Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Vitality Program Key Library - 1st Floor Library VR - 1st Floor Vitality Room Front Porch - Porch Outside of I	LV - 1st Floor Living 3rd - 3rd Floor Coun Lobby			ASSISTED LIVING	10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Active Minds Presentation - LR 2:45pm Resident Run Bible Study	10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour
Outings/Sign Ups Entertainment/Classes Special Events	Religious Resident Meetings			MONTAGE RIDGE A GENERATIONS COMMUNITY	- VR 6:30pm Beading With Dianne - VR	- VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Green Mountain Christian Church Service - LR 3:30pm Documentary - LR 6:30pm Movie - LR	10:30am News and Current Events - LR 1:15pm Watch: Rick Steve's Documentary - LR 1:30pm Game Hour - VR 2:30pm Exercise with Silver Strength - LR 3:30pm DeeAnna's Choice Activity - LR 6:30pm Movie - LR Labor Day	10:30am Exercise with Veronica - LR 1:30pm Arts & Crafts - VR 2:30pm Harry Olsson - Guitar/Vocals - LR 3:30pm Resident Council - LR 6:30pm Game Hour-VR	10:30am Video led Exercise - LR 1:30pm Bingo - VR 2:30pm Rick Iracki- Guitar/Vocals - LR 2:30pm Facials with Jimena - VR 6:30pm Documentary - LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm Warren Floyd - Guitar/Vocals - LR 3:30pm Hydration Station - LR 6:30pm Happy Hour with Addie - LR	10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Deb Scheer - Guitar/Vocals - LR 2:45pm Resident Run Bible Study - VR 3:30pm Guess the logo - LR 6:30pm Crafting with Dianne - Tray Craft - VR	10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
	10:30am Watch: The Family Feud - LR 1:15pm Documentary - LR 1:30pm Rosary - Library 2:30pm Exercise with Silver Strength - LR 3:30pm Game Hour - VR 6:30pm Movie - LR	10:30pm Exercise with Veronica - LR - End Of Summer Carnival 2:30-3:30pm Zane King-Balloon Artist/Face Paint 2:30-3:30pm Brad Jackson- Caricature Artist AND MORE!! 6:30pm Jeopardy - LR	Library to You 10:30am News and Current Events - LR 1:30pm Bingo - VR 1:30-2:00pm Visits w/ Jill & Gracie (Dog) - LR 2:30pm Facials w/ Jimena - VR 2:30pm Video Led Exercise - LR 6:30pm Trivia - LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm Leonard Barrett - Vocals - LR 6:30pm Bingo - VR	10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Deva Yoder - Guitar/Vocals -LR 2:45pm Resident Run Bible Study - VR 3:30pm Guess the Drawing - LR 6:30pm Beading With Dianne - VR	10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
3:30pm Denver VS Washington - LR 6:30pm Movie - LR	10:30am Watch: The Price is Right - LR 1:15pm Watch: Rick Steve's Documentary - LR 1:30pm Rosary - Library 2:30pm Exercise with Silver Strength - LR 3:30pm Game Hour - VR 6:30pm Movie - LR	10:30pm Exercise with Veronica - LR 1:30pm Arts & Crafts - VR 2:30pm Gary Reed - Guitar/Vocals - LR Birthday cake to follow! 6:30pm Bingo - VR	10:30am Video Led Exercise - LR 1:30 Bingo - VR 2:30pm Facials with Jimena - VR 2:30pm Steve Smith - Guitar/Vocals - LR 3:00pm Taste Test Challenge - LR 6:30pm Trivia - LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm Molly Kauffman - Piano/Vocals - LR 3:30pm Name that Tune - LR 6:30pm Balloon Volleyball - LR	10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:45pm Resident Run Bible Study - VR 3:30pm Game Hour - VR 6:30pm Crafting with Dianne - Dianne's Choice Craft - VR	10:30am Video Led Exercise - LR 1:30pm Porch Social- Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
1:00pm Denver VS Miami - LR 1:30pm Bingo - VR 3:00pm Hydration Station - LR 6:30pm Movie - LR	10:30am Exercise with Buffy - LR 1:15pm Watch: Rick Steve's Documentary - LR 1:30pm Rosary - Library 2:00pm Menu Chat - LR 6:30pm Movie - LR	10:30pm Exercise with Veronica - LR 1:30pm Arts & Crafts - VR 2:30pm Alan Vail - Guitar/Vocals - LR 3:30pm Vitality Planning - LR 6:30pm Bean Bag Toss - LR	10:30am News and Current Events - LR 1:30pm Bingo - VR 1:30-2:00pm Visits w/ Jill & Gracie (Dog) - LR 2:30pm Video Led Exercise - LR 2:30pm Facials with Jimena - VR 3:30pm Documentary - LR 6:30pm Trivia - LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Veronica - LR 2:30pm 50 Questions - LR 6:30pm Arts & Crafts - VR	10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:45pm Resident Run Bible Study - VR 3:30pm Game Hour - VR 6:30pm Beading with Dianne - VR	10:30am Video Led Exercise - LR 1:30pm Porch Social - Front Porch 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR
12701 W Alamada Parkway Lakowaad CO 90229 (202) 227-5700 **Plaasa noto: All Activities are Subject to Change**						