

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2024

## Parkview Memory Care

10721 SE Cherry Blossom Dr.  
Portland OR 97216



## CHERRYWOOD VILLAGE

A GENERATIONS COMMUNITY

9:30 Church Service 10:15 Hymn Sing 12:30 <b>Sunshine Stroll</b> 1:30 Sunday Sundaes 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Popcorn and Movie	4	9:45 Scenic Drive 12:30 Brain/Picture Games (DH) 2:00 Paint Project 3:00 <b>Travelogue</b> 5:30 Crosswords/Word Searches 6:30 One on Ones	5	9:30 <b>Morning Stretches</b> 10:00 <b>Coordination Games</b> 11:00 <b>Lunch at cherrywood</b> 2:00 Story Writers (DH) 3:00 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia (DH)	6	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies (DH) 1:15 Joggin' You're Noggin' (DH) 2:00 <b>Ballon Volleyball</b> 3:00 <b>Music Therapy</b> 5:30 <b>Residents choice</b> 6:30 Popcorn and Movie	7	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 <b>Age Strong Workout</b> 2:00 Small Group Games 3:00 Sing Along 3:30 Trivia	1	9:30 Puzzles and Coloring 10:30 This Day in History 12:45 <b>CWV Luau</b> 2:30 <b>CWV entertainment</b>	2	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 <b>Balloon Paddle</b> 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	3
9:30 Church Service 10:15 Hymn Sing 12:30 <b>Sunshine Stroll</b> 1:30 Sunday Sundaes 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Popcorn and Movie	4	9:45 Scenic Drive 12:30 Brain/Picture Games (DH) 2:00 Paint Project 3:00 <b>Travelogue</b> 5:30 Crosswords/Word Searches 6:30 One on Ones	5	9:30 <b>Morning Stretches</b> 10:00 <b>Coordination Games</b> 11:00 <b>Lunch at cherrywood</b> 2:00 Story Writers (DH) 3:00 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia (DH)	6	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies (DH) 1:15 Joggin' You're Noggin' (DH) 2:00 <b>Ballon Volleyball</b> 3:00 <b>Music Therapy</b> 5:30 <b>Residents choice</b> 6:30 Popcorn and Movie	7	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 <b>Age Strong Workout</b> 2:00 <b>Performance by Phil Hall</b> 3:00 <b>Resident Forum (DH)</b> 3:30 Trivia	8	9:30 Puzzles and Coloring 10:30 This Day in History 12:30 <b>Activity Connection: Joyful Reflections</b> 2:00 <b>Chair Exercise</b> 2:30 Cover the Number 3:30 <b>Music Therapy</b>	9	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 <b>Balloon Paddle</b> 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	10
<b>Activity Packets</b>	11	9:45 Scenic Drive 12:30 Brain/Picture Games (DH) 2:00 Paint Project 3:00 <b>Travelogue</b> 5:30 Crosswords/Word Searches 6:30 One on Ones	12	9:30 <b>Morning Stretches</b> 10:00 <b>Coordination Games</b> 12:30 Hangman/Words in Words 2:00 Story Writers (DH) 3:00 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia (DH)	13	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies (DH) 1:15 Joggin' You're Noggin' (DH) 2:00 <b>Ballon Volleyball</b> 3:00 <b>Music Therapy</b> 5:30 <b>Residents choice</b> 6:30 Popcorn and Movie	14	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 <b>Age Strong Workout</b> 2:00 Small Group Games (DH) 3:00 Sing Along 3:30 Trivia	15	9:30 Puzzles and Coloring 10:30 This Day in History 12:30 <b>Reminisce "Remembering Birthday Parties"</b> 2:00 <b>Chair Exercise</b> 2:30 Cover the Number 3:30 <b>Music Therapy</b>	16	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 <b>Balloon Paddle</b> 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	17
9:30 Church Service 10:15 Hymn Sing 12:30 <b>Sunshine Stroll</b> 1:30 Sunday Sundaes 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Popcorn and Movie	18	9:45 Scenic Drive 12:30 Brain/Picture Games (DH) 2:00 Paint Project 3:00 <b>Travelogue</b> 5:30 Crosswords/Word Searches 6:30 One on Ones	19	9:30 <b>Morning Stretches</b> 10:00 <b>Coordination Games</b> 12:30 Hangman/Words in Words 2:00 Story Writers (DH) 3:00 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia (DH)	20	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies (DH) 1:15 Joggin' You're Noggin' (DH) 2:00 <b>Ballon Volleyball</b> 3:00 <b>Music Therapy</b> 5:30 <b>Residents choice</b> 6:30 Popcorn and Movie	21	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 <b>Age Strong Workout</b> 2:00 Small Group Games (DH) 3:00 Sing Along 3:30 Trivia	22	9:30 Puzzles and Coloring 10:30 This Day in History 12:30 <b>Reminisce: Remembering Recess</b> 2:00 <b>Chair Exercise</b> 2:30 Cover the Number 3:30 <b>Music Therapy</b>	23	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 <b>Balloon Paddle</b> 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	24
9:30 Church Service 10:15 Hymn Sing 12:30 <b>Sunshine Stroll</b> 1:30 Sunday Sundaes 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Popcorn and Movie	25	9:45 Scenic Drive 12:30 Brain/Picture Games (DH) 2:00 Paint Project 3:00 <b>Travelogue</b> 5:30 Crosswords/Word Searches 6:30 One on Ones	26	9:30 <b>Morning Stretches</b> 10:00 <b>Coordination Games</b> 12:30 Hangman/Words in Words 2:00 Story Writers (DH) 3:00 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia (DH)	27	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies (DH) 1:15 Joggin' You're Noggin' (DH) 2:00 <b>Ballon Volleyball</b> 3:00 <b>Music Therapy</b> 5:30 <b>Residents choice</b> 6:30 Popcorn and Movie	28	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 <b>Age Strong Workout</b> 2:00 <b>Resident Food Forum</b> 3:00 Sing Along 3:30 Trivia	29	9:30 Puzzles and Coloring 10:30 This Day in History 12:30 <b>Reminisce: Remembering Cats and Dogs</b> 2:00 <b>Chair Exercise</b> 2:30 Cover the Number 3:30 <b>Music Therapy</b>	30	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 <b>Balloon Paddle</b> 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	31

ALL ACTIVITIES ARE SUBJECT TO CHANGE BASED ON RESIDENT/EMPLOYEE NEEDS

RED= SPECIAL ACTIVITIES BLUE= EXERCISE AND PERFORMERS