

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

June 2024 PARKVIEW VITALITY CALENDAR

GR: Great Room MS: Main St. C: Chapel VT: Village Theater TP: Torrey Pines
Activities Difficulty : Level: Easy * Medium **

							8:30 National Geographic Reading & Coloring-GR** 1 8:30 Reminisce w/ Pictures & Music-MS* 9:15 News & Views-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Scenic Drive to Embarcadero-MS 1:30 Watercolor Project-MS/GR 2:00 Pop Corn Social-MS/GR
8:30 National Geographic Reading & Coloring-GR** 2 8:30 Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Morning Fitness-GR ** 9:30 Music Memories & Picture Trivia-TP 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 11:15 Catholic Communion-C 1:00 Flower Arrangement-MS/GR 1:30 Watercolor Project-MS/GR	8:30 50's Music Sing Along-MS* 3 8:30 Word Search & Coloring by Numbers -GR ** 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Famous Faces & Places-MS * 1:00 Finish the Line-GR **	8:30 National Geographic Reading & Card Matching-GR** 4 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Matching Cards & Aromatherapy-TP 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Reminisce with Pictures & Music-MS/GR	8:30 50's Music Sing Along-MS* 5 8:30 Word Search & Coloring by Numbers-GR** 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Noddle Exercise & Music Band Era Reminisce-TP 9:30 Sit & Be Fit- GR** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Father's Day Shirt Project-GR** 1:00 Scrapbooking-MS*	8:30 Reminisce w/ Pictures & Music-MS* 6 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS * 9:30 Morning Fitness-GR ** 9:30 Watercolor & Multisensory Activities-TP 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Father's Day Card Project-MS/GR 1:30 Scenic Drive to Seaport Village -MS** 2:00 BINGO- MS/GR	8:30 National Geographic Reading & Card Matching-GR** 7 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 Daily Chronicles-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 9:30 SPA Day & Hand Massage -TP 10:30 Balloon Tennis-MS/GR 1:00 Garden Visit-CY 1:30 Watercolor Project-MS/GR 2:00 Welcome New Resident Social-GR	8:30 National Geographic Reading & Coloring-GR** 8 8:30 Reminisce w/ Pictures & Music-MS* 9:15 News & Views-MS/GR 9:30 Chair Fitness-MS* 9:30 Chicken Soup for the Soul & Picture Trivia-TP 9:30 Sit & Be Fit-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Scenic Drive to Midway Museum-	
8:30 National Geographic Reading & Coloring-GR** 9 8:30 Sing Along w/ Frank Sinatra-MS* 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Flower Arrangement-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Card Decoration-MS* 2:30 Craft Project-GR **	8:30 50's Music Sing Along-MS* 10 8:30 Word Search & Coloring by Numbers -GR ** 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Famous Faces & Places-MS * 1:00 Finish the Line-GR **	8:30 National Geographic Reading & Card Matching-GR** 11 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Matching Cards & Aromatherapy-TP 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Reminisce with Pictures & Music-MS/GR	8:30 50's Music Sing Along-MS* 12 8:30 Word Search & Crosswords-GR**12 9:00 Podiatrist Visit-GR 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Morning Stretch-GR ** 9:30 Noddle Exercise & Music Band Era Reminisce-TP 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Father's Day Shirt Project-GR** 1:00 Scrapbooking-MS*	8:30 Reminisce w/ Pictures & Music-MS* 13 8:30 Word Search & Crosswords-GR**13 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS * 9:30 Morning Fitness-GR ** 9:30 Watercolor & Multisensory Activities-TP 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Father's Day Project-MS/GR 1:30 Scenic Drive to Imperial Beach-MS** 2:00 BINGO- MS/GR	8:30 National Geographic Reading & Card Matching-GR** 14 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 Daily Chronicles-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 9:30 SPA Day & Hand Massage -TP 10:30 Balloon Tennis-MS/GR 1:00 Garden Visit-CY 2:00 Father's Day Hawaiian Celebration-CY	8:30 National Geographic Reading & Coloring-GR** 15 8:30 Reminisce w/ Pictures & Music-MS * 9:15 News & Views-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Scenic Drive to Coronado Beach-MS** 1:30 Watercolor Project-MS/ GR	
