

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Memory care Calendar

Culture of the Month: Gratitude

Red-Outings Blue-Culture of the Month Black- Happy Hour

<p><b>10:30 Excursion: Friant Drive</b> 5 11:00 Gospel Singalong 2:00 Fancy Nails 3:00 Sunday Show: Roy Rogers</p>	<p>10:00 Move to the Beat 6 11:00 Cranium Crunches 2:00 Flower Arranging 3:00 Bingo with Friends</p>	<p>10:00 Silver Sneakers 7 11:00 Election Day Trivia 2:00 Tea Chat 3:00 Documentary: Madame Curie</p>	<p><b>9:30 Excursion: Huckleberry's</b> 1 10:00 Turkey Trot 11:00 News of the Day <b>2:00 Gratitude Leaves</b> <b>3:00 Loteria Bingo</b></p> <p><b>Día De Los Muertos</b></p>	<p>10:00 Chair Exercises 2 11:00 Armchair Travels: Key West Florida <b>2:00 Craft: Scarecrow Wreath</b> 3:00 Resident Choice</p>	<p>10:00 Fitness Friday 3 11:00 Word Teasers <b>2:00 Happy Hour: Randy &amp; Dave</b> 3:00 Bingo Club</p>	<p>10:00 Community Volleyball 4 11:00 Wizard of Oz Trivia <b>2:00 Craft: Sock Turkey</b> 3:00 Movie &amp; Popcorn: Wizard of Oz</p>
<p><b>10:30 Excursion: Friant Drive</b> 5 11:00 Gospel Singalong 2:00 Fancy Nails 3:00 Sunday Show: Roy Rogers</p>	<p>10:00 Move to the Beat 6 11:00 Cranium Crunches 2:00 Flower Arranging 3:00 Bingo with Friends</p>	<p>10:00 Silver Sneakers 7 11:00 Election Day Trivia 2:00 Tea Chat 3:00 Documentary: Madame Curie</p>	<p><b>10:00 Excursion: Clovis Veterans Memorial Heritage Center</b> 8 10:00 Turkey Trot 11:00 Pass it On <b>2:00 Gratitude Cards</b> 3:00 Chocolate Bingo <b>4:00 Family Council</b></p>	<p>10:00 Chair Exercises 9 11:00 Old Wives Tales <b>2:00 Baking: Peanut Butter Cookies</b> 3:00 Resident Choice</p>	<p>10:00 Fitness Friday 10 11:00 Marine Band History <b>2:00 Happy Hour: Matthew Embry</b> 3:00 Bingo Club</p> <p><b>Veterans Day Ceremony</b></p> 	<p>10:00 Community Volleyball 11 11:00 Veterans Trivia <b>2:00 Live Music: Paul Gains</b> 3:00 Movie &amp; Popcorn: Dear John</p>
<p><b>10:30 Excursion: Lost Lake Lunch</b> 12 11:00 Reading: Chicken Soup for the Soul <b>2:00 Live Music: AL Turner</b> 3:00 Color Therapy</p>	<p>10:00 Move to the Beat 13 11:00 Cranium Crunches 2:00 Flower Arranging 3:00 Bingo with Friends</p>	<p>10:00 Silver Sneakers 14 11:00 Virtual Trivia: Sky, Land &amp; Sea 2:00 Tea Chat 3:00 Armchair Travels: Amsterdam</p>	<p>10:00 Turkey Trot 15 <b>11:00 Excursion: Yosemite Falls Cafe</b> <b>2:00 Pinecone Turkeys</b> 3:00 Chocolate Bingo</p>	<p>10:00 Chair Exercises 16 11:00 Aviation History 2:00 Resident Choice <b>3:00 Thanksgiving Dinner &amp; Live Music</b></p>	<p>10:00 Fitness Friday 17 11:00 American Trivia <b>2:00 Baking: Pumpkin Pie</b> 3:00 Bingo Club</p>	<p>10:00 Community Volleyball 18 11:00 Documentary: Grace Kelly 2:00 High Tea <b>3:00 Gratitude Leaves</b> 4:00 Sing a Song Saturday</p>
<p><b>11:00 Excursion: Woodward Park Lunch</b> 19 11:00 Gospel Singalong <b>2:30 Church Service: New Joy Church</b> 3:30 Color Therapy</p>	<p>10:00 Move to the Beat 20 11:00 Cranium Crunches 2:00 Flower Arranging 3:00 Bingo with Friends</p>	<p>10:00 Silver Sneakers 21 <b>11:00 Short Story: Unexpected Blessings</b> 2:00 Tea Chat 3:00 Minute to Win it</p>	<p><b>9:30 Eddies Bakery</b> 22 10:00 Turkey Trot <b>11:00 Thankful Thoughts</b> <b>2:00 Gratitude Leaves</b> 3:00 Chocolate Bingo</p>	<p>10:00 Virtual: Macy's Thanksgiving Parade 23 2:00 Thanksgiving Bingo 3:00 Resident Choice</p> <p></p>	<p>10:00 Fitness Friday 24 11:00 Conversation Cards <b>2:00 November Birthdays Celebration with Alpha</b> 3:00 Bingo Club</p>	<p>10:00 Community Volleyball 25 11:00 Blank Slate <b>2:00 Happy Hour: Matthew Malcom</b> 3:00 Movie &amp; Popcorn: Holiday in the Wild</p>
<p><b>10:30 Excursion: Vanessa Extension</b> 26 11:00 Gospel Singalong 2:00 Fancy Nails 3:00 Movie: Casablanca</p>	<p>10:00 Move to the Beat 27 11:00 Cranium Crunches 2:00 Flower Arranging 3:00 Bingo with Friends</p>	<p>10:00 Silver Sneakers 28 11:00 Reminiscing with the Senses 2:00 Tea Chat 3:00 Poker: 21</p>	<p><b>9:30 Excursion: Table Mountain Casino</b> 29 10:00 Turkey Trot 2:00 Farkle 3:00 Chocolate Bingo</p>	<p>10:00 Chair Exercises 30 11:00 Armchair Travels: Great Wall of China 2:00 Craft: Cloud Dough Ornaments 3:00 Resident Choice</p>	<p> <b>CARMEL VILLAGE</b> A GENERATIONS COMMUNITY</p>	