


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2023  MONTAGE RIDGE A GENERATIONS COMMUNITY Post Acute	1 *Check out the Vitality Table in the Dining Room* 1:30pm Rosary - AL Library 6:00pm Watch: Monday Night Movie	2 10:00am May Mindfulness: Journaling 1:15pm Tuesday Trivia Challenge 2:30pm Fiddlin' Fran - AL LR 6:00pm Watch: Virtual Tour	3 10:00am Bear Grylls: Interactive TV Show 1:30pm Word Scrambles 2:20-2:30pm Visits with Jill & Gracie (Dog) - LOBBY 2:30pm Rick Iracki - Guitar/Vocals - AL LR 6:00pm Watch: Documentary	4 10:00am Catholic Church Service -AL VR *Catholic Church will do in room visits if you are unable to attend 10:15am Resident Council Meeting 1:30pm Indoor Gardening 3:00pm Guess that Smell 6:00pm Watch: Concert Series	5 10:00am Jeopardy 1:00pm Arts & Crafts: May Table Decorations 2:30pm Active Minds Presents: Japan - AL LR 6:00pm Watch: Friday Feature - Star Wars	6 Vitality In Room Visits *Check out the Vitality Table in the Dining Room* 6:00pm Watch: Documentary
7 11:00am Cartoon Reminisce 1:15pm Magazine Scavenger Hunt 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm Snack Stop 6:00pm Watch: Comedy Special	8 10:00am Coffee & Current Events 1:30pm Rosary - AL Library 2:00pm Bingo 3:15pm Long Word Short Word 6:00pm Watch: Monday Night Movie	9 10:00am May Mindfulness: Stress Ball Making 1:15pm Tuesday Trivia Challenge 2:30pm Leonard Barrett - Singer - AL LR 6:00pm Watch: Virtual Tour	10 10:00am Family Tree Activity 1:30pm Giant Crossword 3:00pm Get to Know You 6:00pm Watch: Documentary	11 10:00am Catholic Church Service -AL VR *Catholic Church will do in room visits if you are unable to attend 10:15am Morning Affirmations 1:30pm Indoor Gardening 3:00pm Guess that Sound 6:00pm Watch: Concert Series	12 10:00am Famous Faces 1:15pm Arts & Crafts: Painting 2:30pm Beverage Social 3:30pm Corny Jokes 6:00pm Watch: Friday Feature	13 Vitality In Room Visits *Check out the Vitality Table in the Dining Room* 6:00pm Watch: Documentary
14 *Check out the Vitality Table in the Dining Room* Vitality Check Ins 12:00pm Mother's Day Lunch - Please sign up 6:00pm Watch: Comedy Special Mother's Day	15 10:00am Coffee & Current Events 1:30pm Rosary - AL Library 2:00pm Bingo 3:15pm Social Hour 6:00pm Watch: Monday Night Movie	16 10:00am May Mindfulness: Journaling 1:15pm Tuesday Trivia Challenge 2:30pm Christian Shelton - Piano/Vocals - AL LR Birthday Cake to follow! 6:00pm Watch: Virtual Tour	17 *Check out the Vitality Table in the Dining Room* 2:30pm Gio Barbadze - Pianist - AL LR 6:00pm Watch: Documentary	18 10:00am Catholic Church Service -AL VR *Catholic Church will do in room visits if you are unable to attend 10:15am Spring Poetry Writing 1:30pm Gardening 3:00pm Guess that Touch 6:00pm Watch: Concert Series	19 10:00am I Spy 1:00pm Arts & Crafts: May Craft Kit 2:00pm DINING ROOM RESERVED FOR STAFF MEETING 2:30pm Chit Chats - LOBBY 3:30pm Alphabet Game 6:00pm Watch: Friday Feature	20 Vitality In Room Visits *Check out the Vitality Table in the Dining Room* 6:00pm Watch: Documentary
21 *Check out the Vitality Table in the Dining Room* Vitality Check Ins 2:30pm Bear Valley Christian Church Service - AL LR 6:00pm Watch: Comedy Special	22 *Check out the Vitality Table in the Dining Room* 1:30pm Rosary - AL Library 6:00 Watch: Monday Night Movie	23 10:00am May Mindfulness: Guided Meditation 1:15pm Tuesday Trivia Challenge 3:00pm Kindness Notes 6:00pm Watch: Virtual Tour	24 10:00am Vision Board Making 1:30pm Giant Crossword 2:45pm Celebration of Life - AL LR 6:00pm Watch: Documentary	25 Dress Up: 80's 10:00am Catholic Church Service -AL VR *Catholic Church will do in room visits if you are unable to attend 10:15am 80's Reminisce 1:30pm 80's Celebration - AL LR 2:30pm 80's Karaoke - AL LR 6:00pm Watch: Concert Series	26 10:00am No Bake Snack Making 1:15pm Arts & Crafts: Doodles & Cartoons 2:30pm Beverage Social 3:30pm Trip List Making 6:00pm Watch: Friday Feature	27 Vitality In Room Visits *Check out the Vitality Table in the Dining Room* 6:00pm Watch: Documentary
28 10:00am Reminisce Activity 1:30pm Fill in the Blank 3:00pm Afternoon Stretches 6:00pm Watch: Comedy Special	29 10:00am Coffee & Current Events 1:45 Patio Social 3:00pm Memorial Day Craft 6:00pm Watch: Monday Night Movie Memorial Day	30 10:00am May Mindfulness: Journaling 1:15pm Tuesday Trivia Challenge 2:30pm Tom Mauser - Comedian - AL LR 6:00pm Watch: Virtual Tour	31 10:00am What's in a Name 1:30pm Word Scrambles 2:20-2:30pm Visits with Jill & Gracie (Dog) - LOBBY 3:00pm Get to Know You 6:00pm Watch: Documentary	Vitality Program Key <u>All Post Acute Programs will be held in the Dining Room, unless otherwise stated</u> Entertainment Religious Resident Meetings Special Events <u>All post acute residents are welcome to attend programs held in Assisted Living!</u> AL Library - Assisted Living Library LV - Assisted Living Living Room VR - Assisted Living Vitality Room		