Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONTAGE RIDGE  A GENERATIONS COMMUNITY  Memory Care March 2023			11:00 Stretches 1:30pm Sensory Hour 2:30pm Rick Iracki - AL LR 3:30pm L'Alice's Choice Activity 5:00pm Movie	10:00am Catholic Church Service - AL VR 10:45am Exercise 1:30pm Birthday Reminisce 2:30pm Short Stories 3:30pm I Spy 5:00pm Movie	10:15am Stretches 10:45am Crafting with Dianne 1:30pm Tea Time 2:30pm Active Minds: Aviation - AL LR 5:00pm Movie	10:00am Exercise 10:30pm Memory Care Choice Activity 1:00pm Residents' Choice Activity 2:15pm Social Hour 3:30pm Sing-a-Long 5:00pm Movie
10:00am Coffee Social 1:30pm Exercise 2:15pm Watch: Sunday Praise Hour 2:30pm Green Mountain Church Service - AL LR 3:30pm Trivia 5:00pm Movie	10:00am Stretches 10:30am Crafting with Dianne 1:15pm Watch: How it's Made 1:30pm Rosary - AL VR 2:15pm Watch: Musical 2:30pm Exercise with Silver Strength - AL LR 3:30pm Happy Hour 5:00pm Movie	10:15am Stretches 10:45am Hand Care 1:15pm Watch: Concert Series - 40s 1:30pm Exercise with Veronica - AL LR 2:30pm Mindy Sterling - AL LR Birthday Party with Cake to Follow! 5:00pm Movie	10:30am Stretches 1:30pm Sensory Hour 1:30pm Visits with Jill & Gracie Lou (Dog) - AL LR 2:30pm Reminisce: Weather 3:30pm Watch: Classic Comedians 5:00pm Movie	10:00am Catholic Church Service - AL VR 10:45am Exercise 1:15pm Watch: Virtual Tour 1:30pm Exercise with Veronica - AL LR 2:30pm Fran Myers - AL LR 5:00pm Movie	10:15am Stretches 10:45am Crafting with Dianne 1:30pm Tea Time 2:30pm Christine Shelton - AL LR 5:00pm Movie	10:00am Exercise 10:30pm Memory Care Choice Activity 1:00pm Residents' Choice Activity 2:15pm Social Hour 3:30pm Sing-a-Long 5:00pm Movie
10:00am Coffee Social 1:30pm Exercise 2:30pm Sunday Baking 3:30pm March Facts 5:00pm Movie	10:00am Stretches 10:30am Crafting with Dianne 1:15pm Watch: Guinness World Records 1:30pm Rosary - AL Library 2:30pm Leonard Barrett - AL LR 5:00pm Movie	10:15am Exercise 10:45am Hand Care 1:30pm Let's Dance with Hollis - Movement and Storytelling 2:30pm Dianne's Choice Activity 3:30pm Name that Tune 5:00pm Movie	10:30am Stretches 1:30pm Sensory Hour 2:30pm Watch: All About St. Patrick's Day 3:30pm Sorting & Folding Activity 5:00pm Movie	10:00am Catholic Church Service - AL VR 10:45am Exercise 1:15pm Watch: Virtual Tour 1:30pm Exercise with Veronica - AL LR 2:15pm Watch: 5:00pm Movie	Dress Up: St. Patrick's 10:15am Stretches 10:45am Crafting with Dianne 1:30pm Tea Time 2:30pm Mark Fossey - AL LR 3:30pm St. Patrick's Social - AL LR 5:00pm Movie	10:00am Exercise 10:30pm Memory Care Choice Activity 1:00pm Residents' Choice Activity 2:15pm Social Hour 3:30pm Sing-a-Long 5:00pm Movie
10:00am Coffee Social 1:30pm Exercise 2:15pm Watch: Sunday Comedy Hour 2:30pm Bear Valley Church Service - AL LR 3:30pm Magazine ISpy 5:00pm Movie	10:00am Stretches 10:30am Crafting with Dianne 1:15pm Watch: How it's Made 1:30pm Rosary - AL VR 2:15pm Watch: Praise Music 2:30pm Exercise with Silver Strength - AL LR 3:30pm Happy Hour 5:00pm Movie	10:15am Exercise 10:45am Hand Care 1:15pm Watch: Ted Talk 1:30pm Exercise with Veronica - AL LR 2:30pm Watch: Concert Series - 50s 3:30pm Reminisce: Music 5:00pm Movie	10:30am Stretches 1:30pm Sensory Hour 1:30pm Visits with Jill & Gracie Lou (Dog) - AL LR 2:30pm Watch: Funniest Home Videos 3:30pm Sorting & Folding Activity 5:00pm Movie	10:00am Catholic Church Service - AL VR 10:45am Exercise 1:15pm Watch: Virtual Tour 1:30pm Exercise with Veronica - AL LR 2:15pm Watch: Documentary 2:30pm Scam Prevention Presentation with Lakewood DA Cary Johnson - AL LR 5:00pm Movie	10:15am Stretches 10:45am Crafting with Dianne 1:30pm Tea Time 2:30pm Dan McClerren - AL LR 5:00pm Movie	10:00am Exercise 10:30pm Memory Care Choice Activity 1:00pm Residents' Choice Activity 2:15pm Social Hour 3:30pm Sing-a-Long 5:00pm Movie
10:00am Coffee Social 1:30pm Exercise 2:30pm Sunday Baking 3:30pm Prayer Intentions 5:00pm Movie	10:00am Stretches 10:30am Crafting with Dianne 1:15pm Watch: Current Events 1:30pm Rosary - AL VR 2:30pm Happy Hour 3:30pm Noodle Ball 5:00pm Movie	10:15am Exercise 10:45am Hand Care 1:15pm Watch: Concert Series - 60s 1:30pm Exercise with Veronica - AL LR 2:30pm Social Hour 3:30pm Famous Quotes 5:00pm Movie	Dress Up: Pajama Day. 29  10:30am Stretches 1:30pm Sensory Hour 2:30pm Watch: Musical 3:30pm Sorting & Folding Activity 5:00pm Movie	10:00am Catholic Church Service - AL VR 10:45am Exercise 1:15pm Watch: Virtual Tour 1:30pm Exercise with Veronica - AL LR 2:30pm Cony Jokes 3:30pm Farmer's Almanac 5:00pm Movie	10:15am Stretches 10:45am Crafting with Dianne 1:30pm Tea Time 2:30pm Reminisce: Fashion 3:30pm Dianne's Choice Activity 5:00pm Movie	Vitality Program Location Key AL LV - Assisted Living Living Room AL VR - Assisted Living Vitality Room Entertainment/Churches/ Presentations Special Events