


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Vitality Program Key AL Library - Assisted Living Library AL LV - Assisted Living Living Room AL VR - Assisted Living Vitality Room Special Events Entertainment/Classes Religious				1 10:00am Catholic Church Service - AL VR 11:00am Magic Paint 1:30pm Exercise with Veronica - AL LR 2:30pm Short Stories 3:30pm Noodle Ball 5:30pm Evening Activity - Resident Choice	2 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Garden Group 3:30pm Patio Social & Hydration Station 5:30pm Evening Activity - Resident Choice	3 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Activity - Resident Choice
4 9:30am Sunday Baking & Coffee Social 1:30pm Exercise 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm All About June 5:30pm Evening Activity - Resident Choice	5 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:15pm Watch: Documentary 1:30pm Rosary - AL Library 2:30 Ethan Hall - Pianist - AL LR 5:30pm Evening Activity - Resident Choice	6 10:00am Crafting with Dianne and Music Moments 1:30pm Exercise with Veronica - AL LR 2:30pm Bingo 3:30pm Happy Hour 5:30pm Evening Activity - Resident Choice	7 10:00am Exercise 10:30am Newspaper Chat 1:00pm Sensory Hour 2:00pm Mark Paulson - Piano/Vocals - AL LR 3:00pm Arm Chair Travel 3:30pm Hydration Station 5:30pm Evening Activity - Resident Choice	8 10:00am Catholic Church Service - AL VR 10:45am Short Stories 1:30pm Exercise with Veronica - AL LR 2:30pm Gary Crow Willard: Show Boat - AL LR 3:30pm Fill in the Blank 5:30pm Evening Activity - Resident Choice	9 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Garden Group 3:30pm Patio Social & Hydration Station 5:30pm Evening Activity - Resident Choice	10 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Activity - Resident Choice
11 9:30am Sunday Baking & Coffee Social 1:30pm Exercise 2:30pm Bingo 3:30pm Worship Hour 5:30pm Evening Activity - Resident Choice	12 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:15pm Watch: Concert Series 1:30pm Rosary - AL Library 2:30pm Exercise with Silver Strength - AL LR 3:30pm Hydration Station 5:30pm Evening Activity - Resident Choice	13 10:00am Crafting with Dianne and Music Moments 1:30pm Exercise with Veronica - AL LR 2:30 Gary Reed - Guitar/Vocals - AL LR Birthday cake to follow! 5:30pm Evening Activity - Resident Choice	14 10:00am Exercise 10:30am Newspaper Chat 1:00pm Sensory Hour 2:00pm - 2:10pm Visits with Jill & Gracie (Dog) 2:30pm Sorting Activity 3:30pm Hydration Station 4:30pm - 5:30pm HealthONE Hospice Presentation - AL LR 5:30pm Evening Activity - Resident Choice	15 10:00am Catholic Church Service - AL VR 10:45am Summer Vacation Reminisce 1:30pm Exercise with Veronica - AL LR 2:30pm Magazine Scavenger Hunt 3:30pm Chit Chat 5:30pm Evening Activity - Resident Choice	16 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Joyce Karchere - Singer - AL LR 3:45pm Hydration Station 5:30pm Evening Activity - Resident Choice	17 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Activity - Resident Choice
18 9:30am Sunday Baking & Coffee Social 1:30pm Exercise 2:30pm Bear Valley Christian Church Service - AL LR 3:30pm Watch: Documentary 5:30pm Evening Activity - Resident Choice	19 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:15pm Watch: Lawrence Welk 1:30pm Rosary - AL Library 2:30pm Exercise with Silver Strength - AL LR 3:30pm Hydration Station 5:30pm Evening Activity - Resident Choice	20 10:00am Crafting with Dianne and Music Moments 1:30pm Exercise with Veronica - AL LR 2:30pm Dennis Young - Guitar/Vocals - AL LR 3:45pm Sorting Activity 5:30pm Evening Activity - Resident Choice	21 10:00am Exercise 10:30am Newspaper Chat 1:30pm Sensory Hour 2:30pm I-Spy 3:30pm Hydration Station 5:30pm Evening Activity - Resident Choice	22 10:00am Catholic Church Service - VR 10:45am Summer Activities Reminisce 1:30pm Exercise with Veronica - AL LR 2:30pm Clay Modeling 3:30pm Fill in the Blank 5:30pm Evening Activity - Resident Choice	23 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Garden Group 3:30pm Patio Social & Hydration Station 5:30pm Evening Activity - Resident Choice	24 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Activity - Resident Choice
25 9:30am Sunday Baking & Coffee Social 1:30pm Exercise 2:30pm Bingo 3:30pm Worship Hour 5:30pm Evening Activity - Resident Choice	26 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:15pm Watch: Comedy Hour 1:30pm Rosary - AL Library 2:30pm Exercise with Silver Strength - AL LR 3:30pm Hydration Station 5:30pm Evening Activity - Resident Choice	27 10:00am Crafting with Dianne & Music Moments 1:30pm Exercise with Veronica - AL LR 2:30pm - 4:00pm Brad Jackson - Cartoonist - AL LR 2:30pm Happy Hour 3:30pm Patio Social 5:30pm Evening Activity - Resident Choice	28 10:00am Exercise 10:30am Newspaper Chat 1:00pm Sensory Hour 2:00pm - 2:10pm Visits with Jill & Gracie (Dog) 2:30pm Afternoon Stretches 3:30pm Hydration Station 5:30pm Evening Activity - Resident Choice	29 10:00am Catholic Church Service - AL VR 10:45am Occupation Reminisce 1:30pm Exercise with Veronica - AL LR 2:30pm Gary Crow Willard & Ellen - AL LR 3:30pm Sorting & Folding 5:30pm Evening Activity - Resident Choice	30 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30 Tom Mauser - Comedian - AL LR 3:45pm Hydration Station 5:30pm Evening Activity - Resident Choice	 MONTAGE RIDGE A GENERATIONS COMMUNITY Memory Care