


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>September 2023 Cherrywood Village Independent Living</p>  <p>CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY</p> <p>Location Key: AS-Art Studio, BR-Board Room, CR-Community Room, MT Movie Theater, VC-Vitality Center, GR2-Greens 2nd Floor, CH-Chapel, RA-Royal Anne Dining Room, RED-Off Campus, BLUE-Vitality Staff Led Events</p>						<p>9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 11:00 Strength & Balance Class w/ Roan (CR) 2:30 Performance: John Gilmore (RA) 3:30 Coffee Social Hour (CR)</p> <p>1</p>	<p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p> <p>2</p>
<p>11:00 Church Service (CH) 2:30 Sunday Matinee: Happiness For Beginners (MT)</p> <p>Vitality Center Open 9AM-3PM</p> <p>3</p>	<p>5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p> <p>Vitality Center Open 9AM-1PM</p> <p>HAPPY LABOR DAY</p> <p>4</p>	<p>10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p> <p>5</p>	<p>Excursion: 9:00 The Fruit Loop (Sign up Required) 11:00 Docuseries: Five Came Back: The Mission Begins (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 2:00 CWV Writers Group (AS) 3:30 Bananagrams (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p> <p>6</p>	<p>10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR2) 2:00 Women's Discussion Group (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p> <p>7</p>	<p>9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 10:00 Goat Party (RA) 12:00 Catholic Mass (CH) 1:00 Presentation: The Columbus Day Storm w/ Sig Unander 2:30 Performance: Ava Wynne (RA)</p> <p>8</p>	<p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p> <p>9</p>	
<p>11:00 Church Service (CH) 2:30 Sunday Matinee: Blue Miracle (MT) 2:30 Family Chapel (RA)</p> <p>Vitality Center Open 9AM-3PM</p> <p>10</p>	<p>10:00 Walk Group w/ Jen (VC) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 2:00 Classical Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p> <p>Building Meetings w/ Elizabeth</p> <p>11</p>	<p>9:00 AM to 1:30 PM Free For All Item Drop Off (CR)</p> <p>1:00 Ladies Bible Study (CH) 2:00 Craft with Jen (AS) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p> <p>12</p>	<p>9:00 AM-12:30 PM: Free For All Event (CR) Excursion: 9:30 The Grotto (Sign up Required) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting with Brian (CR) 3:00 Technology Class w/ Oliver (BR) 7:00 Midweek Devotional Service (CH)</p> <p>13</p>	<p>10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 10:30 Lutheran Worship Service (CH) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 2:00 Women's Discussion Gr (CR) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p> <p>14</p>	<p>9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) Excursion: Lunch Outing 12:00 Claim Jumpers 10:00 Golf w/ Friends (VC) 1:00 Diversity Group (BR) 2:30 Performance: Ted Horwitz (RA)</p> <p>15</p>	<p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p> <p>16</p>	
<p>11:00 Church Service (CH) 2:30 Sunday Matinee: Captain Phillips (MT)</p> <p>Vitality Center Open 9AM-3PM</p> <p>17</p>	<p>9:00 Grocery Shopping: Trader Joe's (Limited Seating-Sign Up Required) 10:00 Chair Yoga w/ Lisa (CR) 11:00 Agestrong Presents: Supporting Family Members or Friends who are Caregivers Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)s</p> <p>18</p>	<p>10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (C) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p> <p>19</p>	<p>Excursion: 8:45 Men's Breakfast: Biscuits Cafe (Sign Up Required) 10:30 Sight Loss Discussion Group w/ Mary Lee Turner (CR) 11:00 Docuseries: Five Came Back: Combat Zones 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 3:30 Social Hour (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p> <p>20</p>	<p>10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:30 Parkinson's Support Group (BR) 12:30 Pinochle (GR 2) 1:30 Women's Discussion Gr (CR) 2:30 Town Hall (VSG) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p> <p>21</p>	<p>9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 12:00 Catholic Communion Service (CH) 1:30 Book Club (BR) 2:30 Performance: Oregon Old Time Fiddlers</p> <p>22</p>	<p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p> <p>23</p>	
<p>11:00 Church Service (CH) 12:00 EAF: Arts & Crafts Fair (CR) 2:30 Sunday Matinee: The Boy Who Harnessed The Wind (MT)</p> <p>Vitality Center Open 9AM-3PM</p> <p>24</p>	<p>10:00 Walking Group (VC) 11:00 Vitality Forum w/Kristy (BR) 2:00 Classical Club (BR) 2:00 Gym Orientation w/ Jen (VC) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p> <p>25</p>	<p>10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:30 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p> <p>26</p>	<p>Excursion: 11:00 Ladies' Lunch: Beaches (Sign Up Required) 11:00 Docuseries: Five Came Back: The Price Came Back 1:00 Presentation on Eclipses (BR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 2:30 Performance: Mollie Paige (RA) 3:30 Scrabble (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p> <p>27</p>	<p>10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:00 Judaism Discussion w/ Rabbi Barry (CH) 2:00 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p> <p>28</p>	<p>9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:00 Golf w/ Friends (VC) 2:30 Popcorn On The Go (RA)</p> <p>29</p>	<p>9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR)</p> <p>Vitality Center Open 9AM-3PM</p> <p>30</p>	

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.