

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 MONTAGE RIDGE A GENERATIONS COMMUNITY Memory Care	1 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:30pm Rosary - AL Library 2:30pm Exercise with Silver Strength - AL LR 3:15pm Happy Hour 5:00pm Movie Night	2 10:00am Crafting with Dianne and Music Moments 1:30pm Exercise with Veronica - AL LR 2:30pm Fiddlin' Fran -AL LR 3:45pm Fill in the Blank 5:00pm Movie Night	3 10:30am Exercise 1:30pm Sensory Hour 2:05 - 2:15pm Visits with Jill & Gracie (Dog) 2:30pm Rick Iracki - Guitar/Vocals - AL LR 3:45pm Folding & Sorting 5:00pm Movie Night	4 10:00am Catholic Church Service - AL VR 10:45am I Spy 1:30pm Exercise with Veronica - AL LR 2:15pm Magic Paint 3:30pm Spot the Difference 5:00pm Movie Night	5 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Active Minds Presents: Japan - AL LR 5:00pm Movie Night	6 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:00pm Movie	
	7 10:00am Coffee Social 1:30pm Noodle Ball 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm All About May Facts 5:00pm Movie Night	8 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:30pm Rosary - AL Library 2:30pm Exercise with Silver Strength - AL LR 3:15pm Happy Hour 5:00pm Movie Night	9 10:00am Crafting with Dianne and Music Moments 1:30pm Exercise with Veronica - AL LR 2:30pm Leonard Barrett - Singer - AL LR 3:45pm Finish the Phrase 5:00pm Movie Night	10 10:30am Exercise 1:30pm Sensory Hour 2:30pm Reminisce: Fun in the Sun 3:30pm Folding & Sorting 5:00pm Movie Night	11 10:00am Catholic Church Service - AL VR 10:45am Short Stories 1:30pm Exercise with Veronica - AL LR 2:15pm Add it Up 3:30pm Matching Game 5:00pm Movie Night	12 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Garden Group 3:30pm Patio Social 5:00pm Movie Night	13 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:00pm Movie
	14 10:00am Coffee Social 12:00p Mother's Day Lunch 1:30pm Exercise 2:30pm Sunday Baking 3:30pm Trivia 5:00pm Movie Night Mother's Day	15 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:30pm Rosary - AL Library 2:30pm Exercise with Silver Strength - AL LR 3:15pm Happy Hour 5:00pm Movie Night	16 10:00am Crafting with Dianne and Music Moments 1:30pm Exercise with Veronica - AL LR 2:30pm Christine Shelton - Pianist/Vocals - LR Birthday Cake to Follow! 3:45pm Finish the Lyric 5:00pm Movie Night	17 10:30am Exercise 1:30pm Sensory Hour 2:30pm Gio Barbadze - Pianist - AL LR 3:45pm Corny Jokes 5:00pm Movie Night	18 10:00am Catholic Church Service - AL VR 10:45am Short Stories 1:30pm Exercise with Veronica - AL LR 2:15pm Money Counting 3:30pm Afternoon Stretches 5:00pm Movie Night	19 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Garden Group 3:30pm Patio Social 5:00pm Movie Night	20 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:00pm Movie
	21 10:00am Coffee Social 1:30pm Balloon Float 2:30pm Bear Valley Christian Church Service - AL LR 3:30pm Watch: Comedy Special 5:00pm Movie Night	22 10:00am Morning Affirmations & Stretches 10:30am Hand Care 1:30pm Rosary - AL Library 1:30pm Exercise with Silver Strength - AL LR 3:15pm Happy Hour 5:00pm Movie Night	23 10:00am Crafting with Dianne 1:30pm Exercise with Veronica - AL LR 2:00pm Watch: Lawrence Welk 3:15pm Patio Social 5:00pm Movie Night	24 10:30am Exercise 1:00pm Sensory Hour 2:45pm Celebration of Life - AL LR 3:30pm Social Hour 5:00pm Movie Night	25 Dress Up: 80s 10:00am Catholic Church Service - AL VR 10:30am Exercise with Veronica - AL LR 1:30pm 80's Social - AL LR 2:30pm 80's Karaoke - AL LR 5:00pm Movie Night	26 10:00am Stretches 10:30am Crafting with Dianne 1:30pm Tea Time 2:30pm Garden Group 3:30pm Patio Social 5:00pm Movie Night	27 10:00am Exercise 10:30am Memory Care Choice Activity 1:00pm Resident Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:00pm Movie
	28 10:00am Coffee Social 1:30pm Exercise 2:30pm Sunday Baking 3:30pm Sunday Praise Hour 5:00pm Movie Night	29 10:00am Exercise 10:30am Hand Care 1:00pm Dianne's Choice Activity 2:00pm Popsicle Social 3:00pm Memorial Day Craft 5:00pm Movie Night Memorial Day	30 10:00am Crafting with Dianne 1:30pm Exercise with Veronica - AL LR 2:30pm Tom Mauser - Comedian - AL LR 3:45pm Puzzle Time 5:00pm Movie Night	31 10:30am Exercise 1:30pm Sensory Hour 2:05 - 2:15pm Visits with Jill & Gracie (Dog) 2:30pm Reminisce: Mothers 3:30pm Folding & Sorting 5:00pm Movie Night	May 2023 Vitality Program Key Library - 1st Floor Library LV - 1st Floor Living Room VR - 1st Floor Vitality Room 3rd - 3rd Floor Country Kitchen		Entertainment/Classes Religious Special Events Requires Sign Up