January 2026
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9 am The Perk 10am Exercise Class (AR) **10:30am Hot chocolate /coffee social(AR)** **1:30pm Music by Paul(DR)** 3pm Bingo(AR) 6pm Documentary (MR) "Indonisia :The country that shouldn't exist" **College Football Day !**	2 The Perk 9:30am Shopping at Walmart 10am Exercise Class (AR) 10:30am Winter Trivia (AR) **1pm Music by Beth(DR)** 3pm Happy Hour(CCR) 6pm Concert (MR) Elvis Presley	3 9am The Perk 10am Exercise Class (AR) 10:30 am Remineses " My Story..." (AR) **1:30pm Baking group(CCR)** 3pm Bingo(AR) 6pm Movie (MR) "Hang up"
4 9am The Perk 9am Church Service (DR) **Chargers vs. Bronco**	5 9am The Perk 10am Exercise Class (AR) **10:30am Social with Dave(LIB)** **1:30pm Music by Hugh(DR)** 3pm Bingo(AR) 6pm Movie(MR) "Far from home"	6 9 am The Perk 10am Exercise Class (AR) 10:30am Garden group(AR) 10:30am Visit with Willis 11am Bible Study(MR) 1pm Wii Bowling (AR) **2pm Movie & Popcorn (MR)** "**True Grit**"with John Wayne 6pm Travel video(MR) "Costa Rica"	7 9am The Perk **9:30 am Shopping at Marshalls and Ross** 10am Exercise Class (AR) **10:30 Uno game (AR)** **1:30 Men's Group(LIB)** "My Hobbies " 3pm Tai Chi class (MR) 6pm Funny animals video(MR)	8 9 am The Perk 10am Exercise Class (AR) **10:30 am Trivia(AR)** **1:30pm Chair Zumba(AR)** 3pm Bingo(AR) 6pm Documentary (MR) Jungles:Survival of the Fittest"	9 The Perk 9:30am Shopping at Walmart 10am Exercise Class (AR) 10:30am Food Trivia (AR) 1pm Scenic Ride 3pm Happy Hour(CCR) 6pm Concert (MR) Andre Rieu	10 9am The Perk 10am Exercise Class (AR) 10:30 am Table Game (AR) **1:30pm Craft Group(AR)** 3pm Bingo(AR) 6pm Movie (MR) "Stranger on Horseback"
11 9am The Perk 9am Church Service (DR) 5pm Mennonite Choir (DR)	12 9am The Perk 10am Exercise Class (AR) **10:30am Social with Dave(LIB)** **1:30pm Music by George and Lynn(DR)** **3pm Bingo(AR)** 6pm Movie(MR) "Trinity Rides Again"	13 9am The perk 10am Exercise Class (AR) 10:30 am Visit with Willis **10:30 pm Veterans group meeting with Clay (LIB)** 11am Bible Study(MR) **1pm Cardio Drumming (AR)** **2pm Resident Council(AR)** 3pm Calendar Planning (AR) 6pm Travel video(MR) "India"	14 9am The Perk 10am Exercise Class (AR) **10:30 Uno game (AR)** **12pm Piano by Ann(DR)** **1pm Lunch Outing** **"Tavern at Cobble Creek"** 3pm Tai Chi class (MR) 6pm Funny animals video(MR)	15 9 am The Perk 10am Exercise Class (AR) **10:30am Trivia(AR)** **1:30pm Music by Paul(DR)** 3pm Bingo(AR) 6pm Documentary (MR) "10 Alien Encounters you won't Believe " **National Hat Day !**	16 The Perk 9:30am Shopping at Walmart 10am Exercise Class (AR) 10:30am Animal Trivia (AR) 1pm Scenic Ride 3pm Happy Hour(CCR) 6pm Concert (MR) 70s-80s country	17 9am The Perk 10am Exercise Class (AR) 10:30 am Remineses (AR) **1:30pm Baking group(CCR)** 3pm Bingo(AR) 6pm Movie (MR) "Last Holiday"
18 9am The Perk 9am Church Service (DR) 2pm Movie(MR) The Cimarron Kid"	19 9am The Perk 10am Exercise Class (AR) **10:30am Social with Dave(LIB)** **1:30pm" Meditation Spaces " visit in Montage Creek** 3pm Bingo(AR) 6pm Movie(MR) Martin Luther King Documentary **Popcorn Day!**	20 9 am The Perk 10am Exercise Class (AR) 10:30am Garden group(AR) 10:30am Visit with Willis 11am Bible Study(MR) 1pm Chair Zumba(AR) **2pm Movie & Popcorn (MR)** "**True Grit**" 2010 version 6pm Travel video(MR) "France"	21 9am The Perk 10 am Exercise Class (AR) 10:30am Uno Game(AR) **12pm Lunch outing: "Panda Palace"** **2:30pm Menu Chat(AR)** 3pm Tai Chi(MR) 6pm Funny animals video(MR)	22 9 am The Perk 10am Exercise Class (AR) **10:30am Mini Hours Visit** **1:30pm Ice cream Social(CCR)** 3pm Bingo(AR) 6pm Documentary (MR) "Exploring Ancient Egypt's greatest Mysteries " **Polka Dot Day!**	23 The Perk 9:30am Shopping at Walmart 10am Exercise Class (AR) 10:30am 1960s Trivia (AR) 1pm Scenic Ride 3pm Happy Hour(CCR) 6pm Concert (MR) 50s -60s favorites	24 9am The Perk 10am Exercise Class (AR) 10:30 am Remineses (AR) **1:30pm Craft Group(AR)** 3pm Bingo(AR) 6pm Movie (MR) "Daddy Daughter Trip"
25 9am The Perk 9am Church Service (DR) 5pm Mennonite Choir(DR) MONTAGE CREEK A GENERATIONS COMMUNITY	26 9am The Perk 10am Exercise Class (AR) **10:30am Social with Dave(LIB)** **1pm Science with Craig(LIB)** 3pm Bingo(AR) 6pm Movie(MR) "Unconquered"	27 9 am The Perk 10am Exercise Class (AR) 10:30am Garden group(AR) 10:30am Visit with Willis 11am Bible Study(MR) 1pm Cardio Drumming(AR) **2pm Movie & Popcorn (MR)** "Charode" 6pm Travel video(MR) Travel to Yorkshire "	28 9am The Perk 10am Exercise Class (AR) **10:30 Marshmello Hunt (AR)** **12pm Piano by Ann(DR)** **12pm Lunch outing: "Stone House"** 3pm Tai Chi class (MR) 6pm Funny animals video(MR) **Snow Day ,Dress in White**	29 9 am The Perk 10am Exercise Class (AR) **10:30am Trivia(AR)** **1:30pm Music by Jed(DR)** 3pm Bingo(AR) 6pm Documentary (MR) "Secrets of Dinosaurs "	30 The Perk 9:30am Shopping at Walmart 10am Exercise Class (AR) 10:30am What did it cost in1960s Trivia (AR) 1pm Scenic Ride **3pm Birthday Day/Happy Hour(CCR)** 6pm Concert (MR) Rock & Roll	31 **Activity Room(AR)** **Coca-Cola Room (CCR)** **Dining Room(DR)** **Media Room(MR)** **Library Room (LIB)** 9am The Perk 10am Exercise Class (AR) 10:30 am Remineses (AR) **1:30pm Hot Chocolate Bar(CCR)** 3pm Bingo(AR) 6pm Movie (MR)"Distant Drums"