



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
March 2023 Independent Living Location Key: AS-Art Studio, BR-Board Room, CR-Community Room MT-Movie Theater, VC-Vitality Center, GR2-Greens 2nd Floor, CH-Chapel RA-Royal Anne Dining Room RED=Off Campus Events BLUE=Vitality Team Led Events			 CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY			1 11:00 Armchair Travel (MT) 1:00 Knitting & Crochet Group (CR) 2:00 Jewish Worship Service (CH) 2:00 Painting w/ Brian (CR) 2:00 CWV Writers Group (AS) 3:30 Scrabble (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Video Series: "The Wonders of Life" (CH)	2 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:00 Coffee Social Hour (CR) 2:00 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	3 9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 11:00 Cornhole (CR) 2:30 Entertainment: Larry Wilder (RA) 7:00 Song and Praise (CH)	4 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 2:30 Entertainment: Molli Paige 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM
5 11:00 Church Service (CH) 2:30 Sunday Matinee: Won't You Be My Neighbor (MT) Vitality Center Open 9AM-3PM	6 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	7 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	8 11:00 Armchair Travel (MT) 2:00 Painting with Brian (CR) 3:30 Banagrams (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Video Series: "The Wonders of Life" (CH)	9 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 10:30 Lutheran worship service (CH) 12:30 Pinochle (GR 2) 1:00 Guided Meditation Class (CR) 2:00 Women's Discussion Gr (CR) 3:00 Garden Club (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	10 9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 12:00 Catholic Mass (CH) 2:30 Entertainment: Ted Horwitz (RA) 7:00 Song and Praise (CH)	11 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:00 Texas Hold Em' (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM			
12 11:00 Church Service (CH) 2:30 Sunday Matinee: Julie & Julia (MT) Vitality Center Open 9AM-3PM	13 10:00 Walk Group w/ Jen (VC) 2:00 Classical Club (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2) Building Meetings w/ Elizabeth	14 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 2:00 Craft with Jen (AS) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	15 11:00 Sight Loss Discussion Group w/ Mary Lee Turner (CR) 1:00 Knitting & Crochet Group (CR) 2:00 Painting w/ Brian (CR) 2:30 Special Celtic Performance: Katie Jane Band (RA) 6:00 Monte Carlo Bingo (CR) 7:00 Video Series: "The Wonders of Life" (CH)	16 10:00 Jewish Worship Service (CH) 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:30 Parkinson's Support Group (BR) 12:30 Pinochle (GR 2) 2:00 Women's Discussion Gr (CR) 2:30 Town Hall (VSG) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	17 9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 1:00 Diversity Group (BR) 2:30 Entertainment: Shaymus Hanlin (RA) 7:00 Song and Praise (CH)	18 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand to Foot Card Game (CR) Vitality Center Open 9AM-3PM			
19 11:00 Church Service (CH) 2:30 Sunday Matinee: Dolly Parton-Here I Am (MT) Vitality Center Open 9AM-3PM	20 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	21 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Stroke Prevention Class (BR) 1:00 Ladies Bible Study (C) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	22 11:00 Armchair Travel (MT) 2:00 Painting w/ Brian (CR) 3:30 Social Hour (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Video Series: "The Wonders of Life" (CH)	23 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 1:00 Coffee Social Hour (CR) 2:00 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	24 9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 11:00 Historical Presentation: Influential Woman of Oregon (BR) 12:00 Catholic Communion Service (CH) 2:00 Book Club (BR) 2:30 Entertainment: Kim & Terry (RA) 7:00 Song and Praise (CH)	25 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand to Foot Card Game (CR) 6:30 Chaplain's Choice (CH) Vitality Center Open 9AM-3PM			
26 11:00 Church Service (CH) 2:30 Sunday Matinee: Top Gun (1986) (MT) Vitality Center Open 9AM-3PM	27 10:00 Walking Group w/ Jen (VC) 11:00 Alzheimer's Education Class (RSVP Required) (BR) 2:00 Classical Club (BR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, Wyn 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)	28 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)	29 11:00 Armchair Travel (MT) 2:00 Painting w/ Brian (CR) 3:30 Scrabble (CR) 6:00 Monte Carlo Bingo (CR) 7:00 Video Series: "The Wonders of Life" (CH)	30 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 12:30 Pinochle (GR 2) 2:00 Women's Discussion Gr (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)	31 9:00 Grocery Shopping: Winco, Bi-Mart, Target (Gardens, Orchards, Cottages) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 2:30 Popcorn on the Go (VSG/RA) 7:00 Song and Praise (CH)	 CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY			