

January 2026 Memory Care				1 The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30 pm Music by Paul (DR) 1:30pm Travel Video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	2 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Baking with Tonja 11am Dancing,moving,playing 2pm Music by Beth 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	3 The Perk 9:30 Morning Stretching 10am Reading favorite book 10:30pm Coloring Time 1pm Funny animals videos 1:30 pm Hand Massage 2pm Pretty Nails Time 2 :30am Snack Time 3pm Musical Time 3pm 1:1 Visits 4pm Relax music
4 The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30am Church Service with Scott 1pm Funny Videos with Animals 1:30 pm Ball Toss 2pm Arts and Craft time 2:30 pm Snack Time 3pm 1:1 Visits 3pm Favorite western movie 4pm Relax music Broncos Game Today!	5 The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Bingo 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music	6 The Perk 9:30 Morning Stretching 10am Puzzle Social 10am Visiting with Willis 10:30am Baking with Tonja 11am Chair Zumba 1pm 60s Trivia on Youtube 2:30 pm Snack Time 3pm Favorite movie	7 The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on Youtube 2pm Visit with Molly 2pm Craft group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music	8 The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30pm Travel Video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	9 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Baking with Tonja 11am Dancing,moving,playing 1pm Funny animals video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	10 The Perk 9:30 Morning Stretching 10am Reading favorite book 10:30pm Coloring Time 1pm Funny animals videos 1:30 pm Hand Massage 2pm Pretty Nails Time 2 :30am Snack Time 3pm Musical Time 3pm 1:1 Visits 4pm Relax music
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