

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**MONTAGE RIDGE**  
A GENERATIONS COMMUNITY

**Assisted Living March 2023**

			<p><b>10:00am Resident Council &amp; Muffins - LR</b> 1:30pm Bingo - VR <b>2:30pm Rick Iracki - LR</b> 3:30pm Exercise - LR 6:30pm Happy Hour with LAlice - LR</p>	<p><b>10:00am Catholic Church Service - VR</b> 10:30am Puzzle Club - 3rd 1:30pm Exercise - LR 2:45pm Ted Talk - LR 6:30pm Game Night with LAlice - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Active Minds: Aviation - LR</b> 2:45pm Resident Run Bible Study - VR 6:30pm Independent Arts &amp; Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Hot Beverage Social with Nora - LR 2:30pm Documentary - LR 3:00pm Independent Leisure Hour - VR 6:30pm Movie - LR</p>
<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Green Mountain Church Service - LR</b> 2:30pm Independent Craft Hour - VR 3:30pm Watch: Comedy Hour - LR 6:30pm Movie - LR</p>	<p>10:30am DeeAnna's Choice Activity - LR 1:15pm Watch: Rick Steves Documentary - LR <b>1:30pm Rosary - VR</b> <b>2:30pm Exercise with Silver Strength - LR</b> 3:30pm Alphabet Game: Animals - LR 6:30pm Movie - LR</p>	<p>10:30am Zentangle &amp; Mandala Coloring - VR <b>1:30pm Exercise with Veronica - LR</b> <b>2:30pm Mindy Sterling - LR</b> <b>2:30pm Birthday Party with Cake to Follow!</b> 6:30pm Documentary - LR</p>	<p>10:30am Exercise - LR <b>11:00am Outing: Applebee's</b> 1:30pm Bingo - VR <b>1:30pm Visits with Jill &amp; Gracie Lou (Dog) - LR</b> <b>2:30pm Facials with Jimena - VR</b> 2:45pm Trivia - LR 6:30pm Happy Hour with LAlice - LR</p>	<p><b>10:00am Catholic Church Service - VR</b> <b>1:30pm Exercise with Veronica - LR</b> <b>2:30pm Fran Myers - LR</b> 6:30pm Independent Word Game Packets - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Christine Shelton - LR</b> 2:45pm Resident Run Bible Study - VR 6:30pm Independent Arts &amp; Crafts - VR</p>	<p>10:30am Exercise - LR <b>1:30pm Newsletter Planning Committee - LR</b> 2:30pm Documentary - LR 3:00pm Independent Leisure Hour - VR 6:30pm Movie - LR</p>
<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Watch: Bear Valley Live Stream Church Service - LR 2:45pm Quilters/Knitters/Crotcheters Get Together - VR 3:30pm March Facts - LR 6:30pm Movie - LR</p>	<p>10:30am Exercise - LR <b>1:30pm Painting with Susan - VR</b> <b>1:30pm Rosary - Library</b> <b>2:30pm Leonard Barrett - LR</b> 6:30pm Movie - LR</p>	<p>10:30am Exercise - LR <b>1:30pm Technology Presentation with Patrick Baker - LR</b> <b>2:30pm Technology Help Office Hours with Patrick Baker - VR</b> <b>2:45pm Let's Dance - LR</b> 6:30pm Documentary - LR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Facials with Jimena - VR</b> 2:45pm Happy Hour - LR 6:30pm Movie - LR</p>	<p><b>10:00am Catholic Church Service - VR</b> 10:30am Geography Trivia - LR <b>1:30pm Exercise with Veronica - LR</b> <b>2:30pm Blind Taste Test Challenge: Soda - LR</b> 6:30pm Independent Word Game Packets - VR</p>	<p><b>Dress Up: St. Patrick's</b> 10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Mark Fossey - LR</b> 2:45pm Resident Run Bible Study - VR <b>3:30pm St. Patrick's Day Social - LR</b> 6:30pm Independent Arts &amp; Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Hot Beverage Social with Nora - LR 2:30pm Documentary - LR 3:00pm Independent Leisure Hour - VR 6:30pm Movie - LR</p>
<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Bear Valley Church Service - LR</b> 2:30pm Independent Craft Hour - VR 3:30pm Watch: Comedy Hour - LR 6:30pm Movie - LR</p>	<p>10:30am Zentangle &amp; Mandala Coloring - VR 1:15pm Watch: Rick Steves Documentary - LR <b>1:30pm Rosary - VR</b> <b>2:30pm Exercise with Silver Strength - LR</b> 3:30pm Famous Faces - LR 6:30pm Movie - LR</p>	<p><b>9:45am Walgreens Shopping Outing</b> 10:00am Watch: The Price is Right - LR <b>1:30pm Exercise with Veronica - LR</b> 2:30pm Tea with Dianne - VR <b>3:30pm Vitality Planning Meeting - LR</b> 6:30pm Documentary - LR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>1:30pm Visits with Jill &amp; Gracie Lou (Dog) - LR</b> <b>2:30pm Facials with Jimena - VR</b> <b>2:45pm Show and Tell - LR</b> 6:30pm Movie - LR</p>	<p><b>10:00am Catholic Church Service - VR</b> 10:30am Puzzle Club - 3rd <b>1:30pm Exercise with Veronica - LR</b> <b>2:30pm Scam Prevention Presentation with Lakewood DA Cary Johnson - LR</b> 6:30pm Independent Word Game Packets - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Dan McClierren - LR</b> 2:45pm Resident Run Bible Study - VR 6:30pm Independent Arts &amp; Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Hot Beverage Social - LR 2:30pm Documentary - LR 3:00pm Independent Leisure Hour - VR 6:30pm Movie - LR</p>
<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Watch: Bear Valley Live Stream Church Service - LR 2:30pm Independent Craft Hour - VR 3:30pm Jeopardy - LR 6:30pm Movie - LR</p>	<p>10:30am Exercise - LR <b>1:30pm Rosary - VR</b> <b>2:00pm Menu Chat with Chef Mike - LR</b> <b>3:00pm Susie's Funnies - LR</b> 6:30pm Movie - LR</p>	<p>10:00am Watch: The Price is Right - LR <b>1:30pm Exercise with Veronica - LR</b> <b>2:30pm Resident Social - Know Your Neighbor</b> <b>*Sponsored by Pacific Dental Services* - LR</b> 6:30pm Documentary - LR</p>	<p><b>Dress Up: Pajama Day</b> 10:30am Exercise - LR 1:30pm Bingo - VR <b>2:30pm Facials with Jimena - VR</b> 2:45pm Happy Hour - LR 6:30pm Movie - LR</p>	<p><b>10:00am Catholic Church Service - VR</b> 10:30am Puzzle Club - 3rd <b>1:30pm Exercise with Veronica - LR</b> 2:45pm This or That: Nutrition Edition - LR 6:30pm Independent Word Game Packets - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:45pm Resident Run Bible Study - VR 2:45pm Famous Quotes - LR 6:30pm Independent Arts &amp; Crafts - VR</p>	<p><b>Vitality Program Location Key</b> <b>LV - 1st Floor Living Room</b> <b>VR - 1st Floor Vitality Room</b> <b>3rd - 3rd Floor Country Kitchen</b> <b>Entertainment/Classes Churches</b> <b>Outings</b> <b>Resident Meetings</b> <b>Special Events</b></p>