

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1968 Sunrise Drive, Montrose, CO 81401 #(970) 240-0600 LN 23S304	930am - The News 1 10am - Irene The Corgi Therapy Dog Visit 11am - Exercises 1pm - Pictionary 3pm - Afternoon Snacks 4pm - Group Puzzle	930am - Morning News 2 10am - Walking Group 11am - Game Table 1pm - Short Stories with Juliette 3pm - Afternoon Snacks 4pm - Deep Breathing & Meditation	10am - Morning Walk 3 11am - Nails with Glenda 1pm - BINGO 3pm - Afternoon Snacks 4pm - Wednesday Comedy	9am - Morning News 4 10am - Walking Group 11am - Garden Club 130pm - Music with Paul in the AL Dining Room 3pm - Afternoon Snacks 330pm - Chair Yoga May The 4th Be With You	9am - The News 5 10am - Walking Group 11am - Exercises 1pm - Group Cooking 3pm - Happy Hour 4pm - Aromatherapy	9am - The News 6 10am - Walking Group 11am - Arts And Crafts 1pm - Animal Adventures 3pm - Afternoon Snacks and Saturday Matinee	
930am - Morning News 7 10am - Wake-up & Stretch 11am - Sunday Hymns 1pm - Crafting Corner 3pm - Snack Time & Sunday Streaming Service 4pm - Afternoon Tea in the Courtyard	930am - The News 8 10am - Irene The Corgi Therapy Dog Visit 11am - Exercises 1pm - Newsletter 3pm - Snack Time 4pm - Group Puzzle	930am - Morning News 9 10am - Walking Group 11am - Game Table 1pm - Short Stories with Juliette 3pm - Afternoon Snacks 4pm - Deep Breathing & Meditation	10am - Morning Walk 10 11am - Nails with Glenda 1pm - BINGO 3pm - Afternoon Snacks 4pm - Wednesday Comedy	9am - The News 11 10am - Walking Group 11am - Garden Club 1pm - Kim Lundgren 230pm - Afternoon Snacks 3pm - Chair Yoga	9am - The News 12 10am Walking Group 11am - Exercises 1pm - Corn Hole 3pm - Happy Hour 4pm - Aromatherapy	9am - The News 13 10am - Walking Group 11am - Arts And Crafts 1pm - Animal Adventures 3pm - Afternoon Snacks and Saturday Matinee	
930am - Morning News 14 Mothers Day Brunch 11am - Sunday Hymns 3pm - Sunday Streaming Service Mothers Day	930am - The News 15 10am - Irene The Corgi Therapy Dog Visit 11am - Exercises 1pm - Scrub a Dub/ Wheelchair and Walker Wash 3pm - Snack Time 4pm - Group Puzzle	930am - Morning News 16 10am - Walking Group 11am - Game Table 1pm - Short Stories with Juliette 3pm - Afternoon Snacks 4pm - Deep Breathing & Meditation	10am - Morning Walk 17 11am - Nails with Glenda 1pm - BINGO 3pm - Afternoon Snacks 4pm - Wednesday Comedy	9am - Morning News 18 10am - Walking Group 11am - Garden Club 130pm - Music with Paul in the AL Dining Room 3pm - Afternoon Snacks 330pm - Chair Yoga	9am - The News 19 10am Walking Group 11am - Exercises 1pm - Group Cooking 3pm - Happy Hour 4pm - Aromatherapy	9am - The News 20 10am - Walking Group 11am - Arts And Crafts 1pm - Animal Adventures 3pm - Afternoon Snacks and Saturday Matinee	
930am - Morning News 21 10am - Wake-up & Stretch 11am - Sunday Hymns 1pm - Crafting Corner 3pm - Snack Time & Sunday Streaming Service 4pm - Afternoon Tea in the Courtyard	930am - The News 22 10am - Irene The Corgi Therapy Dog Visit 11am - Lunch Outing 3pm - Snack Time 4pm - Group Puzzle	930am - Morning News 23 10am - Walking Group 11am - Game Table 1pm - Short Stories with Juliette 3pm - Afternoon Snacks 4pm - Deep Breathing & Meditation	10am - Morning Walk 24 11am - Nails with Glenda 1pm - BINGO 3pm - Afternoon Snacks 4pm - Wednesday Comedy	9am - The News 25 10am - Walking Group 11am - Garden Club 2pm - Music in the AL Dining Room 3pm - Afternoon Snacks 330pm - Chair Yoga	9am - The News 26 10am Walking Group 11am - Exercises 1pm - Gentlemens Group 3pm - Happy Hour 4pm - Aromatherapy	9am - The News 27 10am - Walking Group 11am - Arts And Crafts 1pm - Animal Adventures 3pm - Afternoon Snacks and Saturday Matinee	
930am - Morning News 28 10am - Wake-up & Stretch 11am - Sunday Hymns 1pm - Crafting Corner 3pm - Snack Time & Sunday Streaming Service 4pm - Afternoon Tea in the Courtyard	10am - Irene The Corgi 29 Therapy Dog Visit 11am - Memorial Day BBQ Lunch 3pm - Snack Time 4pm - Group Puzzle Memorial Day	930am - Morning News 30 10am - Walking Group 11am - Game Table 1pm - Short Stories with Juliette 3pm - Afternoon Snacks 4pm - Deep Breathing & Meditation	10am - Morning Walk 31 11am - Nails with Glenda 1pm - BINGO 3pm - Afternoon Snacks 4pm - Wednesday Comedy	<div data-bbox="1771 1552 2268 1663"> <h1>May 2023</h1> </div> <div data-bbox="2331 1562 2486 1713"> </div> <div data-bbox="1771 1673 2004 1713"> <p>Memory Care</p> </div> <div data-bbox="2082 1733 2750 1854"> <h2>MONTAGE CREEK</h2> <p>A GENERATIONS COMMUNITY</p> </div>			