Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and movie 6:00 pm Table Games	9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Crafts 3:30 pm 3 question game and snack	9:30 am Daily Chronicles 3 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing	9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and Journaling/writing	9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night	9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm fun and movement
9:30 am Daily Chronicles 7 10:00 am Balloon Toss 11:00 am Short Stories 1:30 pm Music (on T.V) 2:30 pm Bingo 3:30 pm Tea Party	9:30 am Daily Chronicles 8 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and movie 6:00 pm Table Games	9:30 am Daily Chronicles 9 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Arm Chair Travel to Thailand! 2:30 pm Games and Trivia about Thailand 3:30 pm Special snack	10:30 am chair strength training 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:30 pm Making a snack	9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and Journaling/writing	9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night	9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm fun and movement
9:30 am Daily Chronicles 14 10:00 am Balloon Toss 11:00 am Short Stories 1:30 pm Music (on T.V) 2:30 pm Bingo 3:30 pm Tea Party	9:30 am Daily Chronicles 15 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and movie 6:00 pm Table Games	9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Crafts 3:30 pm 3 question game and snack	9:30 am Daily Chronicles 17 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing	9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and Journaling/writing	9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night	9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm fun and movement
9:30 am Daily Chronicles21 10:00 am Balloon Toss 11:00 am Short Stories 1:30 pm Music (on T.V) 2:30 pm Bingo 3:30 pm Tea Party	9:30 am Daily Chronicles 22 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and movie 6:00 pm Table Games	9:30 am Daily Chronicles 23 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Arm Chair Travel to Egypt 2:30 pm Games and Trivia about Egypt 3:30 pm Special snack	9:30 am Daily Chronicles 24 10:30 am chair strength training 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:30 pm Making a snack together 3:30 pm Sharing	9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm Bingo 2:30 pm Coloring and Creating 3:30 pm Tea and Journaling/writing	9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Nature Documentary 2:30 pm Happy Hour 3:30 pm Bowling 6:00 pm Movie Night	9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Music (on T.V) 2:30 pm Funny short Videos 3:30 pm fun and movement
9:30 am Daily Chronicles28 10:00 am Balloon Toss 11:00 am Short Stories 1:30 pm Music (on T.V) 2:30 pm Bingo 3:30 pm Tea Party	9:30 am Daily Chronicles 29 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Puzzle Games 2:30 pm Painting 3:30 pm Hot Cocoa and movie 6:00 pm Table Games	9:30 am Daily Chronicles 30 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Bean bag games 2:30 pm Crafts 3:30 pm 3 question game and snack	9:30 am Daily Chronicles 31 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing	2024 S. R	Montage Hills Memory Care oslyn St. Denver,	CO 20241