


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 Church Service 10:15 Hymn Sing 12:30 Sunshine Stroll 1:00 This Day in History 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Sunday Sundae's	9:45 Scenic Drive 12:30 Brain/Picture Games 2:00 Paint Project 3:00 Travelogue 5:30 Crosswords/Word Searches 6:30 One on Ones	9:30 Morning Stretches 10:00 Coordination Games 11:00 Lunch at Cherrywood 2:30 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies 1:15 L, R, C 2:00 Music Therapy 3:00 Balloon Volleyball 5:30 Residents choice 6:30 Popcorn and Movie	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 Age Strong Workout 2:00 Reminisce: Iconic Outfits 3:00 Sing Along 3:30 Trivia	9:30 Puzzles and Coloring 10:30 This Day in History 12:30 Music Therapy 1:30 Chair Exercise 2:00 Cover the Number 3:00 Sensory Sorting	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 Balloon Paddle 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	
9:30 Church Service 10:15 Hymn Sing 12:30 Sunshine Stroll 1:00 This Day in History 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Sunday Sundae's	9:45 Scenic Drive 12:30 Brain/Picture Games 2:00 Paint Project 3:00 Travelogue 5:30 Crosswords/Word Searches 6:30 One on Ones	9:30 Morning Stretches 10:00 Coordination Games 12:30 Hangman/Words in Words 1:30 Junk Drawer Detective 2:30 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies 1:15 L, R, C 2:00 Music Therapy 3:00 Balloon Volleyball 5:30 Residents choice 6:30 Popcorn and Movie	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 Age Strong Workout 2:00 Performance by Phil Hall 3:00 Resident Forum 3:30 Trivia	9:30 Puzzles and Coloring 10:30 This Day in History 1:00 Performance by Ted Horwitz 2:00 Chair Exercise 2:30 Cover the Number 3:30 Music Therapy	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 Balloon Paddle 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	
9:30 Church Service 10:15 Hymn Sing 12:30 Sunshine Stroll 1:00 This Day in History 2:30 Bingo 3:30 Trivia 5:30 Short Stories and Poems 6:15 Sunday Sundae's	9:45 Scenic Drive 1:00 Performance with Peggie 2:00 Kickball 3:00 Travelogue 5:30 Crosswords/Word Searches 6:30 One on Ones	9:30 Morning Stretches 10:00 Coordination Games 12:30 Hangman/Words in Words 1:30 Pumpkin Door Craft 3:00 Bingo 5:30 Finish the Phrase/This Day in History 6:15 Trivia	9:30 Manicures 10:30 Hand Massages/Aroma Therapy 12:30 Wacky Wordies 1:15 L, R, C 2:00 Music Therapy 3:00 Balloon Volleyball 5:30 Residents choice 6:30 Popcorn and Movie	9:30 One on One's & Crossword/Word Searches 10:30 Words in Words 1:00 Age Strong Workout 2:00 Making Peanut Butter Yogurt Bars 3:00 Sing Along 3:30 Trivia	9:30 Puzzles and Coloring 10:30 This Day in History 12:30 Music Therapy 1:30 Cover the Number 2:30 Reminisce Pumpkins and Apples 3:30 Chair Exercise	9:30 One on One's/Water the Garden 10:30 Watercolor Therapy 12:30 Balloon Paddle 1:30 Hymn Sing 2:30 Bingo 3:30 Joggin' your Noggin'	
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		Parkview Memory Care 10721 SE Cherry Blossom Dr. Portland OR 97216					

ALL ACTIVITIES ARE SUBJECT TO CHANGE BASED ON RESIDENT/EMPLOYEE NEEDS

RED= SPECIAL ACTIVITIES BLUE= EXERCISE AND PERFORMERS