

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023



L-Lobby P- Patio G-Garden O-Outing AR-Activity Room VC Vitality Center DR-Dining Room
TR- Theater Room LL- Library Lounge **BOLD- New Activity**
BOLD RED- Resident Lead Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>9:30~ VC IL Exercise Class 10:00~VC Chair Yoga 11:30~O Japanese Kitchen 1:00~AR Word Finds 2:00~AR BINGO!!!! 3:30~ L Music w/ Prince 4:00~CR Happy Hour</p>	<p>9:30~VC IL Chair Yoga 10:00~ VC Tone and Shape 10:30~L Walking Club 1:00~CR Bridge Group 2:00~AR Bible Study w/Ashley 3:00~AR Carmel Village Bingo Store 3:30~ AR Flower Arrangements 5:00~CR Action News</p>	<p>9:00~O Bank of Choice 10:00~ CR Fitness Friday 11:00~O Walmart 1:30~AR Nails w/Ashley 3:00~ L Live! JT and Sarah 4:00~CR Happy Hour</p>	<p>10:00~ VC Sit and Stretch 10:30~P Saturday Coffee Chat 10:30~ Room Visits 12:00~TR Comedy Movie Matinee: RV Featuring Robin Williams 2:00~AR BINGO! 3:00~ AR Cinnamon Rolls 5:00~ CR Scrabble</p>
<p>10:00~ VC Sunday Morning Stretch 10:30~ G Gardening Club 1:00~P Chair Tennis 1:00~CR Bridge Group 2:00~TR Non- Denominational Church 3:00~ Room Visits 5:00~CR Checkers</p>	<p>10:00~ VC Tone and Shape 10:30~VC Balance Class 1:00~AR UNO 2:00~AR BINGO!! 3:30~P Snack and Chat w/ Oreo Ice Cream 4:30~CR Evening News</p>	<p>9:30~VC IL Tone up Tuesday 10:00~ VC Tone Up Tuesday 1:00~AR Word Finds 2:00~AR Resident Council 3:30~CR Pancake Bites Snack 4:00~CR Wine Is Fine Tuesday</p>	<p>9:30~VC IL Move to the Music 10:00~VC Move to the Music 11:00~O Blossom Trail Drive and Café Lunch 1:00~AR Kings Corner Card Game 2:00~AR BINGO!! 3:00~L Music w/Randy 4:00~CR Happy Hour</p>	<p>9:30~VC IL Jazzercise 10:00~ VC Jazzercise 10:30~L Walking Club 1:00~AR Flowerpot Craft 3:30~AR Flower Arrangements 4:30~D Resident Birthday Celebration 5:00~TR Night at the Movies</p>	<p>10:00~VC Fitness Friday 10:30~AR I Love Lucy Show 10:30~O Sierra Vista Mall and Lunch 1:30~L Word Search 3:00~L Music w/ Rich Jackson 4:00~CR Happy Hour</p>	<p>10:00~ VC Sit and Get Fit 10:30~ P Saturday Coffee Chat 10:30~ Room Visits 1:00~AR Hidden Picture 2:00~AR BINGO!! 3:00~AR Shamrock Shakes 5:00~CR Mancala</p>
<p>Daylight Savings Spring Forward 10:00~ VC Sunday Morning Stretch 10:30~ G Gardening Club 1:00~P Horseshoes 1:00~CR Bridge Group 2:00~TR Non- Denominational Church 3:00~ Room Visits 5:00~CR 2023 Oscars</p>	<p>10:00~ VC Stretch Band Exercise 10:30~VC Balance Class 1:00~AR Kings in the Corner Cards 2:00~AR BINGO!! 3:30~ P Patio Snack 5:00~LL Introducing Book Club</p>	<p>9:30~VC IL Tone and Shape 10:00~ VC Tone and Shape 10:30~ Walk to Walgreens w/Ashley 1:00~AR Pot of Gold Pots 2:00~AR National Pi Day Celebration w/ Assorted Pies 3:00~TR Bible Study Review 4:00~ CR Wine is Fine Tuesday</p>	<p>9:30~VC IL Sittersize 10:00~ VC Sittersize 10:30~CR Current News 11:00~O The Craft House 1:00~AR Word Search 2:00~AR BINGO!! 