

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>December 2023</div> <div>Independent Living</div>						
					9:00am Exercise Class 1 9:00~O Bank of Choice 10:00~VC Fitness Friday 10:30~O Walmart 1:30~AR Manicures 11 4:00~CR Happy Hour 5:20~TR Night at the Movies: Christmas Vacation!	Show Off Your Holiday Colors! 2 10:00~ VC Sit and Get Fit YouTube Video 1:00~AR Rockefeller NYC Tree Lights 2:00~AR BINGO!! 3:00~L Afternoon Snack: Homemade Peppermint Bark 5:30~O Christmas Electric Parad
10:00~ VC Sunday Morning Stretch 10:30~ L Coffee Chat 1:00~AR Ugly Sweater Cookie Decorating w/Snowman Snowball Toss 2:00~ TR Non- Denominational Church 2:05~AR The Santa Clause Movie w/Holiday Popcorn Crunch 5:30~CR Roulette w/ Abi	9:00am Exercise Class 4 10:00~VC Sittersize 1:00~AR Word Search 2:00~AR Bingo! 3:00~L Afternoon Snack 4:00~ Happy Hour 5:15~CR Frosty the Snowman Movie	Happy Birthday Walt Disney 5 10:00~ VC Tone and Shape 11:00am Resident Counsel-Activity Room 2:00~AR Christmas Tree Decorating 3:00~CR Grief Counseling w/David 5:30~TR Evening Movie: Walt Before Disney	9:00am Exercise Class 6 10:00~ VC Chair Yoga YouTube Video 11:00~O Yosemite Falls Café 1:00~AR Crossword Puzzles 2:00~AR BINGO!!! 3:00~ L Music w/Jess Montelongo 4:00~CR Happy Hour 5:00-5:30 Hot Chocolate in the Lobby	Hanukkah Begins 7 10:00~ VC Jazzercise 10:45~L Clovis West Choir 3:00~L Christmas Performance from Carmel Village Staff 3:00~CR IL Social in the Theatre Room! 5:30~TR Special Movie Peral Harbor Featuring: Ben Afflec	9:00am Exercise Class 8 10:00~ VC Fitness Friday YouTube Video 10:30~CR Hot Chocolate and Pastries 1:00~AR Manicures 3:00~L Holiday Performance w/ Meat Movers Company! 6:00~O Candy Cane Lane Drive	10:00~VC Sit and Get Fit 1:00~AR Word Find 2:00~AR BINGO!! 3:00~AR Linda Dunn Harpist Performance w/ Christmas Crack Snack 5:30~TR Christmas w/the Kranks Movie
10:00~ VC Sunday Morning Stretch 10:30~ L Coffee Chat 1:00~AR Gingerbread Houses 2:00~ TR Non- Denominational Church 3:00~AR The Elf Board Game 5:10~CR Disney's A Christmas Carol Movie	9:00am Exercise Class 11 10:00~VC Tone and Shape 1:00~AR Fish! 2:00~AR BINGO!! 3:00~AR Flower Arrangements 4:00~CR Wine is Fine 5:40~CR Home Alone 2: Lost in New York Movie	10:00~ VC Jazzercise 11:00am Lets Talk Activities – Activity Room 3:30~L Afternoon Snack Warm Cinnamon Rolls w/Pumpkin Frosting 5:30~CR Holiday Hallmark Movie	9:00am Exercise Class 13 10:00~ VC Move to the Music 10:00~O Chuckchansi Casino 1:00~CR Cranium Crunchers 2:00~AR Bingo 3:00~L Music w/Ron Rogers 4:00~CR Happy Hour w/Rumchata Hot Chocolate 5:30~ Holiday Hallmark Movie	4:00pm - 7pm <i>Christmas Dinner Party ~ Gift Exchange</i>	Wear your Ugly Sweater Day! 9:00am Exercise Class 15 10:00~ VC Fitness Friday 10:30~O Target 1:30~AR Manicures 3:00~CR Ugly Sweater Social w/ Cocktails 5:20~TR Night at the Movies: How the Grinch Stole Christmas: Featuring Jim Carry	10:00~ VC Sit and Get Fit 1:30~AR Holiday Trivia 2:00~AR BINGO!! 3:00~AR Weekend Snack Homemade Fudge w/Holiday Performance from Clovis Coral 5:20~ Special Saturday Movie: Mad Mad World
