

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Vitality Program Key</b> Library - 1st Floor Library VR - 1st Floor Vitality Room Front Porch - Porch Outside of Lobby <b>Outings/Sign Ups</b> <b>Entertainment/Classes</b> <b>Special Events</b>				<b>1</b> 10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR <b>2:30pm Resident Council &amp; Hydration Station - LR</b> 6:30pm Game Night with L'Alice - VR	<b>2</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Ted Talk: Mental Health - LR 2:45pm Resident Run Bible Study - VR 3:00pm Hydration Station - LR 6:30pm Arts & Crafts with L'Alice - VR	<b>3</b> 10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
<b>4</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Green Mountain Christian Church Service - LR 3:00pm Hydration Station - LR 3:30pm 100 Question Trivia - LR 6:30pm Movie - LR	<b>5</b> 10:30am Morning Exercise - LR 1:15pm Watch: Rick Steve's Documentary - LR 1:30pm Rosary - Library 2:30pm Ethan Hall - Pianist - LR 3:00pm Hydration Station - LR 6:30pm Movie - LR	<b>6</b> 10:30am America's Funniest Home Videos - LR 11:00am Lunch Outing: Black Eye Pea 1:30pm Exercise with Veronica - LR 2:30pm Gardening - VR 3:30pm Hydration Station - LR 6:30pm Documentary - LR	<b>7</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:00pm Mark Paulson - Piano/Vocals - LR 2:30pm Facials with Jimena - VR 3:30pm Hydration Station - LR 6:30pm Trivia - LR	<b>8</b> 10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm Gary Crow Willard: Show Boat - LR 3:00pm Hydration Station - LR 6:30pm Game Night with L'Alice - VR	<b>9</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30 Trivia - LR 2:45pm Resident Run Bible Study - VR 3:30pm Hydration Station - LR 6:30pm Arts & Crafts with L'Alice - VR	<b>10</b> 10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
<b>11</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Watch: Bear Valley Church Stream - LR 3:30pm Scratch Art - VR 6:30pm Movie - LR	<b>12</b> 10:00am Watch: The Family Feud - LR 1:15pm Watch: Rick Steve's Documentary - LR 1:30pm Rosary - Library 2:30pm Exercise with Silver Strength - LR 3:00pm Hydration Station - LR 6:30pm Movie - LR	<b>13</b> 10:30 Vitality Planning Meeting - LR 1:30pm Exercise with Veronica - LR 2:30 Gary Reed - Guitar/Vocals - LR Birthday cake to follow! 6:30pm Documentary - LR	<b>14</b> Library to You 10:30am Exercise - LR 1:30pm Bingo - VR 1:30-2:00pm Visits w/ Jill & Gracie (Dog) - LR 2:30pm Facials w/ Jimena - VR 2:30 Show and Tell - LR 4:30p-5:30pm HealthONE Hospice Presentation - LR 6:30pm Wii Wheel of Fortune - LR	<b>15</b> 10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:15pm Scenic Drive 2:30pm Evacuation Drill - LR 3:00pm Hydration Station - LR 6:30pm Game Night with L'Alice - VR	<b>16</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Joyce Karchere - Singer - LR 2:45pm Resident Run Bible Study - VR 3:00pm Hydration Station - LR 6:30pm Arts & Crafts with L'Alice - VR	<b>17</b> 10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Step in Dance Troop & Hydration Station - Front Porch 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
<b>18</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Christian Church Service - LR 2:30pm Independent Crafts - VR 3:00pm Hydration Station - LR 6:30pm Movie - LR	<b>19</b> 10:00am Watch: The Price is Right - LR 1:15pm Watch: Rick Steves Documentary - LR 1:30pm Rosary - Library 2:30pm Exercise with Silver Strength - LR 3:00pm Hydration Station - LR 6:30pm Movie - LR	<b>20</b> 9:45 Outing: Walmart 10:30 News and Current Events - LR 1:30pm Exercise with Veronica - LR 2:30pm Dennis Young - Guitar/Vocals - LR 3:30pm Hydration Station - LR 6:30pm Documentary - LR	<b>21</b> 10:30am Video Led Exercise - LR 1:30pm-3:30pm Mini Mall - LR 2:30pm Facials with Jimena - VR 2:30pm Independent Coloring - Library 6:30pm Trivia - LR	<b>22</b> 10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm Front Porch Social - Front Porch 6:30pm Game Night with L'Alice - VR	<b>23</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:45pm Resident Run Bible Study - VR 3:00pm Word Scrambles and Hydration Station - LR 6:30pm Arts & Crafts with L'Alice - VR	<b>24</b> 10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
<b>25</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Watch: Bear Valley Church Stream - LR 3:00pm Independent Coloring - VR 3:30pm Hydration Station - LR 6:30pm Movie - LR	<b>26</b> 10:00am Watch: The Price is Right - LR 1:15pm Watch: Rick Steve's Documentary - LR 1:30pm Rosary - Library 2:00pm Menu Chat - LR 2:30pm Exercise with Silver Strength - LR 3:00pm Hydration Station - LR 6:30pm Movie - LR	<b>27</b> 10:30am News - LR 1:30pm Exercise with Veronica - LR 2:30pm - 4:00pm Brad Jackson - Cartoonist - LR 3:00pm Hydration Station - LR 6:30pm Documentary - LR	<b>28</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 1:30-2:00pm Visits With Jill & Gracie (Dog) - LR 2:30pm Facials with Jimena - VR 2:30pm Blind Taste Test: Ice Cream - LR 6:30pm Wii Wheel of Fortune - LR	<b>29</b> 10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm Gary Crow Willard & Ellen - LR 3:30pm Hydration Station - LR 6:30pm Game Night with L'Alice - VR	<b>30</b> 10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30 Tom Mauser - Comedian - LR 2:45pm Resident Run Bible Study - VR <b>3:30pm Hydration Station - LR</b> 6:30pm Arts & Crafts with L'Alice - VR	 <b>MONTAGE RIDGE</b> A GENERATIONS COMMUNITY  <b>Assisted Living</b>