

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026 Independent Living Location Key: AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, WYN2-Wynridge 2nd Floor, GR3-Greens 3rd Floor, FR-Fireplace CH- Chapel, RA-Royal Anne Dining Room, CY-Courtyard RED-OFF Campus BLUE-Vitality Staff Led Events CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY				1 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:00 Community Choir Rehearsal (CH) 1:30 Women's Discussion Group (CR) 1:30 CWV Writers Group (AS) 6:15 Board Games (CR)	2 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:30 Prayer Service (CH) 11:00 StrongerU Circuit (CR) 1:30 The Alpha Course (BR) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Music We Remember (RA)	3 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:15 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
4 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee (MT) Vitality Center Open 9AM-3PM	5 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 6:30 Mahjong (GR2) Building Meetings w/ Elizabeth	6 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:00 Presentation: Food & Nutrition Lecture w/Paul D (BR) 3:00 10K Dice Game (GR2) 4:00 CWV Art Collab Project (FR)	7 Excursion: 9:30 AM, Silver Falls Market & Grill 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR) 7:00 Presentation: The Story of Daniel w/Dr.Dragulin (CH)	8 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Community Choir Rehearsal (CH) 1:30 Women's Discussion (CR) 3:00 Garden Club (CR) 6:15 Board Games (CR)	9 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 10:00 Vitality Forum w/Kristy (BR) 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 1:00 Origami w/ Yuki (AS) 1:30 The Alpha Course (BR) 2:00 American Mah Jongg (WYN2) 2:30 Popcorn On the Go! (RA)	10 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 2:00 Bunco (CR) 6:15 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
11 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee (MT) Vitality Center Open 9AM-3PM	12 11:00 Reader's Theater (BR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 2:00 Classical Music Club (CR) 6:30 Mahjong (GR2)	13 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 CWV Art Collab Project (FR)	14 Excursion: 9:00 AM, Yesteryear Pumpkin Patch + RAM Restaurant & Brewery 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	15 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:00 Community Choir Rehearsal (CH) 1:30 Women's Discussion (CR) 2:30 Town Hall (VSG) 6:15 Board Games (CR)	16 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR & WYN) 11:00 Atlantic Slave Trade & Slavery in the Americas Study Group (Sign-up Required) (AS) 1:00 Varied Voices (CR) 1:30 The Alpha Course (BR) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Louis Pain (RA)	17 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:15 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
18 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee (MT) 6:30 Threshold Singers (FR) Vitality Center Open 9AM-3PM	19 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) 10:00 Men's Group (BR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 6:30 Mahjong (GR2)	20 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CH) 2:30 Pottery Class (AS) 3:00 10K Dice Game (GR2) 4:00 CWV Art Collab Project (FR)	21 Excursion: 8:45 AM, Men's Breakfast, Elmers 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Fall Cookie Decorating Social Hour (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	22 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Community Choir Rehearsal (CH) 1:30 Women's Discussion (CR) 6:15 Board Games (CR)	23 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR&WYN) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:30 The Alpha Course (BR) 1:30 Book Club (BR) 2:00 American Mah Jongg (WYN2) 2:30 Performance: Molli Paige (RA)	24 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:00 Tech Support w/ Oliver (AS) 2:00 Bunco (CR) 2:00-4:00 CWV Trick or Treating Event (BR) 6:15 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM
25 10:00 Pickleball w/ Friends (VC) 11:00 Church Service (CH) 2:30 Sunday Matinee (MT) Vitality Center Open 9AM-3PM	26 10:00 Tai Chi (CR) 11:00 Reader's Theater (BR) 11:00 Sight Loss Support Group (Vault) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Greens, Wynridge 2:00 Orchards 1:00 Presentation: History of Benny Goodman w/Gordon Herman (CR) 2:00 Classical Music Club (BR) 6:30 Mahjong (GR2)	27 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 4:00 CWV Art Collab Project (FR)	28 Excursion: 11:00 AM, Ladies Lunch, Busters BBQ 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick Me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Men's Bible Study (BR)	29 10:00 Pickleball w/ Friends (VC) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Community Choir Rehearsal (CH) 1:30 Women's Discussion (CR) 6:15 Board Games (CR)	30 9:00 Grocery Shopping: Winco & Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco & Target (GR&WYN) 10:30 Prayer Service (CH) 1:30 The Alpha Course (BR) 2:00 American Mah Jongg (WYN2) 2:30 CWV Halloween Parade and Costume Contest (RA)	31 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:15 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.