

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024 Assisted Living

9:45 Coffee and Current Events **1**
 10:30 Stretch It Out
 11:00 Word Games
 1:00 Walking Club
 2:15 Library-On-Wheels
 3:30 Trivia
 6:00 Movie Night

9:45 Coffee and Current Events **2**
 10:30 Stronger U: Circuit
 11:00 Trivia
 1:00 Walking Club
 1:30 Manicures
 2:30 Happy Hour with Terry Nerona
 6:00 Movie Night

9:45 Coffee and Current Events **3**
 10:30 Volleyball
 1:00 Walking Club
 2:00 Cooking Club
 3:00 Bingo
 6:00 Movie and Popcorn

9:45 Coffee and Current Events **4**
 10:30 Chair Yoga
 11:00 Guided Meditation
 1:00 Walking Club
 1:30 Trivia
 2:30 Knitting Club
 6:00 Movie Night

9:45 Coffee and Current Events **5**
 10:30 Stronger U: Cardio
 11:00 Word Games
 1:00 Walking Club
 2:30 Resident Council Meeting
 6:00 Movie Night

9:45 Coffee and Current Events **6**
 10:30 Volleyball
 1:00 Walking Club
 1:30 Walmart Outing
 3:30 Bowling
 6:00 Movie Night

9:00 Catholic Parish **7**
 9:45 Coffee and Current Events
 10:30 Stronger U: Strength
 11:00 Trivia
 1:00 Walking Club
 2:00 Bingo
 3:00 Table Games
 6:00 Movie Night

9:45 Coffee and Current Events **8**
 10:30 Stretch It Out
 11:00 Word Games
 1:00 Walking Club
 2:00 Golf
 3:00 Trivia
 6:00 Movie Night

9:45 Coffee and Current Events **9**
 10:30 Stronger U: Circuit
 11:00 Trivia
 1:00 Walking Club
 1:30 Manicures
 2:30 Happy Hour with Rick Iracki
 6:00 Movie Night

9:45 Coffee and Current Events **10**
 10:30 Volleyball
 1:00 Walking Club
 2:00 Cooking Club
 3:00 Bingo
 6:00 Movie and Popcorn

9:45 Coffee and Current Events **11**
 10:30 Chair Yoga
 11:00 Guided Meditation
 1:00 Walking Club
 1:30 Trivia
 2:30 Knitting Club
 4:30 Super Bowl Sunday!

9:45 Coffee and Current Events **12**
 10:30 Stronger U: Cardio
 11:00 Word Games
 1:00 Walking Club
 1:30 Activity Committee
 2:00 Crafting and Creating
 6:00 Movie Night

9:45 Coffee and Current Events **13**
 10:00 Dollar Store Outing
 10:30 Volleyball
 1:00 Walking Club
 2:30 Mardi Gras with Patty Shaw
 6:00 Movie Night

9:00 Catholic Parish **14**
 9:45 Coffee and Current Events
 10:30 Stronger U: Strength
 11:00 Trivia
 1:00 Walking Club
 2:00 Valentine's Day Bash
 6:00 Movie Night

9:45 Coffee and Current Events **15**
 10:30 Stretch It Out
 11:00 Word Games
 1:00 Walking Club
 2:15 Library-On-Wheels
 3:30 Trivia
 6:00 Movie Night

9:45 Coffee and Current Events **16**
 10:30 Stronger U: Circuit
 11:00 Trivia
 12:00 Pizza Party
 1:30 Manicures
 2:30 Happy Hour with Steve Smith
 6:00 Movie Night

9:45 Coffee and Current Events **17**
 10:30 Volleyball
 1:00 Walking Club
 2:00 Cooking Club
 3:00 Bingo
 6:00 Movie and Popcorn

9:45 Coffee and Current Events **18**
 10:30 Chair Yoga
 11:00 Guided Meditation
 1:00 Walking Club
 1:30 Trivia
 2:30 Knitting Club
 6:00 Movie Night

9:45 Coffee and Current Events **19**
 10:30 Stronger U: Cardio
 11:00 Word Games
 1:00 Walking Club
 2:00 Crafting and Creating
 6:00 Movie Night

9:45 Coffee and Current Events **20**
 10:30 Volleyball
 11:30 Lunch Outing
 2:30 Walking Club
 3:30 Bowling
 6:00 Movie Night

9:00 Catholic Parish **21**
 9:45 Coffee and Current Events
 10:30 Stronger U: Strength
 11:00 Trivia
 1:00 Walking Club
 2:30 February Birthday Party
 6:00 Movie Night

9:45 Coffee and Current Events **22**
 10:30 Stretch It Out
 11:00 Word Games
 1:00 Walking Club
 2:00 Menu Chat
 2:30 Golf
 3:30 Trivia
 6:00 Movie Night

9:45 Coffee and Current Events **23**
 10:30 Stronger U: Circuit
 11:00 Trivia
 1:00 Walking Club
 1:30 Manicures
 2:30 Happy Hour with Patty Clayton
 6:00 Movie Night

9:45 Coffee and Current Events **24**
 10:30 Volleyball
 1:00 Walking Club
 2:00 Cooking Club
 3:00 Bingo
 6:00 Movie and Popcorn

9:45 Coffee and Current Events **25**
 10:30 Chair Yoga
 11:00 Guided Meditation
 1:00 Walking Club
 1:30 Trivia
 2:30 Knitting Club
 6:00 Movie Night

9:45 Coffee and Current Events **26**
 10:30 Stronger U: Cardio
 11:00 Word Games
 1:00 Walking Club
 2:00 Crafting and Creating
 6:00 Movie Night

9:45 Coffee and Current Events **27**
 10:30 Volleyball
 1:00 Walking Club
 1:30 Denver Botanical Gardens Outing
 6:00 Movie Night

9:00 Catholic Parish **28**
 9:45 Coffee and Current Events
 10:30 Stronger U: Strength
 11:00 Trivia
 1:00 Walking Club
 2:30 International Day: Cambodia
 6:00 Movie Night

9:45 Coffee and Current Events **29**
 10:30 Stretch It Out
 11:00 Word Games
 1:00 Walking Club
 2:15 Library-On-Wheels
 3:30 Trivia
 6:00 Movie Night



MONTAGE HILLS
 A GENERATIONS COMMUNITY
 2500 S. Roslyn St. Denver, CO 80231