




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00 Church Service with Chaplain Mick 10:45 Hymn Sing 1:00 Sunday Stroll and Chair Stretches 2:00 Ice Cream Social 2:45 Bingo	9:45 Scenic Drive/Sauvie Island 12:45 Kickball 2:00 Brain Games 3:00 Flower Arranging & Origins 5:00 Trivia	10:00 One on One's and Hand Massages 1:00 Ball and Chair Exercise and Stretch 2:00 Remember This? Imagery Exercise 3:00 Madlibs 5:00 This Day in History	10:00 Puzzles and Coloring 1:30 Exercise with Jen 2:30 Decorate Rainbow Cupcakes 5:30 Sing Along 6:15 Brain Games	10:00 One on One's and Manicures 1:00 Balloon Paddle 2:00 music Imagery 3:15 Go Nuts for Doughnuts 5:30 Wacky Wordies 6:15 Short Stories and Poems	10:00 Remember This? Imagery Exercise 12:45 This Day in History 1:30 Exercise with Jen 2:45 Cover the Number 5:00 Trivia <i>Cinco De Mayo National Space Day</i>	10:00 Puzzles & Coloring 1:00 Balloon Paddle 2:00 Hymn Sing 3:00 Bingo 5:00 Finish the Phrase  <i>National Start Seeing Monarchs Day</i>	
10:00 Church Service with Chaplain Mick 10:45 Hymn Sing 1:00 Sunday Stroll and Chair Stretches 2:00 Lemonade and Lemon Cake/ Reminisce Lemonade 3:00 Bingo <i>National Lemonade day</i>	9:45 Scenic Drive/Oxbow Park 12:45 Kickball 2:00 Brain Games 3:00 Flower Arranging & Origins 5:00 Trivia	10:00 One on One's and Hand Massages 1:00 Ball and Chair Exercise and Stretch 2:00 Remember This? Imagery Exercise 3:00 Madlibs 5:00 This Day in History	10:00 Puzzles and Coloring 1:30 Exercise with Jen 2:30 Bake Brownie Bites 5:30 Sing Along 6:15 Brain Games	10:00 One on One's and Manicures 1:00 Balloon Paddle 2:30 Phil Hall/Accordion 5:30 Wacky Wordies 6:15 Short Stories and Poems	10:00 Remember This? Imagery Exercise 12:45 This Day in History 1:30 Exercise with Jen 2:45 Cover the Number 5:00 Trivia	10:00 Puzzles & Coloring 1:00 Balloon Paddle 2:00 Hymn Sing 3:00 Bingo 5:00 Finish the Phrase	
 10:00 Church Service with Chaplain Mick 10:45 Hymn Sing 1:00 Sunday Stroll and Chair Stretches 2:00 Ice Cream Social 2:45 Bingo	9:45 Scenic Drive/Dahlia fields 12:45 Kickball 2:00 Brain Games 3:00 Flower Arranging & Origins 5:00 Trivia	10:00 One on One's and Hand Massages 1:00 Ball and Chair Exercise and Stretch 2:00 Remember This? Imagery Exercise 3:00 Madlibs 5:00 This Day in History	10:00 Puzzles and Coloring 1:30 Exercise with Jen 2:30 Chocolate Chip Cookie Ice Cream Sandwiches 5:30 Sing Along 6:15 Brain Games	10:00 One on One's and Manicures 1:00 Balloon Paddle 2:00 Music Imagery 3:15 Go Nuts for Doughnuts 5:30 Wacky Wordies 6:15 Short Stories and Poems	10:00 Remember This? Imagery Exercise 12:45 This Day in History 1:30 Exercise with Jen 2:45 Cover the Number 5:00 Trivia	10:00 Puzzles & Coloring 1:00 Balloon Paddle 2:00 Hymn Sing 3:00 Bingo 5:00 Finish the Phrase	
10:00 Church Service with Resident Pastor Bob 10:45 Hymn Sing 1:00 Sunday Stroll and Chair Stretches 2:00 Ice Cream Social 2:45 Bingo	9:45 Scenic Drive/Lavender Fields 12:45 Kickball 2:00 Brain Games 3:00 Flower Arranging & Origins 5:00 Trivia	10:00 One on One's and Hand Massages 1:00 Ball and Chair Exercise and Stretch 2:00 Remember This? Imagery Exercise 3:00 Madlibs 5:00 This Day in History	10:00 Puzzles and Coloring 1:30 Exercise with Jen 2:30 Make A Fruit Salad 5:30 Sing Along 6:15 Brain Games	10:00 One on One's and Manicures 1:00 Balloon Paddle 2:00 Flower Craft 3:15 Go Nuts for Doughnuts 5:30 Wacky Wordies 6:15 Short Stories and Poems <i>national paper airplane day</i>	10:00 Remember This? Imagery Exercise 12:45 This Day in History 1:30 Exercise with Jen 2:45 Cover the Number 5:00 Trivia	10:00 Puzzles & Coloring 1:00 Balloon Paddle 2:00 Hymn Sing 3:00 Bingo 5:00 Finish the Phrase	
10:00 Church Service with Resident Pastor Bob 10:45 Hymn Sing 1:00 Sunday Stroll and Chair Stretches 2:00 Ice Cream Social 2:45 Bingo	9:45 Scenic Drive/Driver's Choice 12:45 Kickball 2:00 Brain Games 3:00 Flower Arranging & Origins 5:00 Trivia	10:00 One on One's and Hand Massages 1:00 Ball and Chair Exercise and Stretch 2:00 Remember This? Imagery Exercise 3:00 Madlibs 5:00 This Day in History	10:00 Puzzles and Coloring 1:30 Exercise with Jen 2:30 Sting Art Craft 5:30 Sing Along 6:15 Brain Games				<div style="text-align: right;"> 2023 10721 SE Cherry Blossom Portland OR, 97216 Red= Crafts and Baking Blue= Exercise Please Note: All activities are subject to change. </div>