Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
September 2023 Assisted Living MONTAGE HILLS A GENERATIONS COMMUNITY September 2023 Assisted Living 2500 S. Roslyn St. Denver, CO 80231					9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Trivia 1:30 Walking Club 2:30 Happy Hour with Terry 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:30 Cooking Club 3:30 Bingo 6:00 Movie and Popcorn	2
9:45 Coffee and Current Events 10:30 Chair Dance 11:00 Trivia 1:30 Walking Club 2:30 Table Games 3:00 Book Club 6:00 Movie Night	Labor Day	Events 10:30 Volleyball	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Trivia 1:30 Walking Club 2:30 Resident Council Meeting 6:00 Movie Night	Events 10:30 Stronger U: Strength 11:00 Brain Games 1:30 Walking Club 2:30 Table Games	9:45 Coffee and Current 8 Events 10:30 Stretch It Out 11:00 Trivia 1:30 Walking Club 2:30 Happy Hour with Warren Floyd 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:30 Cooking Club 3:30 Bingo 6:00 Movie and Popcorn	9
9:45 Coffee and Current Events 10:30 Chair Dance 11:00 Trivia 1:30 Walking Club 2:30 Table Games 3:00 Book Club 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Brain Games 1:30 Activity Committee 2:00 Technology 101 2:30 Crafting and Creating 6:00 Movie Night	9:45 Coffee and Current Events 10:00 Blackhawk Casino Outing! 3:30 The Bucket List 6:00 Movie Night 7:00 Meeting with James	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Trivia 1:30 Walking Club 2:30 Bingo 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stronger U: Strength 11:00 Brain Games 1:30 Walking Club 2:00 Library-On-Wheels 2:30 Table Games 3:30 Volleyball 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Trivia 12:00 Pizza Party 1:30 Walking Club 2:30 Happy Hour with Chris Hall 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:30 Cooking Club 3:30 Bingo 6:00 Movie and Popcorn	16
9:45 Coffee and Current Events 10:30 Chair Dance 11:00 Trivia 1:30 Walking Club 2:30 Table Games 3:00 Book Club 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Brain Games 1:30 Walking Club 2:00 Technology 101 2:30 Crafting and Creating 6:00 Movie Night	9:45 Coffee and Current 19 Events 10:00 Rocky Mountain Refuge Outing 1:30 Walking Club 2:30 Bowling 3:30 The Bucket List 6:00 Movie Night 7:00 Meeting with James	9:45 Coffee and Current	9:45 Coffee and Current 21 Events 10:30 Stronger U: Strength 11:00 Brain Games 1:30 Walking Club 2:00 Menu Chat 2:30 Table Games 3:30 Volleyball 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Trivia 11:30 End of Summer BBQ 1:30 Walking Club 2:30 Happy Hour with Jim Kurty 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:30 Cooking Club 3:30 Bingo 6:00 Movie and Popcorn	23
9:45 Coffee and Current Events 10:30 Chair Dance 11:00 Trivia 1:30 Walking Club 2:30 Table Games 3:00 Book Club 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Brain Games 1:30 Walking Club 2:00 Technology 101 2:30 September Birthday Party 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Volleyball 11:30 Lunch Outing 1:30 Walking Club 2:30 Bowling 3:30 The Bucket List 6:00 Movie Night 7:00 Meeting with James	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Trivia 1:30 Walking Club 2:30 Bingo 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Stronger U: Strength 11:00 Brain Games 1:30 Walking Club 2:30 Table Games 3:30 Volleyball 6:00 Movie Night	9:45 Coffee and Current 29 Events 10:30 Stretch It Out 11:00 Trivia 1:30 Walking Club 2:30 Happy Hour with Dennis Young 6:00 Movie Night	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:30 Cooking Club 3:30 Bingo 6:00 Movie and Popcorn	30