


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Color creations 3:30 pm Cute Baby animals Documentary 6:00 pm Table Games	9:30 am Daily Chronicles 10:30 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Afternoon Walk 2:00 pm Crafts 3:00 pm Bowling	9:30 am Daily Chronicles 10:30 am Bean Bag Toss 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm Puzzles While we wait 3:30 pm Sharing	9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Afternoon walk 2:00 pm Bingo 3:00 pm Painting	9:30 am Daily Chronicles 10:30 am Chair Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Afternoon walk 2:30 Happy Hour with Jane 3:30 pm Oldies Music and Lemonade Punch 6:00 pm Movie Night	9:00 am Daily Chronicles 9:30 am Scenic Drive 11:00 am Classical Music 1:30 pm Nature Documentary 2:00 pm Activity Packets 3:30 pm Snack and Chat	
	9:30 am Daily Chronicles 10:00 am Chair Dancing 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm fun and movement	9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Color creations 3:30 pm Cute Baby animals Documentary 6:00 pm Table Games	9:30 am Daily Chronicles 10:30 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Afternoon Walk 2:00 pm Crafts 3:00 pm Bowling	9:30 am Daily Chronicles 10:30 am Bean Bag Toss 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:00 pm Making a snack together 3:00 pm Sharing	9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Afternoon walk 2:00 pm Bingo 3:00 pm Painting	9:30 am Daily Chronicles 10:30 am Chair Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Afternoon walk 2:30 pm Happy Hour with Warren 3:30 pm Oldies Music and Lemonade Punch 6:00 pm Movie Night	9:00 am Daily Chronicles 9:30 am Scenic Drive 11:00 am Classical Music 1:30 pm Nature Documentary 2:00 pm Activity Packets 3:30 pm Snack and Chat
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