 1:00 Ladies Bible Study (CR) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	11:30 Excursion: Lunch Outing: Black Angus Steak House 11:00 Docuseries: Night On Earth: Sleepless Cities (MT) 1:30 Midweek "Pick Me Up" w/Chaplain Dennis (CH) 2:00 Painting with Brian (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)	10:00 Aqua Fitness (Pool) 10:00 Fitness Class with Jennifer (CR) 12:30 Pinochle (GR2) 2:00 Women's Discussion Group (CR) 5:00 Wii bowling (CR) 6:30 Board Games (CR)	November 2023 Cherrywood Village Independent Living Location Key: AS-Art Studio, BR-Board Room, CR-Community Room, MT Movie Theater, VC-Vitality Center, GR2-Greens 2nd Floor, CH-Chapel, RA-Royal Anne Dining Room, RED-Off Campus, BLUE-Vitality Staff Led Events	

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.