

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

June 2023

PARKVIEW VITALITY CALENDAR

<p>8:30 News & Views-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Ball Toss-MS/GR 1:00 Flower Arrangement-MS/GR 1:30 Rummikub & Puzzles - MS/GR 2:30 Watercolor Project-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Toss-MS 10:30 Volleyball-Game-GR 1:00 Pretty Nails- MS/GR 2:00 Garden Visit-CY 2:00 Dominoes & Puzzles-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Vet to Vet (Jeopardy) w/ Aprevia-GR 10:30 Balloon Baseball-MS 1:00 Coloring Project-MS/GR 2:00 Sing & Dance w/ Minnie-GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:00 Welcome New Resident Social-GR 1:00 Trivia-MS/GR 1:30 SPA Day-MS/GR 2:30 Dominoes & Puzzles- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Virtual Reality Experience w/ Anchor Health-VT 10:30 Ball Toss-MS 1:00 Craft Project-MS/GR 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Coloring Project-MS/GR 1:00 Garden Visit-CY 2:00 Puzzles & Dominoes-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 "Residents Choice"-MS/GR 1:30 Scenic Drive to La Jolla-MS 2:00 Christian Service w/ Ed Equid-C 2:00 Pop Corn Social-MS/GR 2:30 BINGO- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down -GR</p>
<p>8:30 News & Views-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Ball Toss-MS/GR 1:00 Flower Arrangement-MS/GR 1:30 Rummikub & Puzzles - MS/GR 2:30 Watercolor Project-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Toss-MS 10:30 Volleyball-Game-GR 1:00 Pretty Nails- MS/GR 2:00 Garden Visit-CY 2:00 Dominoes & Puzzles-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Vet to Vet (Jeopardy) w/ Aprevia-GR 10:30 Balloon Baseball-MS 1:00 Coloring Project-MS/GR 2:00 Sing & Dance w/ Minnie-GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:00 Welcome New Resident Social-GR 1:00 Trivia-MS/GR 1:30 SPA Day-MS/GR 2:30 Dominoes & Puzzles- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Virtual Reality Experience w/ Anchor Health-VT 10:30 Ball Toss-MS 1:00 Craft Project-MS/GR 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Coloring Project-MS/GR 1:00 Garden Visit-CY 2:00 Puzzles & Dominoes-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 "Residents Choice"-MS/GR 2:00 Christian Service w/ Ed Equid-C 2:00 Pop Corn Social-MS/GR 2:30 BINGO- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Romantic Movies - VT</p>
<p>8:30 News & Views-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Ball Toss-MS/GR 1:00 Flower Arrangement-MS/GR 1:30 Rummikub & Puzzles - MS/GR 2:30 Watercolor Project-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Toss-MS 10:30 Volleyball-Game-GR 1:00 Pretty Nails- MS/GR 2:00 Garden Visit-CY 2:00 Dominoes & Puzzles-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 Coloring Project-MS/GR 1:30 Scenic Drive to Coronado-MS 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Trivia-MS/GR 1:30 Women's Tea Club-GR 2:30 Dominoes & Puzzles- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 Clay Project-GR/CC 1:30 Scenic Drive to Balboa Park-MS 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Coloring Project-MS/GR 1:00 Garden Visit-CY 2:00 Puzzles & Dominoes-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Father's Day Celebration-GR 1:00 "Residents Choice"-MS/GR 1:30 Scenic Drive to Cabrillo Monument-MS 2:00 Christian Service w/ Ed Equid-C 2:00 Pop Corn Social-MS/GR 2:30 BINGO- MS/GR</p>
<p>8:30 News & Views-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:00 Catholic Communion-C 10:30 Ball Toss-MS/GR 1:00 Flower Arrangement-MS/GR 1:30 Rummikub & Puzzles - MS/GR 2:30 Watercolor Project-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Toss-MS 10:30 Volleyball-Game-GR 1:00 Pretty Nails- MS/GR 2:00 Garden Visit-CY 2:00 Dominoes & Puzzles-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 Coloring Project-MS/GR 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Trivia-MS/GR 1:30 SPA Day-MS/GR 2:30 Dominoes & Puzzles- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Virtual Reality Experience w/ Anchor Health-VT 10:30 Ball Toss-MS 1:00 Craft Project-MS/GR 1:30 Scenic Drive to Imperial Beach-MS 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Coloring Project-MS/GR 1:00 Garden Visit-CY 2:00 Puzzles & Dominoes-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:00 Birthday Celebration -GR 1:00 "Residents Choice"-MS/GR 2:00 Christian Service w/ Ed Equid-C 2:00 Pop Corn Social-MS/GR 2:30 BINGO- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Romantic Movies - VT</p>
<p>8:30 News & Views-MS/GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Ball Toss-MS/GR 1:00 Flower Arrangement-MS/GR 1:30 Rummikub & Puzzles - MS/GR 2:30 Watercolor Project-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Toss-MS 10:30 Volleyball Game-GR 1:00 Pretty Nails- MS/GR 2:00 Garden Visit-CY 2:00 Dominoes & Puzzles-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 Coloring Project-MS/GR 1:30 Scenic Drive to Seaport Village-MS 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:00 Balloon Tennis-MS/GR 1:00 Trivia-MS/GR 1:30 Men's Game Club-GR 2:30 Dominoes & Puzzles- MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 9:00 Hair & Lotion Time-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Ball Toss-MS/GR 1:00 Clay Project-GR/CC 1:30 Scenic Drive to Rohr Park-MS 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 9:30 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Balloon Tennis-MS/GR 1:00 Coloring Project-MS/GR 1:00 Garden Visit-CY 2:30 Puzzles & Dominoes-MS/GR 2:30 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	 <p>PARADISE VILLAGE A GENERATIONS COMMUNITY</p>