3:00~L Live! Matthew Malcom 4:00~CR Happy Hour</p>	<p>9:30 IL Tone and Shape 10:00~ VC Tone and Shape 10:30~L Walking Club 1:00~CR Bridge Group 2:00~AR Bible Study w/Ashley 3:00~AR Carmel Village Bingo Store 3:30~ AR Flower Arrangements 5:00~CR Action News</p>	<p>Happy St. Patrick's Day 9:00~O Bank of Choice 10:00~VC Fitness Friday 10:30~ Current News 1:00-2:00~AR Nails w/Ashley 3:00~L St Patrick Celebration and Music w/ Rich Jackson</p>	<p>10:00~ VC Tone and Shape 10:30~P Saturday Coffee Chat 10:30~Room Visits 12:00~TR Comedy Movie Matinee: A Dogs Journey 2:00~ AR BINGO!! 3:00~AR Cheesecake Bites 5:00~CR Puzzles</p>
<p>10:00~ VC Sunday Morning Stretch 10:30~G Gardening Club 1:00~P Croquet 1:00~CR Bridge Group 2:00~ TR Non- Denominational Church 3:00~ Room Visits 5:00~CR Crazy 8's Card Games</p>	<p>First Day of Spring 10:00~ VC Tone and Shape 10:30~VC Balance Class 1:00~AR Spring Word Finds 2:00~AR BINGO!! 3:30~ P Patio Snack 5:00~CR Evening News</p>	<p>9:30~VC IL Chair Yoga 10:00~ VC Chair Yoga 10:30~VC Current News 1:00~AR Lucky Charm Bracelets 2:30~P Parachute Fun 3:00~TR Bible Study Review 4:00 CR Wine is Fine Tuesday</p>	<p>9:30~ VC IL Move to the Music 10:00~ CR Move to the Music 10:30~ Current News 11:00~O Woodward Park and Picnic Lunch 1:00~AR Train Your Brain Trivia 2:00~AR BINGO!!! 3:00~ L Music w/ Randy 4:00~CR Happy Hour</p>	<p>9:30~ VC IL Tone and Shape 10:00~ VC Tone and Shape 10:30~ L Walking Club 1:00~AR Spring Saltshaker Craft 2:00~AR Activity Committee 3:30~ AR Flower Arrangements 5:00~TR Night at the Movies</p>	<p>10:00~ VC Fitness Friday 10:30~ VC Current News 11:00~O Vons 1:30~AR Nails w/Ashley 3:00~L Music w/ Nathan & Alpha 4:00~CR Happy Hour</p>	<p>10:00~ VC Sit and Get Fit 10:30~P Saturday Coffee Chat 10:30~ Room Visits 1:00~AR Trivia 2:00~AR BINGO!! 3:00~AR Spring Crinkle Cookies 5:00~LL Book Club</p>
<p>10:00~ VC Sunday Morning Stretch 10:30~ G Gardening Club 1:00~P Parachute Fun 1:00~Bridge Group 2:00~ TR Non- Denominational Church 3:00~ Room Visits 5:00~CR Kings Corner Card Game</p>	<p>10:00~VC Tone and Shape 10:30~VC Balance Class 12:00~ TR Now Showing: Singing in The Rain 1:00~AR Kings Corner Card Game 2:00~AR BINGO!! 3:30~ P Patio Snack 5:00~CR Sorry Board Game</p>	<p>9:30~ VC IL Chair Yoga 10:00~ VC Chair Yoga 10:30~ Walk to Walgreens w/Ashley 1:00~AR Spring Windsocks 3:00~P Music on the Patio 3:00~TR Bible Study Review 4:00~ CR Wine is Fine Tuesday</p>	<p>8:00~O Pismo Beach Trip 9:30 ~ VC IL Move to the Music 10:00~ VC Move to the Music 10:30~ Current News 1:00~AR Train Your Brain Trivia 2:00~AR BINGO!!! 3:00~ L Music w/ Rich Jackson 4:00~CR Happy Hour</p>	<p>9:30~ VC IL Tone and Shape 10:00~ VC Tone and Shape 10:30~AR Chef Talk 1:00~AR Bridge Group 2:00~AR Bible Study w/ Ashley 3:30~ AR Flower Arrangements 5:00~CR Action News</p>	<p>10:00~ AR Fitness Friday 10:30~ VC Current News 11:00~O 99 Cent Store 1:30~AR Nails w/Ashley 3:00~AR Afternoon Movie: King Creole Featuring Elvis 4:00~CR Happy Hour</p>	<p>Move More Month</p>