

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

# February 2024 Memory Care

				<p>9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and Journaling/writing</p>	<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary <b>2:30 pm Happy Hour</b> 3:30 pm Bowling 6:00 pm Movie Night</p>	<p>9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and Chat</p>
<p>9:30 am Daily Chronicles 10:00 am Chair Dancing 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm fun and movement</p>	<p>9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Color creations 3:30 pm Nature Documentary 6:00 pm Table Games</p>	<p>9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Crafts 3:30 pm 3 question game and snack</p>	<p>9:30 am Daily Chronicles 10:30 am chair strength training 11:00 am Short inspiring Stories <b>1:00 pm Live Music with Terry</b> 2:30 pm Making a snack together 3:30 pm Sharing</p>	<p>9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and Journaling/writing</p>	<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary <b>2:30 pm Happy Hour</b> 3:30 pm Bowling 6:00 pm Movie Night</p>	<p>9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and Chat</p>
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