

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Independent Living October 2026  Location & Color Key Yellow=Resident-Led Red=Special Event Blue=Outing, must sign up on 3rd Floor (W)= West Entrance (CR)=Community Room (TH)= Theater (E)=East Entrance (2L)= 2nd Floor Lobby (CH)=Chapel (VC)= Vitality Center (CON)=Conference Room (2F)=2nd Floor (R)=Restaurant (RR)= Red Rooster (GC)= Golf Course (GAM)=Game Room						
				1	2	3
				7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 11:00 Gentle Chair Fit. (VC) 11:00 Episcopal Service(CH) 2:00 Seated Strength (VC) 6:00 Evening Movie (TH)	9:00 BiMart & Safeway (W) 9:30 Horizon Audiology (CR) 11:00 Stretch & Flex (VC) 1:30 Water Aerobics (Pool) 2:00 Birthday Party (CON) 3:00 2-Bit Bingo (CON) 6:30 Fri. Evening Praise(CH)	7:00 Water Aerobics (Pool) 3:00 Movie (TH) 6:00 Evening Movie (TH)
4	5	6	7	8	9	10
10:00 Methodist Church Call 525-1870 to Schedule Pick-Up 10:30 Catholic Service (CH) 3:00 2-Bit Bingo (CON) 1:00 Hand& Foot (GAM) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Donuts&Discussion (CR) 9:00 Walmart & Andy's (W) 11:00Balance & Strength(VC) 11:00 Mending w/Akiko (CR) 1:00-4:30 Medical Transport 1:00-3:00 Craft & Chat (CR) 1:30 Bridge (GAM) 3:00 2-Bit Bingo (CON) 3:00 Monday Musical! (TH) 5:15 Monday Night Football (TH)	7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 10:00 Grief Support (CR) 11:00 Gentle Chair Fit. (VC) 1:30 Bible Study (CH) 2:00 Seated Stretching (VC) 3:00 Tuesday Docu. (TH) 3:00 Cozy Hour w/ J&J (2L)	8:30 SL Outing (W) 11:00 Balance&Strength (VC) 1:30 Water Aerobics (Pool) 3:00 Movie (TH) 2:30 IL Wonders of Watercolor (CR) 6:00 Evening Movie (TH)	7:00 Water Aerobics (Pool) 8:00 Men's Breakfast (CON) 9:45 Gentle Yoga (VC) 10:00 Presbyterian Serv.(CH) 11:00 Gentle Chair Fit. (VC) 2:00 Seated Strength (VC) 2:30 IL Art Group (CR) 6:00 Evening Movie (TH)	9:00 Rosauers (W) 11:00 Stretch & Flex (VC) 11:45 Lunch Bunch (W) 1:30 Water Aerobics (Pool) 3:00 Movie (TH) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise(CH)	7:00 Water Aerobics (Pool) 10:00 Kirkman House (W) 3:00 Movie (TH) 6:00 Evening Movie (TH)
11	12	13	14	15	16	17
10:00 Methodist Church Call 525-1870 to Schedule Pick-Up 10:30 Catholic Service (CH) 1:00 Hand& Foot (GAM) 3:00 2-Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Walmart & Andy's (W) 11:00Balance & Strength(VC) 1:00-4:30 Medical Transport 1:00-3:00 Craft & Chat (CR) 1:30 Bridge (GAM) 1:00 Hammer Dulcimer (R) 2:30 Remembrance Serv.(CH) 3:00 2-Bit Bingo (CON) 3:00 Monday Musical! (TH)	7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 10:00 Grief Support (CR) 11:00 Gentle Chair Fit. (VC) 10:00 Vaccine Clinic (CON) 1:30 Bible Study (CH) 2:00 Seated Stretching (VC) 3:00 Tuesday Docu. (TH) 3:00 Cozy Hour w/ J&J (2L)	8:30 SL Outing (W) 11:00 Balance&Strength (VC) 11-3 Creative Collab (2L) 1:30 Water Aerobics (Pool) 3:00 Movie (TH) 3:00 Resident Council (CON) 3:30 IL Watercolor (CR) 6:00 Evening Movie (TH)	7:00 Water Aerobics (Pool) 9:30 Eyeglasses Clinic (GAM) 9:45 Gentle Yoga (VC) 10:00Men's Coffee Group(CR) 11:00 Episcopal Service(CH) 11:00 Gentle Chair Fit. (VC) 2:00 Seated Strength (VC) 2:30 IL Art Group (CR)	9:00 BiMart & Safeway (W) 11:00 Stretch & Flex (VC) 3:00 2-Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise(CH) 6:30 WW Symphony (W)	7:00 Water Aerobics (Pool) 3:00 Movie (TH) 6:00 Evening Movie (TH)
