

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



MONTAGE HILLS
A GENERATIONS COMMUNITY

September 2023 Memory Care

2500 S. Roslyn St. Denver, CO 80231

<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Outside Social 2:30 pm Happy Hour with Terry 3:30 pm Activity Packets 6:00 pm Movie Night</p>							1	<p>9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Outside Social 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie</p>							2												
<p>9:30 am Daily Chronicles 10:00 am Volley Ball 11:00 am Short Stories 2:00 pm Rocky Mountain Arsenal 3:30 pm Bingo 6:00 pm Nature Documentary</p>			3	<p>9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Gardening Club 2:30 pm Painting 3:30 pm Puzzles 6:00 pm Table Games</p>			4	<p>9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Outside Games/Social with Refreshments 2:30 pm Crafts 3:30 pm Game Show and snack</p>			5	<p>9:30 am Daily Chronicles 10:30 am chair strength training 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:30 pm Let's make a Snack (Cooking) 3:30 pm Sharing 6:00 pm Puzzles</p>			6	<p>9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm outside social and walk 2:30 pm Coloring and Creating 3:30 pm Music Therapy and Trivia</p>			7	<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Outside Social 2:30 pm Happy Hour with Warren 3:30 pm Activity Packets 6:00 pm Movie Night</p>			8	<p>9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Outside Social 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie</p>			9
<p>9:30 am Daily Chronicles 10:45 am Picnic at the park 11:00 am Short funny videos 2:30 pm ice cream social 3:30 pm Bingo 6:00 pm Nature Documentary</p>			10	<p>9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Gardening Club 2:30 pm Painting 3:30 pm Puzzles 6:00 pm Table Games</p>			11	<p>9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Outside Games/Social with Refreshments 2:30 pm Crafts 3:30 pm Game time</p>			12	<p>9:30 am Daily Chronicles 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing 6:00 pm Puzzles</p>			13	<p>9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm outside social and walk 2:30 pm Coloring and Creating 3:30 pm Music Therapy and Trivia</p>			14	<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Outside Social 2:30 pm Happy Hour with Chis 3:30 pm Activity Packets 6:00 pm Movie Night</p>			15	<p>9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Outside Social 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie</p>			16
<p>9:30 am Daily Chronicles 10:00 am Volley Ball 11:00 am Short Stories 2:00 pm Scenic drive to Golden Gate Canyon 3:30 pm Bingo 6:00 pm Nature Documentary</p>			17	<p>9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Gardening Club 2:30 pm Painting 3:30 pm Puzzles 6:00 pm Table Games</p>			18	<p>9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Outside Games/Social with Refreshments 2:30 pm Crafts 3:30 pm Game show and snack</p>			19	<p>9:30 am Daily Chronicles 10:30 am chair strength training 11:00 am Short inspiring Stories 1:00 pm Live Music with Terry 2:30 pm Let's make a Snack (Cooking) 3:30 pm Sharing 6:00 pm Puzzles</p>			20	<p>9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm outside social and walk 2:30 pm Coloring and Creating 3:30 pm Music Therapy and Trivia</p>			21	<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:30 am BBQ 2:30 pm Happy Hour with Jim 3:30 pm Activity Packets 6:00 pm Movie Night</p>			22	<p>9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Outside Social 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie</p>			23
<p>9:30 am Daily Chronicles 10:00 am Volley Ball 11:00 am Short Stories 2:00 pm Cherry Creek scenic drive with Ice Cream 3:30 pm Bingo 6:00 pm Nature Documentary</p>			24	<p>9:30 am Daily Chronicles 10:00 am Yoga and Deep Breathing 11:00 am Short Stories 1:30 pm Gardening Club 2:30 pm Painting 3:30 pm Puzzles 6:00 pm Table Games</p>			25	<p>9:30 am Daily Chronicles 10:00 am Chair Cardio 11:00 am Trivia and Brain Games 1:30 pm Outside Games/Social with Refreshments 2:30 pm Crafts 3:30 pm Game time</p>			26	<p>9:30 am Daily Chronicles 10:30 am chair strength training 11:00 am Short inspiring Stories 1:30 pm Baking 2:30 pm While we wait lets do Puzzles 3:30 pm Sharing 6:00 pm Puzzles</p>			27	<p>9:30 am Daily Chronicles 10:00 am Balloon Toss 11:00 am Trivia and Brain Games 1:30 pm outside social and walk 2:30 pm Coloring and Creating 3:30 pm Music Therapy and Trivia</p>			28	<p>9:30 am Daily Chronicles 10:30 am Chair Dancing 11:00 am Short Stories 1:30 pm Outside Social 2:30 pm Happy Hour with Dennis 3:30 pm Activity Packets 6:00 pm Movie Night</p>			29	<p>9:30 am Daily Chronicles 10:00 am Morning Stretches 11:00 am Coloring 1:30 pm Outside Social 2:30 pm Funny short Videos 3:30 pm Reggae Dancing with Vinnie</p>			30