Sunday Monday Tuesday Wednesday Thursday Friday Saturday

## December 2023

9:30 am Daily Chronicles
10:30 am Chair Dancing
11:00 am Short Stories
1:30 pm Nature Documentary
2:30 pm Happy Hour
3:30 pm Bowling
6:00 pm Movie Night

9:30 am Daily Chronicles
10:00 am Morning Stretches
11:00 am Coloring
1:30 pm Music (on T.V)
2:30 pm Funny short Videos
3:30 pm Reggae Dancing with
Vinnie

|         | 2:30 am Daily Chronicles 3<br>0:00 am Balloon Toss<br>1:00 am Short Stories<br>2:30 pm Christmas Music<br>2:30 pm Decorate Tree<br>3:30 pm Cookies and   | 9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Coco/Cider 6:00 pm Table Games | 9:30 am Daily Chronicles 5 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Crafts 3:30 pm Game Show and snack         | 9:30 am Daily Chronicles 6 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing           | 9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and reminiscing                     | 9:30 am Daily Chronicles 8 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night  | 9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie                      |
|---------|--|---|--|---|--|---|---|
| 1 1 1 2 | 2:30 am Daily Chronicles 10<br>0:00 am Balloon Toss<br>1:00 am Short Stories<br>1:30 pm Music (on T.V)<br>2:30 pm Bingo<br>3:30 pm Tea Party             | 9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Coco/Cider 6:00 pm Table Games | 9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Christmas Crafts 3:30 pm Game Show and snack | 9:30 am Daily Chronicles 13 10:30 am chair strength training 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:30 pm Making a snack together 3:30 pm Sharing | 9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and reminiscing                     | 9:30 am Daily Chronicles 15 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night | 9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie                      |
| 1 1 1 2 | 2:30 am Daily Chronicles 17<br>0:00 am Balloon Toss<br>1:00 am Short Stories<br>1:30 pm Music (on T.V)<br>2:30 pm Bingo<br>3:30 pm Tea Party             | 9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Coco/Cider 6:00 pm Table Games | 9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Christmas Crafts 3:30 pm Game Show and snack | 9:30 am Daily Chronicles 20 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing          | 9:30 am Daily Chronicles 21 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Christmas song sing a long 2:30 pm Cookie Decorating 3:30 pm Tea and reminiscing | 9:30 am Daily Chronicles 22 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night | 9:30 am Daily Chronicles 23 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie                   |
|         | 2:30 am Daily Chronicles24<br>0:00 am Balloon Toss<br>1:00 am Short Stories<br>2:30 pm Music (on T.V)<br>2:30 pm Bingo<br>3:30 pm Cookies and<br>2:ggnog | 2:30 pm Christmas Party   | 9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm New year Craft 3:30 pm Game Show and snack   | 9:30 am Daily Chronicles 27 10:30 am chair strength training 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:30 pm Making a snack together 3:30 pm Sharing | 9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and reminiscing                     | 9:30 am Daily Chronicles 29 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night | 9:30 am Daily Chronicles 30<br>10:00 am Morning Stretches<br>11:00 am Coloring<br>1:30 pm Music (on T.V)<br>2:30 pm Funny short Videos<br>3:30 pm Reggae Dancing with<br>Vinnie |

9:30 am Daily Chronicles31
10:00 am Balloon Toss
11:00 am Short Stories
1:30 pm Music (on T.V)
2:30 pm Bingo
3:30 pm Tea Party

Memory Care

2500 S. Roslyn Street Denver, CO 80231



A GENERATIONS COMMUNITY