10:00~ VC Sunday Morning Stretch 10:30~L Coffee Chat 1:00~AR DIY Christmas Ornaments 2:00~ TR Non- Denominational Church 3:00~AR Random Bingo! 5:30~AR Roulette w/ Abi	9:00am Exercise Class 18 10:00~VC Tone and Shape 1:00~AR Uno 2:00~AR BINGO!! 3:30~ L Snack in the Lobby 4:00~CR Wine is Fine 5:30~TR Elf the Movie	9:15 L Tarpey Elementary Christmas Performance 10:00~ VC Tone and Shape 10:30 Walk to Walgreens 1:00~TR DIY Snowman Socks Craft 3:00~CR Grief Counseling w/ David 5:30~CR Holiday Hallmark Movie	Holiday Spirt Week! Dress like a Who from Whoville 20 9:00am Exercise Class 10:00~L Whoville Christmas Social w/Special Guest The Grinch! 2:00~AR BINGO! 3:00~AR Music Appreciation Bing Crosby Christmas 4:00~O BJ Brewing House Dinner and Christmas Tree Lane	Holiday Spirt Week! Dress in your Red and Green 21 10:00~ VC Tone and Shape 3:00pm IL Social in the Theatre Room! 5:15~CR Rudolph the Red Nose Reindeer Movie	Holiday Spirt Week! Santa Hat Day 22 9:00am Exercise Class 10:00 Sit and Get Fit 10:30~AR Miracle on 34 th Street Movie 1:00~ Hidden Picture 2:00~AR Bingo! 3:00~AR Holiday Rice Crispy Treats	Holiday Spirt Week! Santa Hat Day 23 10:00 Sit and Get Fit 10:30~AR Miracle on 34 th Street Movie 1:00~ Hidden Picture 2:00~AR Bingo! 3:00~AR Holiday Rice Crispy Treats 5:30~L Word Finds
Holiday Spirt Week! Dress as your Favorite Holiday Movie Character Christmas Eve 10:00~ VC Sunday Morning Stretch 10:30~L Coffee Chat 1:00~AR Nutcracker Ornaments Craft 2:00~ TR Non- Denominational Church 2:30~AR A Christmas Story w/Fudge Brownies 5:30~AR Roulette w/ Abi	Holiday Spirt Week! Best Holiday Outfit Happy Holidays 9:00am Exercise Class 10:00~VC Tone and Shape 1:00~AR Christmas Word Search 2:00~AR Special Christmas Movie: The Polar Express w/Hot Chocolate	Kwanzaa Begins Holiday Spirt Week! Flannel Day 26 10:00~ VC Jazzercise 10:30~L Stroll around Carmel Village 1:00~TR Armchair Travels to Sliver Dollar Old Time Christmas in Branson Missouri 2:30~AR Snowball Hot Coco's 5:30~TR It's a Wonderful Life Movie	9:00am Exercise Class 27 10:00~ VC Chair Yoga YouTube Video 10:00~O Blossom Trail Café 2:00~AR BINGO! 3:00~L Music w/Randy 4:00~CR Happy Hour 5:00-5:30 Hot Chocolate in the Lobby	10:00~ VC Tone and Shape 10:30~AR Chef Talk 1:00~AR DIY Waterless Snow Globe Craft 3:00pm IL Social in the Theatre Room! 5:30~CR Holiday Hallmark Movie	9:00am Exercise Class 29 10:00~ VC Fitness Friday 11:00~O Dollar Tree 1:00~AR Manicures 3:00~AR Karaoke Hour 4:00~CR Happy Hour 5:20~TR Night at the Movies: Hallmark Holiday Movies	10:00 Sit and Get Fit 1:00~ Hidden Picture 1:00~CR Orange Bowl (Football)ESPN Channel 2:00~AR Bingo! 3:00~Weekend Snack Holiday Upside Down Pineapple Cake 5:30~L Word Finds
Happy New Year Eve!! Welcome 2024! 31 10:00~ VC Sunday Morning Stretch 11:30~L Noon Years Eve Social w/ Jess Montelongo 1:00~AR What's Your New Resolution 2:00~ TR Non- Denominational Church 3:00~New Years Dice Game 8:00~ Rockin New Years Eve w/Ryan Seacrest! Showing on ABC Channel 3	<div>Culture of the Month: Spiritual Wellness</div> <div>Activity Location Chart:</div> <div>L-Lobby P-Patio G-Garden O-Outing AR- Activity Room VC-Vitality Center DR-Dining Room TR-Theater Room LL-Library Lounge CR-Club Room</div> <div>BOLD-NEW ACTIVITY BOLD RED-RESIDENT LEAD ACTIVITY</div>					