Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2022 Assisted Living MONTAGE HILLS A GENERATIONS COMMUNITY				9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Brain Games 1:30 Walking Club 2:00 Library-On-Wheels 3:15 Cooking Club 6:00 Movie Night: Series	9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Word Games 1:30 Table Games 2:30 Happy Hour with The Silver Circuit 6:00 Movie Night: Drama	9:45 Coffee and Current 3 Events 10:30 Volleyball 1:30 Walking Club 6:00 Movie Night: Action and Adventure
9:45 Coffee and Current Events 10:30 Exercise with Ted 11:00 Broncos vs. Ravens 1:30 Walking Club 2:30 Bible Study with Phil 6:00 Movie Night: Romance	9:45 Coffee and Current Events 10:30 Stronger U: Strength 11:00 Word Games 1:30 Technology 101 3:00 Resident Council Meeting 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:00 Walmart Outing 6:00 Movie Night: Series	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Trivia 1:00 Creative Writing 3:00 Bingo 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Brain Games 1:30 Walking Club 2:30 Cooking Club 6:00 Movie Night: Series	9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Word Games 1:30 Table Games 2:30 Happy Hour with Joe 6:00 Movie Night: Drama	9:45 Coffee and Current 10 Events 10:30 Volleyball 1:30 Walking Club 6:00 Movie Night: Action and Adventure
9:45 Coffee and Current Events 10:30 Exercise with Ted 1:30 Walking Club 2:30 Bible Study with Phil 6:20 Broncos vs. Chiefs	9:45 Coffee and Current 12 Events 10:30 Stronger U: Strength 11:00 Word Games 1:30 Technology 101 2:00 Wellness Chat with Rhi 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Volleyball 1:30 Walking Club 2:00 Target Outing 6:00 Movie Night: Series	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Trivia 1:30 Creative Writing 2:30 Bingo 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Brain Games 1:30 Walking Club 2:00 Library-On-Wheels 3:15 Cooking Club 6:15 The Nutcracker	9:45 Coffee and Current Events 10:30 Exercise with Rhi 11:00 Word Games 1:30 Table Games 2:30 Happy Hour with Joyce 6:00 Movie Night: Drama	9:45 Coffee and Current 17 Events 10:30 Volleyball 1:30 Walking Club 6:00 Movie Night: Action and Adventure
9:45 Coffee and Current Events 10:30 Exercise with Ted 1:30 Walking Club 2:05 Broncos vs. Cardinals 2:30 Bible Study with Phil 6:00 Movie Night: Romance	9:45 Coffee and Current Events 10:30 Stronger U: Strength 11:00 Word Games 1:30 Technology 101 2:00 Cooking Demo with Naomi 6:00 Movie Night: Mystery	9:45 Coffee and Current 20 Events 10:30 Volleyball 1:30 Walking Club 2:30 Bowling 5:30 Christmas Lights Drive	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Trivia 1:30 Creative Writing 2:00 Menu Chat 2:30 Visit from Santa 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Brain Games 1:30 Walking Club 2:30 Cooking Club 6:00 Movie Night: Series	9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Word Games 1:30 Table Games 2:30 Happy Hour with Eddie 6:00 Movie Night: Drama	9:45 Coffee and Current 24 Events 10:30 Volleyball 1:30 Walking Club 6:00 Movie Night: Action and Adventure
9:45 Coffee and Current 25 Events 10:30 Exercise with Ted 1:30 Walking Club 2:30 Broncos vs. Rams 6:00 Movie Night: Romance	9:45 Coffee and Current Events 10:30 Stronger U: Strength 11:00 Word Games 1:30 Technology 101 2:30 Crafting and Creating 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Volleyball 11:30 Lunch Outing 1:30 Walking Club 2:30 Bowling 6:00 Movie Night: Series	9:00 Catholic Parish 9:45 Coffee and Current Events 10:30 Stronger U: Circuit 11:00 Trivia 1:30 Creative Writing 2:30 Bingo 6:00 Movie Night: Mystery	9:45 Coffee and Current Events 10:30 Stretch It Out 11:00 Brain Games 1:30 Walking Club 3:00 New Year's Party 6:00 Movie Night: Series	9:45 Coffee and Current Events 10:30 Stronger U: Cardio 11:00 Word Games 1:30 Table Games 2:30 Happy Hour with Terry 6:00 Movie Night: Drama	9:45 Coffee and Current 31 Events 10:30 Volleyball 1:30 Walking Club 6:00 Movie Night: Action and Adventure