8:30 National Geographic Reading & Coloring-GR** 16 8:30 Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Morning Fitness-GR ** 9:30 Music Memories & Picture Trivia-TP 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Flower Arrangement-MS/GR 1:30 Watercolor Project-MS/GR	8:30 50's Music Sing Along-MS* 17 8:30 Word Search & Coloring by Numbers -GR ** 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Famous Faces & Places-MS * 1:00 Finish the Line-GR **	8:30 National Geographic Reading & Card Matching-GR** 18 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Matching Cards & Aromatherapy-TP 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Reminisce with Pictures & Music-MS/GR	8:30 50's Music Sing Along-MS* 19 8:30 Word Search & Crosswords-GR**19 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Morning Stretch-GR ** 9:30 Noddle Exercise & Music Band Era Reminisce-TP 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS * 1:00 Finish the line-GR ** 1:30 Craft Project-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 20 8:30 Word Search & Crosswords-GR**20 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS * 9:30 Morning Fitness-GR ** 9:30 Watercolor & Multisensory Activities-TP 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Harbor Island-MS** 2:00 BINGO- MS/GR	8:30 National Geographic Reading & Card Matching-GR** 21 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 Daily Chronicles-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Tennis-MS/GR 1:00 Garden Visit-CY 1:30 Watercolor Project-MS/GR 2:30 50's Music Sing Along-MS *	8:30 National Geographic Reading & Coloring-GR** 22 8:30 Reminisce w/ Pictures & Music-MS* 9:15 News & Views-MS/GR 9:30 Chair Fitness-MS* 9:30 Chicken Soup for the Soul & Picture Trivia-TP 9:30 Sit & Be Fit-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Scenic Drive to Silverstrand-MS	
8:30 National Geographic Reading & Coloring-GR** 23 8:30 Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Flower Arrangement-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Card Decoration-MS* 2:30 Craft Project-GR **	8:30 50's Music Sing Along-MS* 24 8:30 Word Search & Coloring by Numbers -GR ** 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Famous Faces & Places-MS * 1:00 Finish the Line-GR **	8:30 National Geographic Reading & Card Matching-GR** 25 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Matching Cards & Aromatherapy-TP 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Reminisce w/ Pictures & Music-MS/GR	8:30 50's Music Sing Along-MS* 26 8:30 Word Search & Crosswords-GR**26 9:15 Daily Chronicles-MS/GR 9:30 Chair Fitness-MS* 9:30 Noddle Exercise & Music Band Era Reminisce-TP 9:30 Sit & Be Fit- GR** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 "Paper Mache Creation*** 1:00 Scrapbooking-MS* 2:00 Clay Project-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 27 8:30 Word Search & Crosswords-GR**27 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS * 9:30 Morning Fitness-GR ** 9:30 Watercolor & Multisensory Activities-TP 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 2:00 Birthday Celebration Social w/Raymond-GR	8:30 National Geographic Reading & Card Matching-GR** 28 8:30 Puzzles & Sing Along w/ Frank Sinatra-MS * 9:15 Daily Chronicles-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 9:30 SPA Day & Hand Massage -TP 10:30 Balloon Tennis-MS/GR 1:00 Garden Visit-CY 1:30 Watercolor Project-MS/GR 2:30 50's Music Sing Along-MS*	8:30 National Geographic Reading & Coloring-GR** 29 8:30 Reminisce w/ Pictures & Music-MS* 9:15 News & Views-MS/GR 9:30 Chair Fitness-MS* 9:30 Sit & Be Fit-GR ** 10:30 Balloon Toss-MS * 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Scenic Drive to Mission Bay-MS ** 2:00 Pop Corn Social-MS/GR	
8:30 National Geographic Reading & Coloring-GR** 30 8:30 Sing Along w/ Frank Sinatra-MS * 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Morning Fitness-GR ** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Flower Arrangement-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Card Decoration-MS* 2:30 Craft Project-GR **	 PARADISE VILLAGE A GENERATIONS COMMUNITY						