18	19	20	21	22	23	24
10:00 Methodist Church Call 525-1870 to Schedule Pick-Up 10:30 Catholic Service (CH) 1:00 Hand& Foot (GAM) 3:00 2-Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Walmart & Andy's (W) 11:00Balance & Strength(VC) 11:00 Mending w/Akiko (CR) 1:00-4:30 Medical Transport 1:00-3:00 Craft & Chat (CR) 1:30 Bridge (GAM) 3:00 2-Bit Bingo (CON) 3:00 Monday Musical! (TH) 5:15 Monday Night Football (TH)	7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 10:00 Grief Support (CR) 11:00 Gentle Chair Fit. (VC) 1:30 Bible Study (CH) 2:00 Seated Stretching (VC) 3:00 Tuesday Docu. (TH) 3:00 Cozy Hour w/ J&J (2L)	8:30 SL Outing (W) 9-11 Klicker's Outing (W) 10-11 Exploring Genealogy(CON) 11:00 Balance&Strength (VC) 1:30 Water Aerobics (Pool) 2:30 IL Wonders of Watercolor (CR) 3:00 Movie (TH)	7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 11:00 Gentle Chair Fit. (VC) 1:00 Benedict Arnold-Treacherous Hero (TH) 2:00 Seated Strength (VC) 2:30 IL Art Group (CR) 3:00 Movie (TH) 4:30-7 Oktoberfest Dinner (R)	9:00 BiMart & Safeway (W) 11:00 Stretch & Flex (VC) 2:00 Veteran's Social (CON) 3:00 2-Bit Bingo (CON) 3:00 Movie (TH) 4:45 Dinner Dash (W) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise(CH) 7:00 Whitman Sampler (W)	7:00 Water Aerobics (Pool) 3:00 Movie (TH) 6:00 Evening Movie (TH)
25	26	27	28	29	30	31
10:00 Methodist Church Call 525-1870 to Schedule Pick-Up 10:30 Catholic Service (CH) 1:00 Hand& Foot (GAM) 3:00 2-Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Walmart & Andy's (W) 11:00Balance & Strength(VC) 11-1 Pumpkin Decorating 1:00-4:30 Medical Transport 1:00-3:00 Craft & Chat (CR) 1:30 Bridge (GAM) 2:00 Candy Packing (2L) 3:00 2-Bit Bingo (CON) 3:00 Monday Musical! (TH)	7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 10:00 Grief Support (CR) 11:00 Gentle Chair Fit. (VC) 1:30 Bible Study (CH) 2:00 Seated Stretching (VC) 3:00 Tuesday Docu. (TH) 3:00 Town Hall (CON)	8:30 SL Outing (W) 11:00 Balance&Strength (VC) 1:30 Water Aerobics (Pool) 2:30 IL Wonders of Watercolor (CR) 3:00 Movie (TH) 6:00 Evening Movie (TH)	7:00 Water Aerobics (Pool) 9:45 Gentle Yoga (VC) 11:00 Gentle Chair Fit. (VC) 2:00 Seated Strength (VC) 2:30 IL Art Group (CR) 3:00 Movie (TH) 4:00 Community Trick or Treat (Whole Building) 6:00 Evening Movie (TH)	8:00 Love it or Leave it (2F) 9:00 Rosauers (W) 11:00 Stretch & Flex (VC) 11-1:30 Potato Bar (R) 1:30 Water Aerobics (Pool) 2:00 Goodwill & Mall (W) 3:00 Movie (TH) 6:30 All Saints (CH)	7:00 Water Aerobics (Pool) 3:00 Movie (TH) 6:00 Evening Movie (TH) *Halloween*

LIC#1640 Activities are subject to change